

Price
where bought
£1.00

Sawtry Eye

Distributed to Conington,
Glatton, Upton, Winwick,
The Giddings & Sawtry

www.caresco.org.uk

No. 136 - Oct - Nov 18



**Celebrating 100
Years of the RAF**

The Return of the RAF Wyton Area Voluntary Band

Saturday 24 November

Doors open at 7pm

Starts at 7.30pm

at Sawtry Village Academy

Tickets are £12 (under 16s £6) and include refreshments
On sale from early October
from the CARESCO office

All proceeds will go towards the work of CARESCO.

*For more information, please contact the office
on 01487 832105, or email office@caresco.org.uk*

Sawtry Small Business Partnership,
Sawtry Youth Project and CARESCO
proudly present



Sawtry Frost Fayre

Saturday 1 December

11am - 3pm

Sawtry Village Academy

*In aid of Sawtry Youth Project
and CARESCO*

*If you would like a stall,
please contact Steph on 07720 583340
or email steph@etmpartners.com*



SAWTRY FIREWORK DISPLAY

Sunday 4 November at Greenfield, Straight Drove, Sawtry

GATES OPEN: 5.30PM BONFIRE LIT: 6.30PM FIREWORKS START: 7.00PM

The display is by CAMBRIDGE FIREWORKS

Tickets are available from:-

Cooper's Garage, CARESCO Charity Shop, Sawtry Parish Council Office & Best One

Prices: Adults & Y7 pupils upwards £4.00 (£5.00 on the gate)

All Children Y6 & below **FREE ENTRY**

(When **accompanied** by a paying adult – Max 2 children per adult)

Food including burgers, hot-dogs, bacon-rolls, tea, coffee, cake etc available

PLEASE SUPPORT YOUR LOCAL FIREWORK DISPLAY

Voluntarily run by

Sawtry Sports & Leisure Association

and in association with Sawtry Parish Council

For more information please call 01487 830837 or 831797

** No fireworks to be brought into display (including sparklers) **

** No dumping of rubbish for the bonfire please **



If you are moving house, please can you leave a recent copy of Sawtry Eye for the new occupiers - Thank you

2018	Group	Details	Contact No	Page
11 October	CARESCO	AGM & Annual Public Meeting	01487 832105	6
12 October	Sawtry Cricket Club	Poker Night	07708 841448	7
13 October	Wellside Surgery	Flu Clinic	01487 830340	12
14 October	CARESCO	Bingo	01487 832105	7
18 October	Sawtry WI	Soup & Pud Lunch	01487 831793	6
20 October	CARESCO / Poppy Appeal	1940s Evening	07912 425370	--
27 October	Vintage & Friendship Clubs	Quiz Supper	01487 832105	9
27 October	Sawtry Bowls Club	Quiz Night	--	17
27 October	Family of Alyessa	Fundraising Event for Alyessa	--	8
1 November	CARESCO	Halloween After Party	01487 832105	6
4 November	Sawtry Sports & Leisure Association	Fireworks Display	01487 830837	Front Page
9 November	Sawtry Feast Supper	Strictly Dancing	01487 830095	5
11 November	Royal British Legion - Sawtry Branch	Remembrance Day Parade	--	11
24 November	CARESCO	RAF Wyton Voluntary Band Concert	01487 832105	Front Page
24 November	St Nicholas Parish Church	Christmas Fayre	--	14
1 December	SSBP, SYP & CARESCO	Frost Fayre	07720 583340	Front Page
1 December	Sawtry Bowls Club	Christmas Bingo	--	17
6 December	Sawtry Royal British Legion	Prize Bingo	01487 834338	6
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2019	Group	Details	Contact No	Page
5 - 9 August	Sawtry Light Factory	Holiday Club	01487 830345	9

ADVERTISE YOUR COMMUNITY EVENT HERE

If you would like to have a date considered for inclusion please email the details along with a contact number to sawtryeye@caresco.org.uk with the subject 'Make a Date'.

We cannot include regular meetings/classes as space will not allow, but we would love to know about your special events.

When your organisation fixes dates, please let us know. No need to wait for the next deadline. If you don't have access to email, then put it in writing and drop it into the CARESCO Centre or phone us on 01487 832105 (answer phone outside office hours).

We reserve the right to decide which items to include.

CARESCO is not responsible for the accuracy of the above information.

Please check with the individual group concerned.





Sawtry Eye is published
by CARESCO

Contact details:

Sawtry Eye
The CARESCO Centre
Green End Road
Sawtry, Huntingdon
Cambs PE28 5UX

01487 832105

Please where possible, email
articles & letters with the subject
"For Sawtry Eye" and enclose full
name and postal address to:

sawtryeye@caresco.org.uk

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www.caresco.org.uk

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EDITORIAL POLICY SUMMARY

- All items are included entirely at the discretion of the editors who reserve the right to edit or refuse to print any item submitted.
- Views expressed in the Sawtry Eye are not necessarily those of the editors or CARESCO, they are included in the interests of free speech.
- The editors cannot accept any liability for omissions, errors or mistakes which occur in production.

The full Editorial Policy is available
from the CARESCO office or
www.caresco.org.uk

For Issue No: 137
Dec 18 - Jan 19

Advertisements by
12 Noon on 8 November
News Items by
12 Noon on 16 November

Rates for Mono

Full Page: Portrait (17.5cm x 26cm)
1 Issue - £132.00
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Monthly SO - £66.00

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Monthly SO - £35.50

Quarter Page: Portrait (13cm x 8.5cm)
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Monthly SO - £19.50

Eighth Page: Landscape (6.5cm x 8.5cm)
1 Issue - £23.00
6 Issues - £115.00
Monthly SO - £11.50

For more information and prices for colour,
contact the CARESCO office

Welcome... And so, Autumn is upon us and we're on the home straight to Winter and Christmas celebrations. Congratulations to the Show committees for another successful and enjoyable Sawtry and Gidding Shows, there's nothing like an ugliest vegetable competition to celebrate parish life!

Now schools are back, we can settle down to routine again and enjoy the many community activities available in our villages. We are spoilt for choice and with a growing population, all our facilities can hope to attract new and increasing membership.

We hope you liked the new layout for the Eye, a huge thanks to everyone who has responded so positively to our appeal for support in the last issue, particularly those organisations who have already made financial contributions. Do please let us know what you think and give us your suggestions for further improvements to make the Sawtry Eye even more relevant to our readers.

From the Sawtry Eye team, have a good one.

Liz

Liz - Co-Editor



TRUSTEES' WEEK: 12 - 16 NOVEMBER

What are trustees?

Trustees are the people in charge of a charity. They help to make the UK the sixth most giving country in the world. They play a vital role, volunteering their time and working together to make important decisions about the charity's work. Trustees

Week is an annual event to showcase the great work that trustees do and highlight opportunities for people from all walks of life to get involved and make a difference.



For more information, visit www.trusteeweek.org, or contact CARESCO, your local charity, to find out more about getting involved.

Cover Price

The Sawtry Eye is delivered free of charge to every home within Conington, Glatton, the Giddings, Sawtry, Upton and Winwick. Should you live beyond these boundaries, we have a nominal cover price of £1.00 to help cover the costs to produce the magazine.

Price where bought
£1.00

Alternatively, each issue is available as a pdf download from www.caresco.org.uk by following the links. Previous issues are also available back to Autumn 2008.

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SCHOOL TERM DATES

Autumn Term 2018

Half term: 22 to 26 October

End of Term - 20 Dec



Spring Term 2019

Start of term - 3 January

Half term: 18 to 22 Feb

End of Term - 5 April

Summer Term 2019

Start of Term - 23 April

Half term: 27 to 31 May

End of Term - 24 July

NB Academies are responsible for setting their own holiday dates and so may not match those set by Cambridgeshire County Council. Schools have a number of training days available to take in addition at their discretion. Please contact your local school for more details.

Information taken from www.cambridgeshire.gov.uk/education



**HDC REFUSE
COLLECTION**

LANDFILL WASTE (GREY)

(Week Beginning)

8 & 22 October

5 & 19 November

GARDEN WASTE (GREEN) & RECYCLING (BLUE/GREEN)

(Week Beginning)

1, 15 & 29 October

12 & 26 November

To find out your exact dates
or for more information visit
<http://www.huntsdc.gov.uk>



Your Kind of Music presents

'Stilton in Tune'

live keyboard charity events

At the Pavilion, High Street, Stilton, PE7 3RA

Sunday 21 October

Featuring star musician John Cooper

Sunday 25 November

Daniel Watt will play for us

Concerts start at 2.30pm [doors open 2pm]

£7.50 per person

*For further details please contact
Tony Oliver on 01480 474282 or 07918 602600
or email tony.oliver5@btinternet.com*

A TIME FOR MEMORIES

CHRISTIANS TOGETHER IN SAWTRY

will hold their annual service of commemoration
and thanksgiving, to remember loved ones
who have died

On Sunday 4 November at 4pm

**at the Methodist Church
Green End Road, Sawtry**



All are welcome to this simple
but moving service,
which will be followed by refreshments
and a chance to chat

**For more information,
please contact
one of the churches,
details on pages 14 or 15**

theWI
INSPIRING WOMEN

SAWTRY WI

Sawtry WI meets on the 1st Thursday of the month,
at 7.30pm in the WI Hall, Gidding Road, PE28 5TS
(wheelchair access and hearing loop)

Charity Number 229016

4 October

'Stories from the Fens & Marshes' - Alan Lamb

Competition: Any Green object

1 November

WI AGM

6 December

'A Christmas Cracker' - Vic Botterill

**Visitors and new Members always receive a warm welcome.
If you haven't tried the WI before, come along and meet us**

Regular features include:
Crafts, Books, Raffle and Refreshments

President Roz Rowland 01487 831793

**Correspondence Secretary
Rosemary Jubb 01487 830243**

CAMBRIDGESHIRE HEARING HELP?

Quarterly Hearing Help Service

for NHS hearing aid users

*Free batteries, hearing aid servicing
& advice on how to manage hearing loss*

On Wednesday 3 October

From 2.30 - 4.00pm

At the CARESCO Centre

Off Green End Road, Sawtry, PE28 5UX

Are you interested in volunteering?

We give full training including deaf awareness,
hearing aid maintenance and more. Volunteers
help at our sessions and visit people in their own
homes. Please get in touch if you are interested.

**Cambridgeshire Hearing Help CIO,
153 St Neots Road, Hardwick, Cambridge
CB23 7QJ - Tel 01223 416141**

**www.cambridgeshirehearinghelp.org.uk
Registered Charity No 1154071**

Reverse Advent Calendar



How it works...

Grab a box



Pick up a leaflet from the CARESCO Centre or Charity Shop

Instead of taking a treat each day, add an item to the box

Involve all the family - Tell your friends!

Drop the box off at the CARESCO Centre on Wednesday 19 December between 9am & 12 noon or 5pm & 8pm

Christmas can be a difficult time for those managing on a tight budget. All donations received will be used by Sawtry Foodbank to support local people

For more information contact 01487 832105



ON YOUR OWN FOR CHRISTMAS?

Do you know what you're going to be doing this Christmas?

Are you going to be on your own?

Would you prefer to be with other people to celebrate the festivities?

CARESCO will once again be hosting our Christmas Day Party for people in the Sawtry area who are going to be by themselves this year. Would you like to join in the fun? Space is limited, so early applications are recommended. Transport can be provided.



For more information and an application form, please get in touch with the CARESCO office on 01487 832105 or office@caresco.org.uk

SAWTRY STEPPERS MODERN LINE DANCE CLASSES

Mondays for Beginners

10.45am - 12.45pm

with added improvers section until 1.15pm

£5 (inc refreshments)

Old School Hall, 37 Green End Rd, Sawtry, PE28 5UX

Wednesdays Improvers / Intermediates

7.15 - 9.30pm ~ £4.50 per class

Glatton Village Hall, High Haden Rd, Glatton, PE28 5RU

Learn to line dance, no partner required and all ages welcome. We are a friendly class that dances to all types of modern and traditional music.

Contact Julie:

jcgillmore@sky.com

07939 070406

www.sawtrysteppers.co.uk



Line Dancing

SAWTRY GARDENING CLUB

Come and join us to swap ideas, tips, plants etc. We meet monthly, either at Sawtry Club or at gardens of interest so please call/text to check venue. New members or one-off visitors always welcome.

MONDAY 15 OCTOBER
Hedgehog Health

MONDAY 19 NOVEMBER
Gardening Quiz & AGM

Both are at Sawtry Club and start at 7.30pm, cost £2 on the door for non members.

Find us on Facebook under 'Sawtry Gardeners', email us at sawtrygardeningclub@outlook.com or telephone 07598 431308



In aid of Sawtry Feast Supper an evening of

STRICTLY DANCING

Friday 9 November
7.30 - 10.30pm

At Sawtry Village Academy

Generously sponsored by
Dave Wisker Disco



The usual mixture of ballroom, old-time, social dances plus your favourites from the 50s and 60s

Tickets £7

(Bring your own refreshments)

Raffle

Tickets available from

Dick and Pam Tuplin (01487 830095)

From mid-October

BOOK STALL AND COFFEE MORNING

At Winwick Church

Saturday 13 October

Saturday 10 November

10.00 till 11.30am



The Church is open for everyone to come along and enjoy a cup of coffee and cake and browse our extensive supply of second-hand books

Donations invited in exchange for the above

Proceeds to go to the Church

For more information please contact : Sue Fowler 01832 293215





SAWTRY WI

In Aid of the WI Hall,
Gidding Rd, PE28 5TS

SOUP & PUD LUNCH

Thursday 18 October
12 noon - 2pm
Tickets £5.00



Crafts, Books & Raffle
Everyone welcome



Contact: Roz Rowland 01487 831793
Charity Number 229016

Come and join us for all things
musical and the spoken word.

We meet on the 2nd and 4th Fridays
of the month, from 1.30 to 3pm
At the CARESCO Centre



Forthcoming dates:
12 & 26 October
8 & 22 November

There is a charge of £2.00 per session, refreshments included



GLATTON WI

We meet on 2nd Thursday of the Month
at 7.15pm in the Village Hall, Glatton

We start the evening with WI business
followed by an activity or talk then refreshments

Thursday 11 October

Chair Exercises

Competition: Decorate a Shoe

Thursday 8 November

Annual Meeting plus WI Stall

Competition: The Oddest Shaped Vegetable

You are very welcome to join us

For more information see
the WI website at www.theWI.org.uk
or www.glatton.org.uk

Find us on Facebook 'Huntingdon & Peterborough WIs'



Craft Buddies

Bring along your projects or just
come to chat. No charge to attend,
drinks available to buy at the bar.

7.30 - 9.30pm every Tuesday
At Sawtry Club, Gidding Road, Sawtry
Just turn up, or for more info contact
Carolyn on 01487 832682
or email carolynwatts56@yahoo.co.uk

Halloween After Party



1 November 2018

School Years 1 - 2 (KS1)

4.30pm - 5.30pm

School Years 3 - 6 (KS2)

6.00pm - 7.30pm

At The CARESCO Centre

Tickets £2.50 per child

available from the CARESCO Office or
CARESCO Charity Shop

Refreshments available
Fancy dress competition,
games and more.....



Organised by SVA Willow Students

TIME FOR TEA MEMORY CAFÉ

Join us for conversation, entertainment,
activities and refreshments



First Thursday of every month
10.30am - 12.00noon

The Royal British Legion, 210 Broadway, Yaxley PE7 3NR

No need to book, just turn up
Everyone will receive a warm welcome

This group welcomes people with memory loss along with
their carers and/or family and friends in a safe
and supportive environment.

For more information, contact
Care Network Cambridgeshire
on 01480 423085



THE ROYAL BRITISH LEGION SAWTRY & DISTRICT BRANCH

Sawtry Club, Gidding Road

PRIZE BINGO

Thursdays
6 December
Eyes down 7.30pm

All Welcome

Profits to Sawtry Branch

For more information, call 01487 834338



CARESCO General Meeting and Annual Public Meeting

Thursday 11 October

Starting at 7.30pm

In the CARESCO Centre, Green End Road, Sawtry, PE28 5UX

All are welcome to come along and learn more about our village charity
and the work that we do providing services to the local community.

Annual reports will be available at the meeting and afterwards from
the CARESCO office or the website at www.caresco.org.uk



SAWTRY WI

WI Hall, Gidding Road, PE28 5TS
(wheelchair access and hearing loop)
Charity Number 229016

KNIT & KNATTER CRAFT GROUP

Every Wednesday afternoon, 2 - 4pm, in the WI Hall
£1.00 a session

Everyone welcome, call in or phone

Maureen on 01487 832841 for further details

PATCHWORK & QUILTING GROUP

Every Second Monday each month
11am - 3pm, in the WI Hall
£1.00 a session

Everyone (including beginners) welcome,
call in or phone Jacqueline on 07841 647345



SAWTRY WINEMAKERS

Calendar of Events

Wednesday 17 October
Talk on the 1940'S Doddington LDV
With austerity buffet

Wednesday 21 November
AGM & Social Evening

Wednesday 19 December
Christmas Party
With the Upwood Ukuleles
Raising money for MAGPAS

You will be most welcome to come along to any of our meetings at The Old School Hall, Green End Rd, Sawtry PE28 5UY. Our aim is to promote the making and enjoyment of homemade wines and beers, to share the results of our efforts and encourage new wine and beer makers.

For more information call Eileen 01487 830020

SAWTRY CRICKET CLUB



Mega Jackpot for the first 4 places

Friday 12 October

At Sawtry Club, Gidding Road
Start at 7.30pm 'til late

Tickets £15.00

There will be two Buy-Ins before half time

Contact Shawn on 07708 841448 c.c.



SAWTRY WI

In Aid of the WI Hall, Gidding Rd, PE28 5TS

BINGO

Friday 12 October, 9 November & 14 December

Everyone welcome - Eyes down 7.30pm

Rosemary Jubb - 01487 830243

Charity Number 229016

SEWING & CRAFT WORKSHOPS



Themes	Mondays
Christmas Workshop Make Christmas items with help and support by hand or machine sewing. Gifts, decorations and items for the home.	1 October, 2pm - 5pm Or 15 October, 7pm - 10pm
Christmas Workshop Make Christmas items with help and support by hand or machine sewing. Gifts, decorations and items for the home.	5 November, 2pm - 5pm Or 19 November, 7pm - 10pm
Refresh Your Skills Bring any project to refresh and consolidate your skills. Join us for some Christmas fun.	3 December - 2pm - 5pm Or 17 December - 7pm - 10pm

A list of what to bring will be provided.

A tutor will be present at all workshops to give help, support and guidance.

Workshop enquiries to Jacqui on 07841 647345,
email j.svensson@btopenworld.com

Bookings & payments in advance only to
CARESCO on 01487 832105, office@caresco.org.uk

£5 per workshop - proceeds to CARESCO

At the CARESCO Centre, Green End Road, Sawtry PE28 5UX



BINGO

Sunday

14 October

Eyes Down 3pm

At
CARESCO Centre,
Green End Road

Refreshments
available

Everyone Welcome



Contact CARESCO
Office for more
Information on
01487 832105

Proceeds to CARESCO

DOG EXERCISE FIELD AT ST JUDITH'S FIELD SAWTRY, - SUCCESS STORY!



I would like to thank the Parish Council and especially Diane Davis, Clerk to Sawtry Parish Council, for helping to enable the building of a suitable fence to surround the dog exercise field so that our pampered pups cannot escape! This has allowed the owners of dogs in training and also elderly/disabled owners, to exercise their dogs freely and without fear of losing them. Once it was raised, Diane kept the issue alive at the various amenities council meetings throughout the end of last year and all through this year to date and has kept me informed over a period of 9 months on progress. Thank you Diane and Council reps for allowing this to go through, it will make a big difference to the everyday lives of the residents.

On behalf of some dog owners of Sawtry (Don't forget to pick up the poop!! ☺)

Jan Francis, Gloucester Road, Sawtry

DOG EXERCISE FIELD - MORE THANKS

We just wanted to say a huge thank you to Jan Francis for taking the dog by the paws and requesting that Sawtry Parish Council back her request to have the fencing redone around the dog walking field near the allotments.

My family have a dog who is not reliable at recall and we were struggling to find somewhere that we could use to let her run free and also help with her training.

We now have this welcome facility and have already used it several times, and always met and chatted to other dog walkers enjoying the field too, a great opportunity for humans and doggies to socialise.

So thank you to the Parish Council for backing Jan's request, but most importantly, thank you Jan for acting on your thoughts, attending the Council meetings, standing up and making your case and then following the progress of the request. Your efforts are much appreciated.



The Brownings

FAREWELL HOLLIDAYS

As John and Amanda Holliday's children, we would like to say how amazing they are as parents and grandparents, and we wanted to write a letter as our family will be moving out of the village after many years.

Our dad John was born to Horace and Maud. Dad grew up with his siblings and friends, playing around the countryside, in his teenage years and twenty's going to local pubs and dances as well as playing for Sawtry Colts. Our Mum Amanda was born in Ramsey to Archibald and Daisy. Our parents met in The Royal Oak in the 1980s. They married at All Saints Church and moved into in Ermine Way, eventually moving to Gloucester Road.

Our parents made many lifelong friends through the school runs and local events. Mum also made good friends while working at Doris' hairdressers and while walking her dogs around the village. As well as dad loving gardening, mum won a Sawtry in Bloom competition.

Dad spent many years working at the Community Centre and more recently the College. He has also built up a successful landscape gardening business. Dad loved co-managing some Sawtry Colts Football teams as we grew up.

Our parents have had many happy and some sad times in Sawtry. As a family, we share stories all the time of family and friends. As John and Amanda's children, we feel honoured to have shared in our parents stories.

We hope Sawtry can keep its 'village' feel and although change is inevitable, it won't mean that we forget our roots or the memories we share and we look forward to starting new adventures. You will see us around but for now, on our families behalf, in the words of Del Boy (dad), "Bonjour!"

Sarah & Siblings



Sawtry Fireworks

Sawtry Sports and Leisure Association with support from Sawtry Parish Council will be organising the annual bonfire and firework display at Greenfield on Sunday 4 November.

We are looking for additional volunteers to either join the organising committee or to assist on the night.

**If you would like to help please phone
Mike on 07850 369792**



NEVILLE SYKES

Thank you to family and friends who attended Neville's funeral and for the support and sympathy messages received during the past few weeks. Thank you also to Sawtry & District Bowls Club and all the people who helped make the wake a joyful celebration of Neville's life.

Donations made to CARESCO totalled £445.

Muriel & Julian

FUNDRAISING EVENT FOR ALYESSA

**27 October
The Greystones**

Kids Disco 5.30pm - 7.00pm

*Followed by a night of Entertainment
Raffle*

Please come along and help us
raise the money needed
for this little girl



Chatterbox

DROP-IN SESSIONS FOR FAMILY CARERS

A friendly drop-in where you can get help. Chat & relax over a cuppa. Guest speakers & Carers Assessments.

**Every 2nd & 4th Monday
between 2 - 4 pm**

**On 8 & 22 October
12 & 26 November**



At The CARESCO Centre,
Green End Road,
Sawtry, PE28 5UX

Befrienders

— It's Good to Talk

Befrienders are volunteers who offer friendship and support through a weekly chat & cuppa in your own home.

Call or email to find out more
We cover Sawtry
and surrounding villages

For more information on any of these activities:

**Call Miranda on 07751 798287
for a chat or email:
carers@caresco.org.uk
CARESCO office 01487 832105**



"Made in 1997"

10th November

Liam Littlefair is 21!!

Every year you grow older
we grow prouder of the remarkable
young man that you've become.

Happy 21st Birthday Son
All our Love
Dad & Mumma xxxxxx

The Friendship & Vintage Clubs

Invite you to join them for their

QUIZ SUPPER ??

On Saturday 27 October

From 7.30pm
At the CARESCO Centre

Green End Road, Sawtry PE28 5UX

Tickets £8.00

(To include a hot supper)

Bring your own drink and glasses

There will be a raffle on the night

Tickets available from the
CARESCO Office
or please call 01487 832105



SAWTRY CHORALE

Sawtry Chorale have just begun practising the music for their Christmas Concerts. Do come and join us at the Methodist Church Hall, Wednesday evenings at 7.45pm.

All voices are welcome. Come and have a go! You don't need to read music, just like to sing

Joyce Day, Chairman
For more information,
please call
01487-831435



SAWTRY LIGHT FACTORY

A huge thank you to all those who helped make Sawtry Light Factory Holiday Club a success again this year. To the parents for bringing the children, to the children for letting them, to the team for voluntarily giving up their time to be silly while working hard for a week, to the folk who made sure the team got lunch each day and to all those who so generously supported us financially, including Sawtry Parish Council.

This was the 18th year for the Club, run by the Churches Together and hosted at the Methodist Church. Our theme was *Team Builders* as we learnt about being part of God's team. Our mornings saw the main sessions with songs, stories, quizzes and group time, then back for games or crafts in the afternoons and a talent show at the end of the week.

We will be back again next year, starting **Monday 5 August**, see you there!

For more information please contact
Matt Coates on 01487 830345

'Like' our page on Facebook to receive
news next year as we begin to plan
the next event



SAWTRY HISTORY THEN & NOW

Our ongoing series on stories from Sawtry's past

Sawtry Methodist Church

Not many buildings in Sawtry can celebrate their 185th anniversary, this one can.

The building on the left dates back to 1833, as you can see in the photo, the original building was square compared with the current building shown on page 16. The large schoolroom to the right was not added until 1902, as can be seen on the foundation stone laid by J. M. Heathcote, a narrow passageway separated the two buildings.



In 1927 the church was enlarged and renovated, the original roof and gallery were removed and the new roof lowered, along with the addition of a new porch, windows, floor and a new pulpit. On a gift of land at the rear of the church, a boiler room, kitchen and outside toilet were built. To raise donations, amounts of £5 or £10 were given to help pay for bricks and for an extra one guinea you could add your name. These bricks can be seen today, although repositioned in the later renovation in 1989.

Ministers were housed in the white house to the right of the church.

Music was provided by a harmonium, updated to a second hand pipe organ in 1977 which was then electrified in the late 1980s then supplemented by a new modern keyboard from the early 1990s. A singing group, made up of local people, called the *Skylarks* added to the ensemble. Today the music is supplemented by two guitars, drums, keyboard, bass and clarinet. Refurbishments and improvements continue today with plans for more significant changes to the left hand side and rear of the building.

The schoolroom is widely used throughout the week by the Learning Bears Pre-school group, Indoor Bowling club, Sawtry Chorale and various church groups. Recently St Benedict's Catholic Community began to use the church for their weekly Sunday Mass. A coffee morning is held every Saturday Morning. Well worth a visit.

Sheila Tibbs & Alan Bottell

For more information and pictures, please visit the Sawtry Community Archive website
at <http://sawtry.ccan.co.uk/>

SAWTRY INFANT SCHOOL NEWS



We are really looking forward to this academic year. The Year 1 and 2 children have quickly settled back into school life and are enjoying getting to know their new teachers and rekindling their friendships and the new starters in our Reception classes at time of writing have had their first few days and are settling in well ready to start their school journey.

It was all go onsite this summer! In readiness for our internal building works and our new building, the Yr2 classes relocated to the mobile classrooms and the Yr1 rooms were swapped around ready for the new year. We guarantee that this term will be jam packed with fabulous learning experiences for the children and adults alike. News of what we have been up to will be in the next edition of the Sawtry Eye, but until then our families can keep up to date with what we get up to via our website.

We hope that everyone reading this has had a lovely summer. As ever, please do not hesitate to contact us using the details shown below. With best wishes from everyone at the Infant School.

Email: office@sawtry-inf.cambs.sch.uk **Telephone:** 01487 830678 **http://**www.sawtry-inf.cambs.sch.uk/

SAWTRY JUNIOR ACADEMY NEWS



School may only have been back a few weeks but it has been a very busy start. The children have been working very hard, settling into their new classes and beginning some exciting new topics. We have already held our house meetings. The house captain candidates all presented to their individual houses and the rest of the school voted for their representatives. The children take their additional roles very seriously and enjoy the responsibilities, well done and good luck to the new team.

This year we are focused on ensuring that the rapid improvements within the academy and the academic success with the 2018 SATs is built upon. Already this year we have had an external review, which has been very positive.

Sarah Flack, Principal

Email: office@sawtryjunior.org **Telephone:** 01487 830204 **www.**[sawtryjunior.org](http://www.sawtryjunior.org)

SAWTRY VILLAGE ACADEMY NEWS



Post 16 Results

The overall pass rate remained very high this year at 99%. An amazing 47% of our students achieved the highest A*-B grades. In addition, over three quarters of all grades (79%), were graded at C and above. These results should secure our place in the top 10% when compared to all schools nationally and builds upon our 'Outstanding' Ofsted grade for Post 16 provision. We wish all of our students the very best in the future as they move onto their first jobs or higher education.

Year 11 Results

An impressive 67% of students achieved a good pass (Level 4 and above) in both English and Maths. We saw continued improvements in English results as 84% of students attained a Level 4 or higher, which is 3% higher than in 2017. Maths results were also very strong with 72% of students achieving a Level 4 or above. Notably, 100% of all grades given for biology, chemistry and physics were Level 4 or higher and 71% of our students achieved Level 4 or above in two or more sciences. A significant 57% of all grades awarded were Level 5 (B) or higher.

Early analysis suggests that progress made by our students is set to be above the national average and is in line with higher performing schools locally. We are so proud of our students; they have all worked exceptionally hard. I want to take this opportunity to thank both staff and parents for your continued support, providing all students with the encouragement they needed to reach their potential.

Please visit our Facebook page or website www.sawtryva.org to find more detailed information. You can also follow us on Twitter @Sawtryva.

Sarah Wilson, Principal

Fen Lane, Sawtry, Cambridgeshire, PE28 5TQ

T: 01487 830701; F: 01487 831679; Email enquiries@sawtrycc.org; or visit www.sawtryva.org



SAWTRY FOODBANK - FRIDAYS 3.30 TO 5.30 PM

Feeding local people in crisis



Thank you to everyone who supported us over the Summer in providing the Holiday Hamper scheme. We are now looking to replenish our shelves ready for the colder months when we expect extra demand for our help.

Please think of us when doing your food shop and pop a couple of extra tins into your trolley, or pass on some of those extras on the latest BOGOF offers. We are particularly in need of tinned veg, fruit and meat products as well as long-life milk.



**** Please note: From now until early December, we will also welcome donations of Christmas foods to make up hampers and enable those without to also celebrate. Please ensure that use by dates are well beyond the big day. ****



Please contact the CARESCO office on 01487 832105 or email office@caresco.org.uk to find out more

SAWTRY & DISTRICT BRANCH OF THE ROYAL BRITISH LEGION

From 27 October to Remembrance Day on 11 November 2018, 28 premises in the Village including homes, schools and pubs will Remember the 28 Sawtry Fallen by displaying a military Silhouette figure, a photograph and brief details about an individual. They will also decorate their premises in anyway they see fit along a Remembrance theme. Details will be released closer to the date. If you wish to join in and Remember then please feel free.

The Poppy Appeal for 2017 is coming to a close. Over the course of the year you have helped the branch raise over £13,500. This is more than we have ever raised in previous years, so the Members of the Sawtry & District Branch would like to send you a huge 'Thank You' for all your support throughout the year.

The 2018 Poppy Appeal starts on 27 October when you will see our presence at the Co-operative Food Store & the Poppy Appeal Volunteers collecting door to door. We hope we can rely on your continued support. **If you would like to help with the Poppy Appeal, please contact Carol using the details below. We are in need of door-to-door collectors.**



Please join us on Remembrance Sunday for the parade & service at All Saints Church.

If you would like to become a Member of The Royal British Legion, and support the Sawtry Branch, you do not need to have been in the Armed Forces. The annual Membership is £17. You can join following this link <https://www.britishlegion.org.uk/membership>



If you would like more information please email: Sawtry.Secretary@rbl.community mobile: 07864 296519 or Carol Stobbs on 01487 834338 email: carolsonoma@gmail.com.

SAWTRY YOUTH PROJECT

Sawtry needs YOU! You can make the difference.

Sawtry Youth Committee, the teen arm of SYP, are looking to recruit new members.

If you want to be a part of this exciting project and make a difference in our community, this is your opportunity.

We help fundraise towards the skate park and raise the profile of the young people in our village. We bring together the grotto at the Christmas Frost Fayre, sell milkshakes at the carnival and litter-pick when required. If you have fresh ideas for what we can do or just want to lend a hand, we'd love to hear from you.

If you want to find out more or share your ideas, we can be contacted via the SYP Facebook page or at SVA via Ben Tomsett (6th form) or Mrs Dornelly in A2@SVA

Come and talk to us; we await your ideas.

Thanks again for the support you continue to give to this project. As always, if you would like to contact us you can do this via sawtry-youth-project.org or via our **Facebook page - 'Sawtry Youth Project'**



SAWTRY SHOW 2018

By the time you read this, the day of the 14th Show will be long gone and we'll be preparing for next year. Congratulations to those of you who won a trophy and a truly massive thank you to all who entered and helped to make the Show a big success.

Many thanks to SVA for the use of the halls and for encouraging their students to enter – I'm sure you'll agree they're a very talented group. Thanks also to the Committee, our Sponsors (Dr B Lovell who also presented the trophies, K.Cooper's Motors and RJC commercial food equipment), the ladies from the WI and everyone else who helped on the day.

If you have any suggestions for Classes you would like to see in the Schedule next year please contact me or pop along to one of our Committee meetings. We are always looking for new Committee members so why not give it a go? We want people who will help us to promote the Show throughout the community across all ages. You don't have to be an expert in anything, just have an interest in the Community.

The winners for 2018 were:

The Photography Trophy:	Charlie Spencer
Flowers, Plants and Flower Arranging:	Sheila Harland
The Chandler Cup for Arts and Crafts:	Anke Chandler
The Cooper Shield for Vegetable and Fruit:	Anke Chandler
The Wines and Beers Cup:	John Rose
The Barry Lovell Cup for Cookery and Preserves:	Jacqui Hedington
The Arthur Golder Shield for Best Overall Entry:	Amy Twine
The Overall Junior Points Winners:	Amy Twine and Charlie Spencer
The Overall Points winner Cup:	Anke Chandler
Sawtry Village Academy Student Points Winner:	
Joint winners –	L Lydiard, N McLaughin, K.Vallam, P McDermott, A Giles ,E Bradford, A Porter, W Deaves, J Berridge
Sawtry Village Academy Student Best Entry:	Niamh McLaughin

**Carolyn Watts, Show Chairman,
01487 832682, or email watts204@hotmail.com**



WELLSIDE SURGERY NEWS



Flu Clinic 2018

Our annual flu clinic is scheduled to take place on Saturday 13 October subject to any last minute alteration to our booked delivery dates. Should it be necessary to alter the date, we will publicise this within the surgery and on our website.

Patients falling within the following at risk categories will be entitled to the vaccination and are encouraged to attend:

- Aged 65 or above (including those becoming age 65 by 31.03.19)
- Chronic neurological disease (such as Parkinson's or motor neurone disease, or learning disability)
- Chronic heart disease (such as heart failure)
- Chronic respiratory disease, such as severe asthma, COPD or bronchitis
- Diabetes
- Chronic liver disease
- Chronic renal disease at stage 3, 4 or 5
- Living in long-stay residential care homes or other long-stay care facilities
- Weakened immune system due to disease or treatment. Consideration will also be given to the immunisation of household contacts of these patients.
- Splenic dysfunction or asplenia
- All pregnant women (including those who become pregnant during the flu season)
- Morbidly obese (defined as BMI of 40 or above)
- In receipt of a carer's allowance, or who are the main carer for an older or disabled person whose welfare may be at risk if the carer falls ill.

Surnames beginning with	Please attend	Surnames beginning with	Please attend
A - F	9am - 9.45am	N - S	10.30am - 11.15am
G - M	9.45am - 10.30am	T - Z	11.15am - 12pm

Flu vaccination appointments with our Practice Nursing Team will be available after the clinic date for patients who are unable to attend that day.

We will also be participating in the national programme to offer the flu vaccination to all children who were aged 2 or 3 on 31 August 2018. We will be writing to invite this group of patients to attend in due course.

Mrs Claire Wright, Practice Manager, Wellside Surgery, Sawtry, Tel: 01487 830340

SAWTRY HISTORY SOCIETY

At our July meeting we were treated once again to a visit by Paddy Lambert, the subject being *The Life of the Roman People*. As usual it was a very entertaining and informative presentation as Paddy set out to show us that the Roman people were just like us. They were greedy, stupid and funny, they even had a god of flatulence.

The evidence to support this included letters from a young Roman woman to her friend, their husbands had been posted to cold lonely Britain. The next being a memorial stone for a wife named Regina (Latin for queen) a freed slave from Essex who had married a man born in Syria, it would have cost about the same as a Mercedes - Benz today. This was followed by a wax tablet, a receipt for the purchase of a slave girl for 600 Denarii about £30,000, she was purchased for the emperor by a slave assistant. Other examples included the lack of quality in some of the items produced here as in pottery, stone tablets & mosaic tiles.

The most thought provoking was the small 2nd Century grave stone. The child it commemorated had a pet name Etoile or "Star" and her father had arranged the legend "The most happy, She lived 4 years, Die well".



Future meetings

- 18 October *The Life & Times of Thomas Dolby, Notable Resident Of Sawtry*
- 22 November *What Did You Do In The 1st World War Grandma?*

The History Society meets on the third Thursday of the month in the WI Hall, Gidding Road, Sawtry at 7:30pm. Visitors always welcome, entrance is £2.00 by donation.

The SHS Archive is open in the new library from 10:00am to 12:00 noon every Saturday.

For info call Chris Merton 01487 831441

DOING ANYTHING ON SUNDAY?

Peterborough Conservation Volunteers work on local nature reserves, where you can help us with practical conservation work – scrub clearing, hay-raking, hedge-laying, and similar jobs. We provide tools, gloves, and hot drinks: you provide suitable clothes, boots/wellies, and (wo)manpower. You'll need transport to the sites, but we can often arrange lifts or car shares. Here's the current programme, all jobs start at 10:00am:

Date	Site	Date	Site
7 October	Castor Hanglands	4 November	Monks Wood
14 October	Fletton Fields Pond	11 November	Old Sulehay
21 October	Collyweston Quarry	18 November	Old Sulehay
28 October	Barnack Hills & Holes	25 November	Castor Hanglands

Please visit our website (<http://www.p-c-v.co.uk>), or e-mail us at info@p-c-v.co.uk for more information. Note that kids are welcome, but require adult supervision.



NEWS FROM SAWTRY LIBRARY

Lego Club

Come along to our new regular Lego Club at Sawtry Library every Saturday morning from 10.00 - 11.30am. Just 50p per child.

Train like a Jedi

Master some Jedi skills and get active at the same time with our *Train like a Jedi* day at Sawtry Library on Saturday 13 October from 10.30 - 11.30am.

Dinosaur Day

Make your own dinosaur at Sawtry library on Friday 26 October from 1.00 - 3.00pm using recycled materials. You can also buy a dinosaur craft pack for £1.50.

The Library Presents

Thank you to everyone who came along to our 'Choosing Party' to decide on the next round of art and cultural events for Sawtry Library. Your suggestions will be collated and the most popular choices will be selected to be held next Spring.

Opening Hours for Sawtry Library

Monday	Closed
Tuesday	3.00pm - 7.00pm
Wednesday	10.00am - 1.00pm and 2.00pm - 5.00pm
Thursday	Closed
Friday	3.00pm - 5.00pm
Saturday	9.30am - 12.30pm

To renew or request books: www.Cambridgeshire.gov.uk/Library. - Enquiries: 0345 045 5225

For further details about any of our events listed here please see a member of staff.

Paul Smith,
District Library Assistant,
Huntingdon, Yaxley and
Sawtry Libraries



REMEMBRANCE

The Sawtry and District Branch of the Royal British Legion remember the fallen throughout the year.

OCTOBER		
Lance Sergeant John William BINGHAM	29 October 1914	Holme
Private George Thomas HALL	18 October 1916	Conington
Private George Christopher BABBAGE	25 October 1916	Great Gidding
Lance Corporal John Robert ALLAN	31 October 1916	Sawtry
Private Percy WOODS	31 October 1916	Sawtry
Private Jim QUINCEY	2 October 1917	Holme
Private Arthur George COLES	9 October 1917	Hamerton
Private Christopher HARRISON	19 October 1917	Conington
Private Jesse WRIGHT	31 October 1917	Conington
Corporal George SYMONDS	8 October 1918	Holme
Private William HARRIS	21 October 1918	Holme
Private George Arthur GINNS	24 October 1918	Sawtry
Pilot Officer Henry John Hamley JONES	21 October 1943	Great Gidding
NOVEMBER		
Rifleman Herbert SHARPE	14 November 1914	Holme
Private George Henry BOWLAND	14 November 1916	Sawtry
Private Herbert PARKER	3 November 1917	Sawtry
Private James JACKSON	22 November 1917	Sawtry
Private Walter James TURNER	8 November 1918	Old Weston
Lance Corporal Dennis Montague PETERS	9 November 1942	Sawtry
Lance Corporal James Walter QUICK	14 November 1942	Glatton
Private Leslie Benjamin FAVELL	1/2 November 1944	Old Weston

*When you go home tell them of us and say
For your tomorrow we gave our today.*



ALL SAINTS' PARISH CHURCH

Church Causeway, Sawtry, PE28 5TD

www.allsaintssawtry.org.uk



October		
7	8.00am	Holy Communion (BCP)
	10.30am	Holy Communion (CW)
14	10.30am	All Age Worship - Harvest Festival
21	10.30am	Morning Prayer (CW)
28	10.30am	Holy Communion (CW)

November		
4	8.00am	Holy Communion (BCP)
	10.30am	Holy Communion (CW)
11	10.45am	Remembrance Service
18	10.30am	Morning Prayer (CW)
25	10.30am	Holy Communion (CW)

Monday Morning Prayer A simple service of about half an hour, an opportunity to draw near to God. All are welcome, come and join us if you can. Every Monday at 9:30am at the Church, *except Bank Holidays*.

Messy Church Saturday 20 October & 17 November, 4.30 - 6.30pm in church – but-not-as-you-know-it for families of all sizes, shapes and ages. Come and enjoy being messy, with activities, celebration and a meal.



Discoverers - Thursday 25 October & 22 November from 6.45 - 7.45pm in the Church.

Seekers - Thursday 25 October & 22 November from 7.15 - 8.30pm in the Church. For more info contact Ali Scott on 07506 411507 or 01487 832478.

Sawtry All Saints' Causeway Group – We are a group of ladies of any denomination or non. We meet on the first Wednesday of each month 2 - 4pm (*no meeting in August*) to share in fellowship and caring. For more information contact Isolde Whitmore on 01487 831260.

Saturday Opening - All Saints Church is open every Saturday from 2.00 to 4.00pm, for an opportunity to enjoy a moment of peace and quiet, to pray, or share a cup of tea and a chat. A warm welcome awaits you.

Change of Contact Details - During the vacancy at All Saints' while we are between Rectors at the Church, you will not be able to contact the Rectory using the old phone number and postal address. All correspondence should now be directed to our Church Secretary, secretary@allsaintssawtry.org.uk. Anyone who would like to get in touch to plan a wedding, baptism, funeral or if you have any other ministry needs, please consult our website www.allsaintssawtry.org.uk where there is information about services and other events as well as email addresses and other contact details.

The Churchwardens can be contacted at - churchwarden@allsaintssawtry.org.uk

ST NICHOLAS PARISH CHURCH

Church Road, Glatton



October		
7	4.00pm	Family Harvest Festival Service
14	9.00am	Morning Prayer (BCP)
21	10.30am	Morning Prayer Common Worship
28	9.00am	Holy Communion

November		
4	9.00am	Holy Communion
11	9.00am	Remembrance Service Holy Communion
18	9.00am	Morning Prayer Common Worship
25	9.00am	Holy Communion

Tea and Cake - Come and join in the Tea Afternoon on Wednesdays 17 October and 21 November in the Village Hall from 3 - 4.30pm. Find out what is happening at St Nicholas, chat with friends and meet new people.

Harvest Weekend & Supper - Celebrate our thanks for God's continued and bountiful provision. We would be delighted to receive dry food contributions for the **Sawtry Foodbank**, particularly during the open church from 2 - 4pm on Saturday 6 October when you can also view the produce and flower decorations and enjoy some fellowship with tea and cake. On Sunday 7 October after the Harvest Festival Service please join us for the traditional Harvest Supper at 5.30pm in the Village Hall – tickets at £10 are available from Helen (830648), Rosie (834234) and all PCC members. The harvest produce will be auctioned at the Supper and the proceeds will be donated to a local charity.

Christmas Fayre - on Saturday 24 November at 2pm in the Village Hall – a great opportunity to buy a few of those last minute unusual presents and enjoy some village mulled wine warmth and fellowship! This year featuring 'Great British Bake Off Cake Stall', gift stalls, tombola's, games, refreshments and fun for all the family.

While St Nicholas is between 'Priest in Charge' at the church, you will not be able to contact the Sawtry Rectory using the old number. We would ask anyone who would like to get in touch to plan a wedding, baptism, funeral or any other ministry need, please contact either of the Churchwardens, John Pigott (on 01487 832401), and / or Joan Meiklejohn (on 01487 831168).

See Glatton website for more information: www.glatton.org.uk



ROMAN CATHOLIC PARISH OF ST LUKE PETERBOROUGH ST BENEDICT'S CATHOLIC COMMUNITY SAWTRY

**** Note new details ** Sawtry Sunday Mass at 5pm **
**** at the Methodist Church, Green End Road, Sawtry PE28 5UX ****
All are welcome to stay for refreshments afterwards.**

We are a friendly proactive community involved in a number of events in Sawtry and the surrounding villages. St Benedict's also works closely with the other Church communities in Sawtry, as well as our Roman Catholic Parish Church of St. Luke in Orton Malborne, Peterborough.

Contact in Sawtry: Tony – tony.stefanelli04@gmail.com - 01487 830680

Contact St. Luke's Priest-in-charge: Fr Jeffrey Downie for Baptism, First Holy Communion, Confirmation, Marriage, Funerals, and all other inquiries
- saintlukesparish@yahoo.co.uk - 01733 370877 - <http://www.saintlukesparish.org.uk>

Find us on:



SAWTRY METHODIST CHURCH

Green End Road, Sawtry, PE28 5UX



Weekly Sunday Morning Worship at 10.30am

Covenant Service

14 October - 10.30am

Led by Rev Paul Beard

Remembrance Day

11 November - 10.45am

At All Saints Church

Come and join us, all are welcome

MONDAY UNITED FELLOWSHIP

Monthly starting at 2.30pm - Open to all

Mondays 29 October & 26 November

Contact Joy Kisby for more information on 01733 566588

SATURDAY COFFEE MORNINGS

9.30 – 11am

All Welcome. Proceeds in aid of Building Project Phase Two

For more information, please contact Church Steward Matt Coates, on 01487 830345

Or email enquiries@sawtrymethodist.org.uk



AN EYE ON NATURE

Not all poisonous plants are harmful to humans. Over the centuries some have been turned into life savers or very useful medical tools. I have picked out just a couple of examples here:

Foxgloves are a familiar sight in our gardens and, where the soil is suitable, our countryside. They grow in abundance in the Lake District, a particular favourite of mine. The Latin name, *Digitalis purpurea*, gives rise to the name of the drug *digitalis*. It has been used from early times in heart disease where the mode of action is to increase the activity of the arterioles and very importantly, on the action of blood circulation. Digitalis also causes an irregular pulse to become regular.

My second example is **Deadly Nightshade**, which was an almost mythical part of my childhood and my parents warned me about it from an early age. I am not even sure whether we ever came across the 'real thing' because anything dodgy was called "Deadly Nightshade"! A more familiar name for this plant is *Belladonna*, which translates as 'Beautiful Lady'. Venetian ladies used it in the past to enlarge their pupils and look more alluring for potential suitors.

Belladonna is a striking woody plant, growing to about 4ft high in scrub, woods and thickets. As it likes chalky soil, it is uncommon in our area. The berries are also very striking, black in colour and deadly poisonous. Just two will kill a child, hence my childhood warnings. Belladonna has several medical uses including a narcotic, diuretic and sedative, but the main use is in the treatment of eye disease as atropine, which dilates the pupils.

There are many more examples of plants which have turned out to be far from villains and are still in common use as the good guys. They just go totally unnoticed in our countryside.

Martin Baker

The views expressed in this article are solely those of the author

For more information on our local wildlife, contact the Wildlife Trust:

Phone 01954 713543 or visit www.wildlifebcn.org



CHANGING ATTITUDES BY EDUCATION

In chemical terms, alcohol is a “depressant”, ie it depresses a number of functions of your brain and nervous system. The first alcoholic drink is very quickly absorbed by the body and will, almost immediately, start to affect the parts of your brain that control inhibitions, concentration, willpower and self-control. Socially, these effects are, generally, considered good but not so when you drive a car or ride a motorbike. That first drink or two also starts to affect your “fine motor skills” – your ability to control your hands and fingers to carry out detailed tasks. It also affects your vision as the background becomes blurred as does your peripheral vision and you become less able to focus on what is happening around you and more focussed on what is just immediately in front of you.

These effects can be very pleasant but how compatible are they with driving a car?

- Firstly, your increased self-confidence will make you *think* that you’re a better driver than you are and that you’ll actually drive *better* than when completely sober.
- Second, your depressed visual acuity and motor skills will, generally, reduce your ability to operate the car’s controls and properly assess what you are seeing.
- Thirdly, your lowered inhibitions will make you less likely to refuse to drive and more likely to confidently get in your car and encourage other people to join you.

These effects can occur after consumption of quite small quantities of alcohol – sometimes well below the legal drink-drive limit. So, it is important to remember that even if you’re legally allowed to drive after one drink your ability to drive will still be impaired to a degree. In conclusion, DON’T DRINK AND DRIVE.

This issue’s top tip:

Cyclists – if you come up behind a dog walker, horse rider or pedestrian on a country road (ie no pavement) let them know that you are there and avoid a collision. Ring your bell (if you have one) or call out. Modern bicycles are very quiet.



RoADARC’s mission is to promote safer driving and riding.

Contact us by email at info@roadarc.org.uk or visit our website at www.roadarc.org.uk for further details.

QUESTIONS FOR THE GARDENER

How do I look after my Asparagus on my allotment once the stems turn yellow and why do some of the stems have red berries on them, what are these please?



Cut back the old stems as they begin to yellow and die back in autumn to just c. 2.5cm/1” above soil level crush, and add to the compost heap. NB do not compost diseased material so either burn it if allowed, or dispose of it in a safe manner. Afterwards clean up the bed by firstly de-weeding it, then apply a thick mulch of well-rotted compost or rotted seaweed meal. This will feed the crowns as well as protecting them from severe winter weather. Give the asparagus bed a good feed of general fertiliser in spring, before growth starts.

Growing asparagus on the allotment? Then grow the F1 male varieties. Most modern male cvs, have thick but sweet spears, such as ‘Jersey Knight’ and ‘Purple Passion’, (Male var.), this one has purple spears. These F1 hybrids plants all produce vigorous succulent spears for kitchen use although some of the older male varieties, eg ‘Lucullus’, (‘Connover’s Colossal’) etc can be just as good as the new varieties, unfortunately they are not as disease resistant. Try not to grow female/male plants together in the same bed if you can because the female varieties will seed themselves prolifically all over the bed. The stems produced will be small, and insignificant, the plants will also lack any vigour and therefore will prove a nuisance. The female flowers are followed by small red berries as you described above. NB Remove the flowers or the red berries on any retained female plants or grub them up. If you can, grow male cvs from the outset. Keep a look out for asparagus beetle from mid-spring.

Good Gardening
The Gardener



Wildlife Trust – Huntingdonshire Local Group

www.wildlifetrust-huntsareagroup.org.uk/

A Tale of Trees, the Battle to Save Britain’s Ancient Woodland

Wednesday 10 October starting at 7.30pm

Speaker: Derek Niemann

The Wild World of Birds: Understanding Intelligence and Behaviour

Wednesday 14 November starting at 7.30pm

Speaker: Dr. Gabrielle Davidson

We meet at Brampton Memorial Hall, Thrapston Road, Brampton, PE28 4TB. Booking is not necessary. The entrance charge is £2.50 (accompanied children free). For more information please contact Tim on 01480 457795.

Everyone interested in wildlife is most welcome to attend.

Part of the Wildlife Trust for Bedfordshire, Cambridgeshire and Northamptonshire

Registered Charity No: 1000412



SAWTRY COLTS

Football is back at Greenfield! The pitches are a little worse for wear after the long, dry summer we have had but with the pitches newly marked by Bradgates, Greenfield is beginning to look more like Wembley than Lords, sort of.

We have two new teams this year - an Under 7 (U7) team and an U9 team. The 7s have yet to play their first match but, after a recent friendly, are raring to go. The U8s had a tough start to the season losing to a big, strong Holme side. The U9s first match, although a number of their players played at U9 level last season, brought a victory against March.

The U10 side have yet to play their first league match and the U11s lost at home to Offord in their first game playing with the offside rule. The U13 Blues had a good win, 3-1, at home to St Ives whilst the U13 Yellows were on the wrong end of a 3-1 score, away to Priory.

The U14 Blues began with a hard fought draw away to Little Paxton who now visit Sawtry to play the U14 Yellows in their first league game of the season. The U15 Blues begin with a trip to Somersham, although they have already embarked on a cup run winning 3-2 at Warboys in the 1st round of the County Cup; a home tie against Brampton is their prize in the next round.

So a few teams are up and playing with a few still to start and a cup run already off and running, go on the U15 Blues bring that cup back to Sawtry!

Brian Craig

SAWTRY AND DISTRICT BOWLING CLUB

Another bowls season is nearly coming to an end as I write. The weather has been great, although making the maintenance of the 'green' a nightmare. We have seen many new members this year, which is always a pleasure.

Our Ladies' Maroon team won the top division having lead throughout all season - Well done ladies.

Following on from the last report, unfortunately Toby Furzeland (under 25s singles), and Karen Leader & Jan Elliott (Ladies Pairs) lost in their respective County Finals. However, they represented the County in the Bowls England National Championships, along with Matt Nickerson (Under 25 pairs with Toby), and Karen, also in the ladies' 4 Bowl singles. Toby reached the last 16 of his national singles – a great achievement. Karen, together with James and Kevin Bowers also missed out when representing the County at the English Bowling Federation National Championships at Skegness.

Our club competition finals took place in September, the winners of each competition were:

Competition	Winner(s)
Ladies' 4 Wood Singles	Maddy Leader
Men's 4 Wood Singles	Kevin Bowers
Ladies' 2 Wood Singles	Nicki Mason
Men's 2 Wood Singles	James Bowers
Over 60's Singles	Doug Urwin
U18's Singles	Maddy Leader
Carpet Bowls Singles	Nathan Worby
Non-winner's Singles	Lewis Lawman

Competition	Winner(s)
Handicap Singles	Toby Furzeland
Chosen Pairs	Doug Urwin and Garry Goodes
Mixed Pairs	Karen Leader and Kevin Bowers
Husband and Wife	Cali and Kevin Bowers
Club Pairs	Emma Gardiner
Triples	Emma Gardiner, Lewis Lawman and Tony Burnham
Generation Pairs	Maddy and Karen Leader

Well done to all the winners, and commiserations to the runners-up. Hope to see you on 10 November to pick up your trophies. Members and invited guests are due to take part in the third charity game in memory of a dear member, Sue Rayson. More on this in the next edition.

Upcoming events:

- 27 October – Quiz Night
- 10 November – Presentation Night
- 15 November – AGM
- 1 December – Christmas Bingo
- 9 December – Christmas Lunch

My personal thanks to everyone for their efforts this year. We look forward to seeing members at our out of season events, and hope everyone has a good winter.

Any Queries contact - Club Secretary Kevin Bowers - Tel No 01487 832854

Visit our Facebook Page - search Sawtry and District Bowling Club), Our website :- <https://hugofox.com/community/sawtry-and-district-bowling-club-8948/about-us> or search for 'Sawtry and District Bowling Club'



DRAGON YOGA & MARTIAL ARTS ACADEMY

Custom-built studio at 11 Ashdale Close, Sawtry 07585 950923 markad@btinternet.com
Yoga, Qigong, Feng Shui, Meditation, Karate, Kickboxing, Weapons, Self-defence

Events and Local Seminars:-

- 14 October - Advanced Martial Arts Seminar - All Welcome - Sawtry
- 11 November - Qigong (Chi Kung) Seminar - All Welcome - Sawtry



Classes:

- Thursdays 6.30pm, Yoga & Qigong (Suitable for all)
- Fridays 6.30pm, Yoga & Qigong (Suitable for all)
- Saturdays 3pm, Yoga & Qigong (Suitable for all)
- Saturdays 4pm, Martial Arts (Designed for you)

Recent Promotions & Awards: Edward Jacobsen, Paul Long, Andy Brock, Gavin Potter

Instructor - Grandmaster Mark Adlington, 9th Dan
Facebook under "Yoga, Qigong & Meditation" & "Tai Chi, Qigong & Meditation"

SAWTRY WALK TO RUN FOR EVERYONE - EVEN THOSE WHO THINK THEY CAN'T RUN!

Sawtry Walk To Run have had a busy summer, not least picking up an award from England Athletics for *Run Together Group of the year!*

Training for the Peterborough Half Marathon is just coming to an end and this will culminate in over 30 of our members completing the race in times ranging from 1 hour 30 to 2 hours 59. Our winter training schedule includes a 10K Improvers programme and some training for the Folksworth 15.

Our new beginners programme started at the end of September. This runs for 12 weeks and there are 3 sessions every week plus a Friday morning catch up session. We have a 1 mile #runandtalk planned for Sunday 7 October to which everyone is invited. This is part of England Athletics campaign around World Mental Health Day and we want to encourage those who might not otherwise venture out, to come and join us for a walk or run followed by tea and cake. Donations for MIND will be welcome.

Our sessions start from St Judith's on Sundays at 9.30am and from the Greystones at 7.15pm on Tuesdays & Thursdays.

There is a lot going on and so if you want to join us (the beginners programme is absolutely free and after that, it's just £20 a year to join the Club).

**More details on our website at www.sawtrywalktorun.co.uk,
by emailing Nona at nona19@live.co.uk
or by calling on 07861 740040**



Running - it's much more fun than you might think!

SAWTRY MOTORCYCLE CLUB

The good weather certainly stayed with us for most of the summer, allowing quite a few outings on the bikes. These ranged from more visits to the coast (including fish & chips and ice cream of course) to "track days" for those members who wanted to enjoy the higher speeds and capabilities of their bikes (legally!). Anyone who has recently visited the Greystones on a Tuesday evening may have seen a group of Motorcycle Club enthusiasts staring at a laptop screen, watching footage from these track days (taken with an on-board camera) and giving a running commentary of their performances! All I can do is apologise....!!

The weather wasn't always kind. Over the August Bank Holiday weekend, on the Sunday, yours truly (together with about 90,000 other fans) went to Silverstone to watch the British round of the MotoGP. Naturally, being a Bank Holiday, it was wet, the rain was fairly relentless and at just after 4 o'clock the organisers announced that the event was cancelled because of unsafe track conditions. Just my luck, but at least it sounds like a full refund is on the way.

Closer to home, on Remembrance Sunday (11 November), the Royal British Legion have again asked the SMCC to provide marshals for the Remembrance Day Parade. We are delighted to be able to help, especially in this anniversary year, and I would just like to remind everyone that there will be some minor disruption to traffic that morning while the parades to & from All Saints' Church take place.

As always, ride safely.

Pete

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