



SAWTRY FOODBANK

Thank you to everyone who generously supports the Foodbank. With your help, the Foodbank team have been able to meet the increase in demand during the pandemic and continues to help local people.

Collection points: CARESCO Centre and the Sawtry Co-op Foodstore, others maybe available.

SHOPPING LIST

- **Tinned**: Fruit/ rice pudding/ custard
- **Tinned**: Potatoes / vegetables
- **Tinned** Tomatoes
- Tea bags
- Instant coffee
- Long life milk
- Long life fruit juice
- Squash
- Cereal
- **Tinned**: Hot / cold meats or fish
- **Tinned** Spaghetti / baked beans
- Dried pasta
- Pasta sauces
- Rice
- Crackers
- Crisps
- Biscuits
- Jam

Extras..... We can also use donations of toiletries such as toothpaste or shampoo, items suitable for young children, including baby foods, formula milk or nappies etc and tinned or dried pet foods.

A few do's and don'ts.....

*Donations need to be well in date please. We **can't** accept fresh, frozen, chilled or home-made items*

THANK YOU FOR YOUR SUPPORT

CARESCO
meeting needs in our local community