



www.caresco.org.uk

Sawtry Eye

Distributed to Conington,
Glatton, Upton, Winwick,
Hamerton & Sawtry

No. 106 Oct - Nov 2013



MCMILLAN COFFEE MORNING

to be held at Methodist Church Hall, Sawtry
on **Wednesday 31st October**
10.30 – 12.00 noon.

Bring and Buy - Raffle - Books
Entry £2.00 - this includes Tea or Coffee and Cake

All Welcome

Please come and give us your support for this very worthwhile cause
Any queries or donations to Ann Martin 01487 830442

**WE ARE
MACMILLAN.
CANCER SUPPORT**



Sawtry Pre-School Playgroup CHRISTMAS SHOPPING NIGHT

Thursday 14th November
7.30pm onwards

Sawtry Working Men's Club
10 Gidding Road, PE28 5TS

Selection of Stall for lots of
Christmas gifts and ideas

For more information please contact - 01487 832433

SAWTRY FIRST RESPONDERS

Christmas Fayre

Sunday 17th November
At One Leisure Sawtry
Off Green End Road, PE28 5UY
Doors open at 11am – 3pm

**If you would like to have a stall please
contact us on sawtrycfr@hotmail.co.uk
or call 07885422257**

Further details about the day will be
advertised closer to the date



LIFE ON THE HOLME FRONT - 1940S WEEKEND

Saturday 5th & Sunday 6th October - Open 10am to 4pm both days
Holme Village, Peterborough. Cambridgeshire PE7 3PJ

The 1940s weekend 'Life on the Holme Front' has been running since 2007 and the event gets better every year. This is a fantastic weekend for the whole family, learn what village life was like during the Second World War. The whole village gets involved and Holmewood Hall opens its doors for the weekend providing space for displays and a wartime tea room.

There is a whole host of attractions at the 1940s weekend including:

- Vintage Bus Rides (457th Memorial site, Airfield)
- Wide range of displays/stalls
- Spitfire Simulator
- 1940s style ploughing
- Vintage military vehicles
- Wartime cinema showing footage from British, USA and Canadian forces
- Battle of Britain Memorial Fly Past (TBC)
- 1940s dance - booking essential, limited tickets available - £10 each (Saturday)
- Re-enactors
- Bar and hot food
- Church open
- Holmewood Hall open with displays and refreshments
- Hair raid shelter (1940s hairdressers - booking advisable)
- Tea dance (Sunday)
- Memorial march and wreath laying ceremony (Sunday)

All are subject to availability

Entry is free and parking is £1 per car

Enquiries: Contact Paul Archer on Tel: 07860 342163 or Email: paularchnewark@yahoo.co.uk

If you are moving house, please can you leave a recent copy of Sawtry Eye for the new occupiers - Thank you

2013	Group	Details	Contact No	Page
4 October	Sawtry Feast Supper Club	Pamper Night	07976 874579	--
5 October	Wellside Surgery	Flu Clinic	01487 830340	16
8 October	Sawtry Library	Talk—History of London Brick	--	14
12 October	Sawtry Bowls Club	Race Night	01487 830193	28
12 October	Sawtry All Saints	Harvest Supper	01487 830215	23
17 October	Sawtry WI	Coffee Morning	01487 832925	7
18 October	Sawtry Pre-School Playgroup	Tempest Photography Session	01487 832433	--
24 October	Sawtry Feast Supper Club	Bingo	07976 874579	--
25 October	Sawtry All Saints	Discoverers	01487 832478	7 & 23
26 October	St Nicholas', Glatton	Cheese & Wine	01487 830215	24
26 October	Sawtry Bowls Club	Quiz Night	01487 830193	30
29 October	Sawtry First Responders	Awareness Night	07885422257	13
2 November	Sawtry Parish Council	Tree Planting	01487 831771	8
3 November	Sawtry Dragon Academy	Regional Championships	01487 830601	29
9 November	Sawtry All Saints	Winter Fayre	01487 830215	23
14 November	Sawtry WI	Soup & Pudd Lunch	01487 832925	7
14 November	Sawtry Pre-School Playgroup	Christmas Shopping Night	01487 832433	Front Page
16 November	Sawtry Methodist Church	Coffee Morning & Mini Market	01487 830015	24
17 November	Sawtry First Responders	Christmas Fayre	07885422257	Front Page
23 November	St Nicholas', Glatton	Christmas Fayre	01487 830215	24
23 November	CARESCO	Spirit of the Blitz 1940s Night	01487 832105	9
24 November	Sawtry Dragon Academy	Tang Soo Do Championships	01487 830601	29
29 November - 1 December	Sawtry All Saints	Christmas Tree Festival	01487 831055	21
5 December	Sawtry British Legion	Bingo	01487 830806	--
7 December	Sawtry Bowls Club	Xmas Bingo	01487 830193	28
13 December	Sawtry WI	Christmas Afternoon Tea	01487 832925	7
15 December	Sawtry Parish Council	Village Carol Service	01487 831771	--
15 December	Sawtry Bowls Club	Xmas Dinner	01487 830193	28
19 December	Sawtry Parish Council	Carol Singing	01487 831771	--
24 December	Sawtry Bowls Club	Xmas Eve Drinks	01487 830193	28
25 December	CARESCO	Christmas Day Lunch	01487 832105	5

If you would like to have a date considered for inclusion please email the details along with a contact number to sawtryeye@caresco.org.uk with the subject 'Make a Date'. We cannot include regular meetings/classes as space will not allow, but we would love to know about the special events.

When your organisation fixes dates, do not forget to let us know. Don't wait for the next deadline. If you don't have access to email, then put it in writing and drop it into the CARESCO Centre or phone us on 01487 832105 (answer phone outside office hours). We reserve the right to decide which items to include.

CARESCO is not responsible for the accuracy of the above information.

Please check with the individual group concerned.



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CARESCO

CARESCO
CARESCO Centre
Green End Road
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Huntingdon
Cambs PE28 5UX

Telephone: 01487 832105

sawtryeye@caresco.org.uk

Articles & Letters can be emailed to CARESCO. Please put as subject "For Sawtry Eye" and enclose full name and postal address — Email: sawtryeye@caresco.org.uk

www.caresco.org.uk

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CARESCO Printshop

EDITORIAL POLICY SUMMARY

- All items are included entirely at the discretion of the editors who reserve the right to edit or refuse to print any item submitted.
- Views expressed in the Sawtry Eye are not necessarily those of the editors or CARESCO, they are included in the interests of free speech.
- Anonymous items will only be considered where the author has submitted their full name & contact details to the editors with their contribution and have requested, with reason, that these are withheld.
- Before printing a critical item the editors reserve the right to approach the criticised persons/group and offer an opportunity to comment, where possible, in the same issue. At their discretion the editors may delay the critical item to the following issue or publish without a reply.
- The editors cannot accept any liability for omissions, errors or mistakes which occur in production.
- The copies of Sawtry Eye delivered to the parish of Sawtry are accompanied by the Sawtry Parish Council Newsletter which is published by and the responsibility of Sawtry Parish Council.

The full Editorial Policy is available from the CARESCO office during office hours.

DISTRIBUTION OF SAWTRY EYE:

If you know of anybody who does not receive a copy or would like to help deliver Sawtry Eye, telephone: 01487 832105 between 9am—12 noon Monday-Friday



Welcome Can you believe we are heading fast into Autumn, with Summer already a distant memory! The schools are back and well into the first half term and most community groups up and running after the break. It is always frightening in the office to receive the first notice of a Christmas themed fundraising activity, but we have several in this issue to get you in the mood – only three months to go to the big day at time of writing.

We wish two of our faithful distributors well as they leave us for university and welcome their replacements on board to the Sawtry Eye team. Please say hello if you see them out delivering in your area, it can be a tough job in the winter months.

As always please check that your group's details are correct if they appear under Useful Numbers and let us know of any dates as you agree them so that we can let the rest of our readers know and try to avoid any major clashes of events.

Have a good one.

Liz - Co-Editor



Sawtry Eye
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October 2013						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

November 2013						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

SCHOOL TERM DATES FOR SAWTRY SCHOOLS

Autumn Term 2013

Half Term, 28 October - 1 November

End of Term - 20 December

Spring Term 2014

Start of Term - 7 January

Half Term, 17 - 21 February

End of Term - 4 April

Summer Term 2014

Start of Term - 22 April

Half term, 26 May to 30 May

End of Term - 23 July

Autumn Term 2014

Start of Term - 4 September

Half term, 27 October to 31 October

End of Term - 19 December

Schools have a number of training days available to take at their discretion. Please contact your local school for details.

Or check the Cambridgeshire County Council website at

<http://www.cambridgeshire.gov.uk/education>



Don't forget - during all weeks containing a bank holiday, collections will take place

ONE DAY LATE

HDC REFUSE COLLECTION

Sawtry and the surrounding villages have the same calendar for refuse collection, however the week day may vary.

To find out the exact dates for your property visit:

<http://applications.huntsdc.gov.uk/applications/refusecollection/> and

enter your house number & postcode or call 01480 388388

GREY (LANDFILL WASTE)

(Week Beginning)

7th & 21st October

4th & 18th November

COMPOST (GARDEN WASTE)

& DRY RECYCLING

(Week Beginning)

14th & 28th October

11th & 25th November

For more information visit the Hunts District Council website at

<http://www.huntsdc.gov.uk>

and look for the **Refuse & Recycling** link on the left hand side of the page.



Sawtry WI

Sawtry WI meets on the 1st Thursday of the month, at 7.30pm in the WI Hall, Gidding Road (Wheelchair Access)
Charity Number 229016

3rd October

Yvonne O'Neill - Sugarcraft

Your chance to see what we missed in April
when her car broke down!

7th November

Geoff Evans - The life of a Racehorse

A highly recommended speaker

Visitors and New Members always receive a warm welcome
If you haven't tried the WI before, come along and meet us,
have fun and go home with a smile!!

Regular features include:

Bring & Buy stall, raffle and refreshments

Secretary: Ann Watson 01487 834035

President: Margaret Geary 01487 832925



Is open every Friday

(including School

Holidays) at the

CARESCO Centre,

Green End Road, Sawtry

(Behind the Old School Hall)

9.00 - 11.30am

A Warm Welcome For A

Coffee, Cake And A Chat

**For Issue No: 107
Dec 13 - Jan 14**

**Advertisements by
12 Noon on 13 November
News Items by
12 Noon on 20 November**

Full Page: Portrait
17.5cm x 26cm)
1 Issue - £112
6 issues - £560

Half Page: Landscape
(13cm x 17.5cm)
1 Issue - £60
6 Issues - £300

Quarter Page: Portrait
(13cm x 8.5cm)
1 Issue - £33
6 Issues - £165

Eighth Page: Landscape
(6.5cm x 8.5cm)
1 Issue - £18
6 Issues - £90

For more information call in or
phone 9.00am - 12 Noon
Monday - Friday

01487 832105
sawtryeye@caresco.org.uk



TERMS & CONDITIONS

- Commercial Advertising copy can be submitted by email to : sawtryeye@caresco.org.uk (preferred option) or alternatively on a disk or as a printed/ handwritten copy delivered to the CARESCO Centre. The final layout can be done by our in-house graphic designer
- Please make your instructions clear.
- Payment with advertisement please.
- We can accept payment by BACS (please contact the office for payment details), by cash or cheque (made payable to 'CARESCO')
- Sorry, we cannot accept payment by card.
- CARESCO cannot accept any responsibility for business lost due to any error in production.



Annual Public Meeting

Of CARESCO Ltd

**On Thursday 7th November
Starting at 7.30pm**

In the CARESCO Centre

****Please note change from previously advertised date****

Come along and find out more about us - All Welcome

**Our Speaker will be: Ian Weller
from the Cambridgeshire & Peterborough Clinical
Commissioning Group**

For more information please contact CARESCO -
details on page 5

Annual reports will be available at the meeting and
afterwards from the CARESCO office



GIFT AID

CARESCO is now registered for Gift Aid,
so if you are thinking about making a
donation and are a UK tax payer, please
ask for a declaration form so
that CARESCO can reclaim 25p
of tax on every £1 you give.



**CARESCO
Charity Shop
Opening Hours**



Monday – Friday	9 – 4.30pm
Saturday	9 – 12.30pm
Sunday	Closed

7 Greenways, Sawtry, PE28 5UR
01487 208026 shop@caresco.org.uk



WHAT ARE YOU DOING FOR CHRISTMAS?

Do you know what you're going to be doing on Christmas Day this year? Are you going to be on your own? Would you prefer to be with other people to celebrate the festivities?

Following on from the successful launch last year, CARESCO will once again be hosting a Christmas Day Lunch for anyone who would otherwise be alone on the big day and would like to join in the fun (couples included). Everyone is welcome to come and be part of the day.

**For more information or to book your place, please contact the CARESCO
office on 01487 832105 or email office@caresco.org.uk**

Visit the photo gallery on our website at www.caresco.org.uk to see what we all got up to last year, including a traditional lunch, Queen's Speech, a sing-a-long and a visit from Santa.



Farmers' Markets

Truly local food sold by the people who produce it.

HUNTINGDON

Alternate **Fridays** from 8am to 2pm
in Huntingdon Market Square

4th & 18th October
1st, 15th & 29th November

5th Saturday Special – 30th November

Organised by Huntingdonshire District Council with the support of Huntingdon Town Centre Partnership.

For more information call 01480 450250 or email FarmersMarkets@huntsdc.gov.uk

PETERBOROUGH

2nd & 4th **Thursdays** from 9am to 2pm
in Long Causeway

Organised by Peterborough City Council.

For more information call 01733 452217 or visit www.peterborough.gov.uk

OUNDLE

Every 2nd **Saturday** from 8.30am - 1.30pm
Market Street

For further information please contact
Oundle Town Council

Tel: 01832 272055, email: otc@lineone.net

Farmers' markets are different because the food sold there must be from the local area and sold by the people who grow or produce it. Bought-in produce is not allowed.

Buy fresh, high quality produce from the people who can tell you how it was grown or made.



PRIZE BINGO

In aid of Sawtry Day Centre

25th October

6th December

Starts 7.30pm
In the CARESCO Centre,
Green End Road, Sawtry

Contact Pat Ayres
01487 832503



PETERBOROUGH LIONS CLUB

The Famous Lions Quiz

What is the theme of this year's Quiz?

One year it was famous faces,
another it was places.

Win one of TEN prizes
For the highest number of
correct answers

1st Prize - £100 2nd Prize - £75

3rd Prize - £50 4th Prize - £25

And six other prizes each £10

HELPS THE LIONS TO HELP OTHERS

Buy Yours From CARESCO
Only £1.50

SAWTRY LINE DANCE CLUB



Learn to line dance at your local class, no partner required.

Everyone is welcome, come along and make new friends, enjoy yourself and keep fit at the same time.

We're a friendly sociable class, dancing to all types of music; country, pop, contemporary.

**Held at Sawtry Community College,
Fen Lane, Sawtry**

Wednesday evenings (term time only)

No classes during the school holidays

Autumn term starts 4th September

7 – 7.30pm - Beginners' Class

7.30 – 9.30pm – Improvers

£3.50 per session

Contacts:-

Keith Geary – 01487 832925
email: wilfred@keithgeary.plus.com

Angela Foster - 01780 763864
email: angela.72foster@btinternet.com



POLEBROOK CHURCH OF ENGLAND PRIMARY SCHOOL

**Creativity : Self-confidence :
Friendship : Respect**

Polebrook School is passionate about learning and prides itself on the quality of education it offers. Academic excellence is important to us, as is our commitment to creativity and the arts. Small class sizes in a rural setting ensure we maintain high standards for all. Specialist sports coaching and foreign language tuition is provided for all our pupils. Our weekly Forest School sessions are led by qualified Forest School Instructors in local woodland.

PLACES AVAILABLE NOW - Please contact us today to arrange a visit.

Main Street Polebrook Northants
PE8 5LN 01832 272319
www.polebrook.northants.sch.uk



WELCOME TO THE SAWTRY CAMERA CLUB



We meet on the second Thursday of each month

7.30pm until 9.30pm

At the Sawtry Club in Gidding Road

Everyone will receive a warm welcome young or old, male or female beginners or experienced we learn from each other

For more information please contact 01487 830186



SAWTRY WI In Aid of the WI Hall

BINGO

4th & 18th October
1st, 15th & 29th November
13th December (Christmas Bingo)

Everyone welcome - Eyes down 7.30pm

COFFEE MORNING

17th October

10.30am - 12 noon

£1.00 on the door

Tea/coffee and biscuits
(buttered scones 20p each)

SOUP & PUDD LUNCH

14th November

12 noon - 2pm

Tickets £5

From Margaret Geary (01487 832925)

Bring and Buy Stall, raffle, cakes and books

CHRISTMAS AFTERNOON TEA

13th December

2.30 - 4pm

Sandwiches, mince pies & cakes

Tickets £5

From Margaret Geary (01487 832925)

Bring and Buy Stall, raffle, cakes and books

Contact for events Ann Watson
01487 834035

Charity Number 229016

SAWTRY AND DISTRICT ASTRONOMY SOCIETY

Members please note we now meet at the new venue of the Sawtry Social Club in the village on Tuesday nights instead of Fridays 7.30pm for a 7.45pm start. Everyone is welcome.

29th October

Mark Hurn

Subject to be announced

26th November

Dr Ann Bonnell

Subject to be announced

If the sky is clear you can look through telescopes at the moon, planets, stars and other objects, even see the nearest galaxy to us.

For more information please contact: -

Phil Boon - phillip.boon@talktalk.net

Dave Woodhams - 01487 831921



Rock House 58

Yaxley & District Royal British Legion Social Club,
210 Broadway, Yaxley,
Peterborough, Cambs. PE7 3NR

Rock n Roll Club
Every Monday night
Only £2 entry

Large dance floor....cheap
drinks....large car park....
family club

Contact Steph 07977797304 or
Nidge 07751254536

All Saints' Church "Discoverers"

New group for Junior School years 3 - 6



What did Jesus teach?

Why am I here?

Prayer - what's that all about?

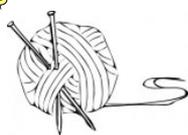
Games, discovery challenges, new friends, creative stuff!

**A chance to explore Christianity while
making new friends and having fun!**

Join us at All Saints' Church for a taster session

Friday 25th October 6pm - 7.30pm

Contact Ali Scott on 07506411507 or 832478
to pre-register and get more information



Craft Buddies

Do you love to knit or crochet or sew? Or would you like to learn?

We're a small friendly group of folk who would love to welcome new members.

Meet new friends, learn new skills, and share your experience and knowledge.

Bring along your projects or just come to chat.

Anyone can come along, all ages and experience levels, male or female, any type of craft interests welcome

No charge to come along, you don't have to come every week and you can come and go as you please.

Drinks including tea and coffee available to buy at the bar

7.30 - 9.30pm every Tuesday.

At the Sawtry Club, Gidding Road, Sawtry

Just turn up or for more info contact Carolyn on 01487 832682 or email carolynwatts56@yahoo.co.uk



TRUSTEES' WEEK 2013
4-10 NOVEMBER

Could you be a trustee for a charity? Do you have useful skills, ideas or time to offer?

For more information visit <http://www.trusteesweek.org.uk/>



POLEBROOK TOTS & TOYS WITH TOY LIBRARY

At: Polebrook Primary School

Autumn Term Sessions:

Monday 14th October (1pm to 3pm)
Monday 18th November (1pm to 3pm)
Monday 9th December (1pm to 3pm)

- Held monthly during term-time on a Monday
- Meet other parents/carers of babies and pre-schoolers
- Pop in for a short while or stay and play for longer
- £1 per family – includes soft drink/biscuit and the loan of up to five toys for the month at no extra charge

Do come along and join us!

If you would like to receive e-mail updates on forthcoming sessions or for further information please

*don't hesitate to contact Lucy at:
e-mail polebrooktoylibrary@gmail.com or call 07989 556496*



RAF WYTON BAND RETURNS IN FEBRUARY 2014!

Following the success of their "Sawtry Last night of The Proms", the RAF Wyton Area Voluntary Band will be returning to the village on 22nd February 2014 for a night of "Movie Magic". Their concert, at Sawtry Community College, will feature music from popular films from the 1930s till today. Tickets will be £10 and include popcorn. The concert will again be in aid of CARESCO.

Tickets will be officially on sale in November, but you can reserve yours now by emailing CARESCO at office@caresco.org.uk or by phone on 01487 832105.

TREE PLANTING BY ROYAL APPOINTMENT

**SATURDAY 2nd NOVEMBER
AT 12.30p.m
ON SAWTRY VILLAGE GREEN**

The Chairman of the Parish Council supported by the 'picnic in the park' organisers will be planting a Royal Oak to commemorate the QE11 Diamond Jubilee. The sapling comes from a tree on the royal estate and to help mark the occasion a specially commissioned tree guard has been provided by Huntingdon District Council.

Come along and be part of the ceremony which will form the history of the village and be part of our village landscape for future generations.

Look out for the balloons (provided by Thomas Morris) join in the celebration

Cllr. Delia Riddle on behalf of Sawtry Parish Council



SING FOR HEROES!

**Saturday 5th October, 7.30pm
Voyager Auditorium, Mountsteven Avenue, Peterborough PE4 6HX**

The award-winning Peterborough Male Voice Choir and new recruits the *Sing for Heroes!* Men will raise the roof with a mix of choral favourites, ballads, songs from the shows and chart hits in an unmissable evening for all the family!

**In support of Help for Heroes
BOOK NOW: Tickets from £12**



Available from Peterborough Visitor Information Centre 01733 452336 or online at www.peterboroughmvchoir.org.uk



**SAWTRY "SPIRIT OF THE BLITZ"
FORTIES NIGHT**

Saturday 23rd November. 19.30pm
Sawtry Air Raid Shelter (community college)
In aid of CARESCO

- ★ *Dance to a live big band*
- ★ *Jive and Lindyhop demo by the Blitz Dancers*
- ★ *Easy guided group dances such as St. Bernard's waltz, gay Gordon's and "strolls"*
- ★ *Games*
- ★ *A 40s singsong*



Bring your own food for an air raid shelter picnic...go for austerity with spam sandwiches or black market style with lobster! Table seating - get together with friends and reserve your own table for ten. Otherwise free seating on the night. Period dress strongly encouraged (if uniform, allied uniforms only.) Prize for best costumes
 Themed Raffle

Tickets £14. On sale in late August... reservations being taken now...
Call CARESCO on 01487 832105 or Maggi Stewart on 01832 293759

PUBLIC NOTICE



Sadly the Sawtry Firework Display is not going ahead this year, due to lack of support over the last few years. Thanks to the members of Sawtry Sports and Leisure Association for all their hard work over the years to provide this event for the local community.

Letters ... 

TELEGRAPH POLES

As the local manager for BT Openreach in Sawtry and surrounding area I have received a serious safety complaint. The local businesses and clubs in Sawtry use the telegraph poles as notice boards, many of them are being badly damaged due to the huge number of staples and drawing pins which let water into the wood and compromise them.

Remember these poles don't just hold up a few wires, they have to support engineers working from harnesses. Many poles are so covered in notices and advertisements that important safety markings, test records and climbing restrictions are concealed. Telegraph poles are part of the utility infrastructure and have to be maintained and kept safe for the engineers that need to climb them in the course of providing an important service to every house.

Residents may have noticed that the poles have recently been stripped of illegal attachments and the village looks much better for it. There is legislation covering 'Unauthorised Attachments' to recover costs of notice removal or pole replacement where the wood has been damaged by those responsible, but I would ask instead that now the village is looking neater, that those groups, businesses and clubs use the official notice boards, Sawtry Eye, local shops and local press for advertising from now on please.

Thank you

D Young

Letters ...

BYE BYE POSTIE

After 29 years working for Royal Mail, the time has come for me to retire. I would like to thank everybody in Sawtry, Upton and Hamerton for being so kind and helpful over the years. You have given me cold drinks in the summer and hot drinks in the winter, you have helped me to change a wheel when I have had a puncture, dug me out of the snow and pushed me off the mud.

Thanks once again, I will miss you all but hope to see you around.

Rosie Armstrong

SAWTRY FEAST SUPPER DANCE

Many thanks to everyone who supported, in any way, the dance on 20th September, which raised £505 for the Feast Supper Fund.

Pam Tuplin

RETIREMENT OF FIRST RESPONDER

It is with a heavy heart that I announce my resignation from the Sawtry Community First Responders. This is a decision I have not taken lightly and I have been very proud to be part of such a great charity working to help the community around us for the past two years. I would like to thank my husband, family and friends who have been very supportive of me personally and also of our group. I would also like to thank each and every one of you for your endless support and generosity and I am sure you will continue to do this in the future.

With Kind Regards,

Anna Wilson

HELPING HAND

My Daughter Zoe and I would like to thank the kind gentleman that came to her aid when she suffered an Epileptic Seizure. She was at the swing park in Green End Road with her young children and some friends. He stayed with her until I arrived and, until she was able to get to her feet. She had bitten her tongue badly and once we had got her to a seat, the gentleman went across the road to the Parish Council for a bucket of water and cleaned the path.

We would also like to thank all of Zoe's friends for the constant help and support! I don't know how we would manage without such wonderful people!

Thank you all

Jan Gillham, Sawtry

Write to Sawtry Eye: 'Letters', CARESCO, Green End Road, Sawtry, Huntingdon, Cambs PE28 5UX

Or email sawtryeye@caresco.org.uk with subject 'Letter for Sawtry Eye'

PLEASE SEE STATEMENT FOR SUBMITTING LETTERS ON PAGE 3

40th  40th

**Congratulations to
Chris & Su Merton
on their**

**Ruby Wedding Anniversary
6th October 2013**

**Love from
Adam, Clare, Grace
& Tyler xxx**

Triathlon Man - Size 48 to 38

On Saturday 27th July local taxi driver Rob Suter took part in the **VIRGIN EXCEL SUPER SPRINT TRIATHLON** raising money for local Sawtry charities CARESCO and the Sawtry Feast Supper.

Rob has lived in Sawtry all his life, and most people know him as 'Taxi Rob' around the village as he works for local firm 5 Star Private Hire. Following health warnings, in 2012 he started a weight loss programme and in 24 weeks Rob lost an amazing 33% of his body weight so he decided he needed a challenge and signed up for the Triathlon.

Though his efforts Rob raised a phenomenal total £1755.50 thanks to everyone who sponsored him and on 17th September he presented a cheque for £1316 to CARESCO at the charity shop and later £440 to the Sawtry Feast Supper committee.

During the presentation Rob said "I would like to thank my wife Wendy my family, friends and all those who supported me on my journey to do the Virgin Excel Super Sprint Triathlon. My times were swim: 0014.01; bike: 0033.42; run: 0027.50. I enjoyed every minute. The final total was thanks to the support of people in Sawtry and surrounding area. As the terminator says 'I'll be back' to do something next year."

A huge thanks and congratulations to Rob for all his hard work and commitment.



Photo: Rob (left) presents his cheque to CARESCO representatives in the charity shop



UPDATE FROM CLLR DARREN TYSOE

District Councillor for Sawtry and Executive Councillor for Environment, Huntingdonshire District Council

Over the summer, I submitted a detailed response to the Draft Local Plan Consultation.

The Local Plan sets out Huntingdonshire District Council's vision for sustainable development in Huntingdonshire up to 2036. In Sawtry, three areas of housing and three employment areas are proposed.

I objected to all three of the proposed housing allocations and two of the three proposed employment areas. I pointed out that the 200+ homes currently under construction on Gidding Road were granted on appeal and additional to the existing Local Plan, hence now contributing towards Huntingdonshire's Strategic Housing needs in this Draft Local Plan. There was no reference to these homes that will increase the pressure on existing facilities and infrastructure. I also stated that the village is exhausting capacity in existing shops, congested local roads, and that the doctor's surgery is full.

Two of the proposed housing allocations were poor quality locations – squeezed in between a visual and noise screen from the A1(M) and established properties. The remaining allocation exacerbates the existing pressure on local amenities, traffic, and flood risk.

The negatives of these housing allocations are significant: the high flood risk for existing homes, with limited mitigation opportunities; loss of green space for visual screening, loss of amenity, and noise reduction, and increased urbanization for a rural village. All three allocations take away green space from the village.

Turning to the employment areas, I stated that the existing employment area off Glatton Road is severely underutilized and visually in a poor state. Its location aggravates the existing local road infrastructure traffic, causing traffic to travel through the village, including the congested High Street and Green End Road.

Two of the employment areas proposed (East of Brookside and Bill Hall Way) are well within the Sawtry village and would involve the creation of unnecessary additional capacity and the loss of green spaces for amenity use and the urbanization of the rural village, changing the character of Sawtry. The existing industrial parks are located just outside the village, yet close to the A1M and the Old North Road. These sites are convenient both for local residents to work and for workers to travel from outside of the village.

Taken together, the creation of three new employment zones is excessive and unnecessary for the needs of the village.

The next stage runs from January to February 2014. This is the formal publication of the draft Local Plan: Representations are sought on the soundness of the Local Plan and legal compliance.

Representations received at this stage are sent on to the Planning Inspectorate for consideration during the examination.

You can contact me on Email: Darren.tysoe@huntingdonshire.gov.uk

Twitter: @darrentysoe or Phone: 01480 388310

LEXIPHIOLOGY*

- To write with a broken pencil is.....pointless
- When fish are in schools, they sometimes.....take debate
- A thief who stole a calendar.....got twelve months
- The batteries were given out.....free of charge
- A dentist and a manicurist got married.....they fought tooth and nail
- A will is a.....dead giveaway
- With her marriage, she got a new name.....and a dress
- A boiled egg is.....hard to beat
- When you've seen one shopping centre.....you've seen a mall
- Police were called to a day care centre where a three-year old was.....resisting a rest
- Did you hear about the fellow whose whole left side was cut off.....he's all right now
- A bicycle can't stand alone.....it is two tired
- When a clock is hungry.....it goes back four seconds
- He had a photographic memory.....which was never developed
- When she saw her first strands of grey hair.....she thought she'd dye.

*=The love of plays on words

Tony Black, Sawtry



Sawtry Car Scheme

Operated by CARESCO
(In partnership with Cambridgeshire County Council)



What is the Sawtry Car Scheme?

Sawtry Car Scheme provides door-to-door transport for people who do not have the use of a car and are unable to use conventional public transport.

Journeys are arranged through the co-ordinator and are provided by volunteers using their own cars. These drivers support the community by giving their time. As the scheme relies on a team of volunteers, there cannot be a guarantee that every request for a lift can be fulfilled.

Who can use the service?

People living in Sawtry and the immediate surrounding area who are unable to make vital journeys by any other means.

What type of journey can you make?

Mainly essential journeys, including but not limited to: appointments at the surgery/hospital, opticians, dentist, picking up prescriptions or shopping. Also visiting friends and relatives in hospital. The scheme is particularly aimed at helping the elderly and disabled to get out and about.

All journeys are at the discretion of the co-ordinator and are dependent upon the availability of drivers. Drivers will wait up to 2 hours, unless in exceptional circumstances.

How much does it cost?

Passengers pay a contribution of 45p per mile (minimum charge of £2.00) each time they use the service which goes towards the cost of their journey. In addition any necessary car parking fees must also be paid by the passenger.

Mileage calculation begins from the driver's home; therefore the cost of a particular journey can vary depending on where the driver lives. The fare is aimed to cover the expenses incurred by the driver, such as petrol costs and some of the wear and tear on the car.

Passengers pay their contribution to the driver on the day of travel, in cash.

How can I arrange a journey?

Call the scheme co-ordinator on the number below to book your journey. If possible, please telephone between 9.00am and 5.00pm (answer phone outside of these hours) and please try to give 48 hours notice if you can.

Emergency journeys will be considered but cannot be guaranteed.

Drivers - We need you!

Do you like helping people? ~ Have a few hours to spare? ~ Hold a clean driving licence?

To help us provide transport for people who are unable to use conventional public transport or to make essential journeys by any other means. You will use your own car and received a mileage allowance for expenses incurred. Additional insurance cover is provided. Please note that a Disclosure & Barring Service check will be needed.

To learn more about the scheme and how it can help you, or if you can assist us to provide this valuable service to local people, please call the co-ordinator on:

07810 476979



TRUSTEES' WEEK 2013
4-10 NOVEMBER

TRUSTEES' WEEK
4TH - 10TH NOVEMBER 2013

Trustees are the people in charge of a charity. They play a vital role, volunteering their time and working together to make important decisions about the charity's work. Trustees' Week is an annual event to showcase the great work that trustees do and highlight opportunities for people from all walks of life to get involved and make a difference.

They may be called trustees, directors, board members, governors or committee members, but they are the people with ultimate responsibility for directing the business of the charity. They are often the unsung heroes, working together to make the decisions that really matter about the charity's finances, activities and plans for the future.

People often become trustees to 'give something back', but there is a two-way benefit; charities benefit from the range of skills and experience that their trustees bring, but trustees can learn and develop new skills that may open up new opportunities for them, as well as meeting people who share their passion.

Could you be a trustee for a charity? Do you have useful skills, ideas or time to offer?

For more information visit <http://www.trusteesweek.org.uk/>



SAWTRY COMMUNITY FIRST RESPONDERS GROUP

Public Sited Defibrillators

It's been a long time coming but we finally have our hands on the public access defibrillator AND the anti vandalism case. This will be fitted to the fire station in the next couple of weeks and we are aiming to have it active very soon. Apologies on the delay of instalment, the weatherproof box which should have taken 3 weeks to be made took 14 weeks!!! But it's here now and we have everything in place to get the machine active as soon as possible.

Awareness Night

We will be holding an awareness evening on Tuesday 29th October. The Sawtry Junior School have very kindly donated the use of the school hall for us to come along show you the equipment, explain how you use it and how to access it in a cardiac arrest situation. It will also give you an opportunity to ask us any questions.

The evening starts at 7.30pm and should run on until 9pm

The Christmas Fayre

This year's Christmas Fayre will be held on Sunday 17th November at One Leisure Sawtry. Doors open at 11am and close at 3pm. This is our 3rd year running this very popular event. It is as big as always and will be packed with lots for all to see and buy. Please do come along and find time to browse the stalls. Thank you in advance to the team at One Leisure Sawtry for all their support and help to run the event.

If you would like a stall please email sawtrycfr@hotmail.co.uk for details.

Big Thank You

We would like to thank everyone who was involved with the charity day held in August at The Bell. The event was organised by family and friends in memory of Simon Costigan. A huge amount of over £600 was raised and donated to the Responders. A heartfelt thank you in particular to Terry, Paul and Charlie. Ruth and Ray and of course Carla and Vince from The Bell.

New Recruits

We are looking for new members to join the Sawtry Responder Group.

If you would like more details please contact Jane on 07885422257 or drop us an email @ sawtrycfr@hotmail.co.uk.

Support CARESCO by recycling your old unwanted computer/laptop Zip Computers in association with CARESCO

Recycling has become a part of our everyday life. Zip Computers in association with CARESCO are now able to offer a recycling program to help support and raise funds for CARESCO, the Sawtry based local charity.

If you have an old, broken or simply unwanted computer, laptop or computer equipment, then recycling through Zip Computers will raise funds for CARESCO. You will also have the added knowledge that your unwanted equipment will not end up misappropriated - there have been a number of nationally documented incidents where old data and personal information have been recovered from computers that have come via local recycling plants.

For each item donated, Zip Computers will pay between £5.00 & £15.00 (price to be agreed at the time). A receipt will be issued that can be given to CARESCO that will then be redeemed by Zip Computers at the end of each month.

All computers will be dismantled; hard drives will be wiped of all data to industry standards. All residue components will then disassembled and melted down in order to retrieve the metal content; any computer that is able to be repaired will be returned to the CARESCO charity shop for resale (minus the trade repair costs).

Zip Computers successfully operated a similar scheme from the London shop to help support the ever growing number of locally based charities.

To arrange for collection, advice or information please contact:-

**Zip Computers 01487 832253 or 07885 280446
CARESCO 01487 832105**

Editor's Note: A big thank you to everyone who has already taken part in this scheme. To date CARESCO has received £95 in donations from Zip Computers.

NEWS FROM SAWTRY LIBRARY

History of London Brick

Talk by former London Brick Employee Andrew Mortlock on **Tuesday 8th October** at 7pm. Tickets cost £1 available from Sawtry Library.

Creepy House Presentation

This summer 82 children joined the Creepy House Reading Challenge, 50 completed the Challenge, reading six books throughout the Summer holidays. They all came along to our presentation on Tuesday 17th September. Local Councillor Simon Bywater and Parish Councillor Mick Rayson helped to present the medals and certificates. Library Staff would also like to thank our Teenager volunteers who were a tremendous help this year.

Well done to all those who took part.

We would like to thank Sawtry Parish Council for sponsoring this event.

Interested in joining a Reading Group

Our resident Reading Group The Sawtry Pagets are looking for new members to join their group. They meet on the first Tuesday of the month in the library. If you are interested in joining this friendly group please come along on Tuesday 1st October at 4pm.

New Children's Reading Group

Are you in Years 3 to 6 and interested in reading? The group will be meeting in **Yaxley Library** on the first Tuesday of every month at 4pm. If you would like to join please come along to the library on Tuesday 1st October.

OPENING HOURS FOR SAWTRY LIBRARY

Monday	CLOSED	
Tuesday	4.00 - 7.00	
Wednesday	9.30 - 12.30;	2.00 - 5.00
Thursday	CLOSED	
Friday	2.00 - 5.00	
Saturday	9.30 - 12.30	



To renew Books: 0345 045 5225; to renew or request books www.cambridgeshire.gov.uk/library

Pam Goodwin

FIREWORK ADVICE FOR PET OWNERS

Fireworks commonly cause stress and worry to pets, as well as to their owners trying to ensure the well being of them. So here's our guide to help you and your furry friends prepare for firework festivities.



- Your pet is likely to feel safer if you're around so don't leave them alone
- It's important to keep pets inside once the fireworks start, so plan ahead and make sure any exercise and toileting is out of the way in good time
- Allow enough time for natural products available from your vets such as DAP sprays, diffusers and collars, or medicines, to take effect (you may need to plan for this weeks in advance)
- Keep your garden gate and doors shut, and make sure your pet is microchipped and wearing their collar and tag just in case they bolt in fear and escape
- Don't over fuss, this may indicate to them that there is indeed something to be frightened of
- Close the curtains and turn up the TV or radio nice and loud
- Make sure there's a cosy place where your pet can hide and feel secure. Often dogs will appreciate a den created under the kitchen table, a blanket on the floor behind the sofa or if they are crate trained, their crate
- Distract pets with their favourite game, toy or a treat just before and during fireworks
- It's important not to punish any signs of stress or fear and remember to stay calm yourself

Unfortunately firework parties are not confined to one evening and depending on your location it can be an on going problem at this time of year. If you would like any advice, then please ask a member of staff at your local Vets who will be happy to offer further guidance.

Article supplied by VetSavers Sawtry



CAN YOU HELP?

As the time draws near once again for the CARESCO AGM and annual public meeting, we are looking for some extra people willing to become trustees and share the workload of overseeing our charity. Over the past few years CARESCO has made a number of significant changes to the way we organise ourselves, all behind the scenes, to strengthen CARESCO and to help ensure its future security so that we can continue to provide our much valued services to the local community. This has only been possible because a number of individuals with the right combination of knowledge, skills and time were prepared to do the necessary hard work and make it happen.

Our management committee meets one evening every other month, with small working parties getting together in between to move things forward. Our new charity shop is one example of team work and perseverance and we are grateful to everyone who gave their time so willingly to make it happen.

Whatever your skills, we can find a role for you, we just need people who are willing to get involved and to give their time where and when needed.

To find out more about what is involved, please contact the CARESCO office on 01487 832105, email office@caresco.org.uk or call into the CARESCO Centre during office hours (9-12 noon, weekdays).

SAWTRY SHOW 2013

Trophy winners:

Overall Adult Winner	Gaye Fox
Overall Junior Winner	Victoria Warren
Vegetables and Fruit	Doreen Perry
Cookery and Preserves	Rachael Blundell
Wines and Beers	Gaye Fox
Photography	John Boardman
Arts and Crafts	Phyllis Robinson



Special Awards were made to the next highest-scoring competitors who had not previously won any Trophy:

Cookery and Preserves	Sam England
Arts and Crafts	Jade Smythers

What a day!

More entries than ever, more volunteer helpers, more of you coming in the afternoon to look round.

Thank you for your support, whether it be as a competitor, helper, sponsor, or visitor.

Thanks to the College, to those who donated raffle prizes, and to anyone else I have missed out.

We are so grateful for all the help we received, and the success of this year's Show will take us forward to the planning of next year's which will be the 10th.

If you have any comments, ideas, or suggestions for classes, please let us know. There will be a meeting at the Old School Hall on Thursday 7th November at 7.30pm. Please come along if you would like to be involved.

The organisation of the Show takes a lot of time and effort, and I would like to record my thanks to the 2013 dedicated, hardworking committee.

Dick Tuplin (Chairman)



SAWTRY CHORALE

www.sawtrychorale.co.uk

Summer is now over and the choir has completed an autumn concert in Alconbury Church. The concert featured guest soloists Paul Dunn and Rebecca Rickwood on piano, a Flute Choir and a Recorder Group as well as Sawtry Chorale and our soloists, Rosalie Jackson and Brian Williamson. Profits went to Project 21, an extensive building and renovation project for the church.

We have lost one long-term member who moved away from the area. She has written to say that she missed singing with us but has joined another choir where she lives. We are pleased to have welcomed a new tenor and 2 returning members this term.

We are now practising hard for our Christmas concerts. Three have been agreed but details have yet to be finalised. Look out for more information in Sawtry Eye, the local press and on our website.

Hazel Rea

WELLSIDE SURGERY NEWS



Flu Clinic 2013

Our Flu Clinic for this year will be held on Saturday 5th October pending any further notifications of changes to our delivery dates. Should it be necessary to alter the date we will publicise this within the surgery and on our website.

Patients falling within the following at risk categories will be entitled to the vaccination:

- Aged 65 or above
- Chronic respiratory disease or asthma which requires continuous or repeated use of inhaled or systemic steroids
- Chronic heart disease
- Chronic renal disease
- Chronic liver disease
- Chronic neurological disease
- Diabetes
- Patients who are immunosuppressed
- Patients who are at any stage of pregnancy
- If you receive a carer's allowance, or if you are the main carer for an elderly or disabled person whose welfare would be at risk if you were taken ill

Surnames beginning with	Please Attend
T-Z	9am - 9.45am
N-S	9.45am - 10.30am
G-M	10.30am - 11.15am
A-F	11.15am - 12pm

Flu vaccination appointments with our Practice Nursing Team will be available as of Monday 21st October for patients who are unable to attend the flu clinic. If you wish to book one of these appointments please contact our Reception Team on 01487 830340.

This year we will also be participating in the national programme to offer the flu vaccination to all children who were aged 2 or 3 on 1st September 2013. We will be writing to invite this group of patients to attend in due course.

Change of Computer System

Our new computer system will be introduced week commencing Monday 28th October 2013. We will try to ensure that this transition period is as smooth as possible from a patient perspective but there are likely to be some days during this week that we will be providing emergency appointments only. Please bear with us during this time.

Online Services:

There will be no impact on the ability to request repeat prescriptions online as this service is provided via our practice website.

Patients using our online booking facility will find that there will be no availability for booking appointments for 30th October or beyond. Patients will need to re-register to use our new online appointment service and we will publicise details of how to do this in due course.

MMR Vaccinations - Update

A national MMR "catch up" programme is now underway in response to the fact that outbreaks of measles within the country are significantly increasing.

As part of this programme we have invited patients born between 01.01.97 and 31.12.03 to attend for vaccination if their records indicate that they have not previously had any MMR vaccinations. If your child has previously had single vaccines it is still recommended to have 2 full MMRs for full protection against measles and we will be inviting patients who fall into this category in due course. In the meantime, if you are aware that your child has only had one previous MMR you are welcome to call us to book an appointment for the 2nd dose.

We are also able to provide the vaccination to any patient born on or before 31.12.98 who has not previously been vaccinated or acquired natural immunity during their life time, particularly those under the age of 30 who are unlikely to have acquired natural immunity. Patients in this group should contact our reception team and make an appointment to see one of our practice nurses.

Mrs Claire Wright, Practice Manager

Wellside Surgery, Sawtry, Tel: 01487 830340

AN EYE ON NATURE

Britain's favourite animal is in trouble. The once familiar sight of a hedgehog running across a lawn like a small clockwork spiny ball is fast disappearing. Hedgehog numbers have dropped from 30 million in the 1950s to just 1.5 million by 1995 and numbers are still dropping. There are many factors contributing to their decline, but we can all do something about it and give this much loved creature a helping hand.

It will not have escaped most people's attention that our weather is very unpredictable; too wet, too dry, too hot or too cold. We all love talking about it but imagine you are a small mammal relying on stable weather patterns to feed, bring up a family, then hibernate.

It could be argued that hedgehogs are not important and if there are less around then so what? Hedgehogs are though very beneficial especially to gardeners and allotment holders. They eat all manner of pest species including snails, slugs and various grubs, beetles and other insects.

So, what can we do to help the plight of this urchin? Chemical slug pellets (especially the blue ones) are poisonous to hedgehogs, but finding an alternative, less toxic way of keeping slugs at bay will help.

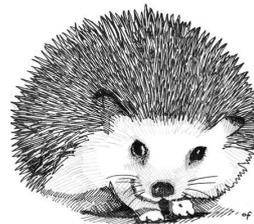
Our garden fences are a barrier too. So make a small opening or tunnel to allow the local hedgehogs free access to all the gardens in your neighbourhood. This will increase their available foraging area. Keeping an area a bit more wild in your garden will help so they have somewhere to sleep during the day. My hedgehogs enjoy a bowl of water always kept full. Build a home out of sticks, logs and leaves. This will also do as a hibernation site.

Feeding hedgehogs is becoming more popular but please do not feed them milk soaked bread, it is bad for them, much better to give them dog food or cat food. In autumn feeding hedgehogs can be a life saver, enabling them to make enough fat reserves to get them through winter hibernation.

If by late autumn you do find hedgehogs roaming around in daylight and they look a bit small, collect them up in a box and take them to a wildlife centre where they will be cared for during the winter. Small hedgehogs cannot hibernate because their fat reserves are just not good enough. Please consider a donation if you do take your underweight friend to a centre as it will need to be fed all winter.

Useful contact details:

- www.britishhedgehogs.org.uk
- Cambridgeshire Wildlife Care, Haddenham 07977320320
www.cambswildlifecare.org.uk
- Shepreth Hedgehog Hospital 07505651968 (Tasha)
tashaennew@googlemail.com



Finally, make a last minute check on the Guy Fawkes Night bonfire so only potatoes get baked and not a hibernating hedgehog!

Martin Baker

For more information on our local wildlife, contact the Wildlife Trust – phone 01954 713543 or visit www.wildlifebcn.org

SAWTRY HISTORY SOCIETY

Whitehall, (for the older readers not Whitehall 1212!) Coppingford was the subject of a talk and slide show on the 19th September by Alan Bottell, Chairman of the History Society.

It is believed to have been built in 1840 for the Cavendish family. Charles Compton Cavendish was the 1st Baron Chesham from 1793-1863. During the 1st World War it was used as a Voluntary Aid Detachment (VAD) hospital. James McWilliams MM, wrote home from the hospital, coincidentally to Huntingdon, Canada.

In 1924 the property was brought by 'Major' Richard Fitton who lived there with his wife and 3 children. The family came from Lancashire and were owners of cotton mills. A local girl called Audrey (later Audrey Wright) started her working career at the age of 14/15yrs as a housemaid. Her duties being hand written by Mrs Fitton. Mr & Mrs Fitton divorced in the 1960s, Mr Fitton died in 1970 leaving the house to the 2 sons, one of whom later moved into the stable bungalow. The property was eventually bought by the Whitfield Group direct from liquidators and let to the Supreme Concrete Ltd in 1999, who have maintained the house which still has several original features. The history of the house is extensive, hunting, shooting, riding and tea parties are just a few of the activities that took place there.

Our next meeting is on the 17th October, a talk by Phil Hill on Archaeology of Sawtry, he is hoping to have a display of items found locally.

Contact 01487 830054



NEARLY NEW

Although our Charity Shop is now open on a Friday, Nearly New is back and ready to do business!

The Nearly New Agency is open on a Friday morning, from 9-11.30am in the CARESCO Centre alongside the Coffee Shop.

We have women's and children's clothing, toys and household items and we work as an agency to sell goods on behalf of our customers. We split the sale price 60/40. 60% is given back to the customer and the remaining 40% is donated into the CARESCO funds. For every £1 your items sell for, you receive 60p. Monies are cashed up weekly and can be collected the following Friday.

We are always looking for more customers - both to come in and buy and to sell items for. You can buy without selling and sell without buying or do both!!!

No appointments are needed to bring anything in, just turn up. Lots of lovely bargains to be had as well as tea/coffee and homemade cake from the Coffee Shop.

The only criteria we have is that you bring in only 5 or 6 items per week (per customer to make it fair) and that items must be in a Nearly New condition. If you think you would buy the item yourselves, then please bring them in for us to sell!

Please pop in during opening hours and we give you all the information you need or contact us at nearlynew@caresco.org.uk.

Hope to see you all soon

Nicole, Gill, Clair and Doreen

THE ROYAL BRITISH LEGION – SAWTRY BRANCH

Now is the time we begin to think of Remembrance Sunday and the Royal British Legion Poppy Appeal. Our Poppy Appeal Organiser Allan Fowler is still in need of collectors, particularly for the main street of Old Weston, and in Sawtry, Newton Road and all roads off. This is due to the fact that we have lost a number of collectors in the last 12 months, some unfortunately are no longer with us and others are unable to undertake the task this year for health reasons. If you can help, ie, many hands make light work, please contact Allan on 01487 830806.

For those people who watch the Service from the Royal Albert Hall on Saturday night there will be a local connection, keep your eye out for the Sawtry Standard being carried by Graham Chandler one of our two Standard Bearers. Both he and Billy Corner will be sharing duties on Remembrance Sunday as we attend six services on that day. Woodwalton – 9.30am; Sawtry - leave The Green 10.30am, Service at the memorial 10.50am; Sawtry St. Andrew's Cemetery 2.00pm; Conington 2.30pm; Holme Village 3.10pm at The Memorial; and finally Winwick Church at 5pm.

This is now a very active branch, but through members passing away we struggle to grow the branch. At this moment about two thirds are ex military and one third those who have never served. Bearing in mind our location, military establishments close by, there must be many ex-service personnel within the area who are not members but who will be able to take advantage of Legion benefits should they need to, now or in the future. PLEASE CONSIDER JOINING. The Legion refers to it as comradeship, a strength within the military world. For non-military personnel, YOU CAN ALSO JOIN.

I know many support Help For Heroes, there is a need for both organisations. Help For Heroes raises funds for major projects like recovery and rehabilitation centres (major one off expenditures). What you may not be aware of is that the British Legion make multi-million pound commitments to the running and manning costs of these establishments, over and above the welfare they provide for all ex-service personnel and their families. Welfare provided to those who are in need, which includes service families, is currently in excess of £700,000 per month. Perhaps you will understand why The Royal British Legion still needs your active support, both now and in the future.

PLEASE JOIN THE ROYAL BRITISH LEGION. Our AGM is on Monday 4th November.

Latest event, not organised by us but including our participation, is the Holme 40s Weekend, in Holme village, on 5th & 6th October - See front page for details

Tony Nickerson

(Branch Chairman-Sawtry & District Royal British Legion)



ANNUAL PUBLIC MEETING
Of CARESCO Ltd On Thursday 7th November Starting at 7.30pm
In the CARESCO Centre

LOOKING FOR CHILDREN'S ACTIVITIES THIS OCTOBER HALF TERM?



Why not book your children into some of the activities being held at One Leisure Sawtry?

Dare you join the Captain for some swashbuckling pirate fun and games? Come along on Monday 28th October and make your own pirate hats, cutlasses and eye patches and join in with some pirate fun and games, "Ooh arr, me hearties"!

Ever dreamed of being a mystical fairy or princess? On Tuesday 29th October there will be a 'Fairies and Princesses' workshop, led by an experienced dance tutor that involves dancing, ballet moves and other activities.

Hide the bamboo! On Wednesday 30th October come and build your very own Panda bear.

The spooky fun begins on Thursday 31st of October. Get creative with our spooky crafts and ghoulish creations at the Halloween Arts and Crafts session.

Like things chocolaty? On Friday 1st November we have just the thing for you, it's 'Death by Chocolate', a fun session involving melting, cooking, modeling and decorating chocolate.

On Friday 1st you can also come along and bring your favourite teddy bear to have a picnic and enjoy some games with our very own parachute.

Some of the sessions have ages restrictions and limited spaces so booking is advisable to avoid disappointment, this can be done at One Leisure Sawtry or by calling 01480 387800.

LIFEGUARD OPPORTUNITIES AT ONE LEISURE SAWTRY

Thinking of a career in the leisure industry or just want to earn some extra cash? They have the answer at One Leisure Sawtry.

From Monday 28th October to Friday 1st November with examinations on Saturday 2nd and Sunday 3rd November, they will be holding a National Pool Lifeguard Qualification (NPLQ).

This course is a recognised lifeguard qualification and the centre are currently seeking lifeguards to join their team at Sawtry. The current rate of pay for a lifeguard is £7.20 per hour (inclusive of holiday entitlement).

The NPLQ course is £225 but funding may be available for some 16+ year olds (please enquire when booking).

A swim test will be arranged prior to the course taking place.

**For more information and to book a place please call
One Leisure Sawtry on 01480 387800.**



DAY CENTRE NEWS

It seems that all of a sudden the Autumn is upon us and after a lovely hot summer the cold weather has reared its ugly head, but we are not downhearted as a warm welcome is extended to all our members and those who wish to join us, there is always room for more members and all you have to do is to drop into the Day Centre and make yourself known to us (the kettle is always on.)

Our members are all fit and well and our membership appears to be growing as the need for our kind of establishment grows. Our trip to Wareseley Garden Centre was well attended and the members enjoyed the day and after a nice lunch they had time for a bit of shopping.

We are in the process of arranging our Christmas outing plus our trip to Morrison's which this year is probably going to be at Cambourne. Pam Tuplin came one Thursday to entertain us with funny stories and a few tunes on her keyboard, all of the members thoroughly enjoyed a good old sing song and she is coming back for a return visit on 7th November. Alan Bottell is paying us a return visit to give a talk on local history of the area.

We have an Elvis impersonator on 9th October which we are all looking forward to, a bit of rock and roll is good for the soul so we should be rocking all afternoon.

We were delighted to receive a second bequest in memory of Fran Newton, long time friend of the Day Centre, which will be used to subsidise the cost of one of our outings. Our thanks to her family.

We are having a very good year our membership continues to raise and with the continued help of all our volunteers (to whom we are eternally grateful) Day Centre will continue to thrive.

That's all for now

You can find us at the CARESCO Centre on Wednesdays and Thursdays from 9.30am until 2.30pm, email us at daycentre@caresco.org.uk or call the office on 01487 832105

Gill Robinson, Deputy Manager, Sawtry Day Centre

Going Green

Buying the right clothes can be a nightmare in itself, but it is also a moral dilemma. What are the best choices for the environment and also for other people in the supply chain?

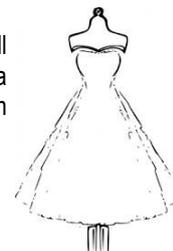
The high street is full of shops willing to sell cheap fashion to us which will be out of favour and falling apart by the end of the season. There's got to be an argument for buying fewer better quality items that'll last longer, using less resources and causing less waste.

Then there's the price tag too. Have you noticed how we're often willing to spend a fortune on a wedding outfit that we only wear once or twice but resist paying a lot on a t-shirt or jeans that will be worn endlessly until they disintegrate? If we worked out how much each wear has cost, it wouldn't make any sense. Surely we should find a bargain for that posh occasion and buy a decent brand of well-made clothes for our day-to-day wear.

I've often heard it suggested that we should buy a few good quality basics for our wardrobes and then provide colour and variation through a few more temporary items. A good pair of expensive shoes worn daily for several years could be considered a worthwhile and sensible buy, while that bargain pair of cheap sandals which don't survive the summer could truly be called a false economy. If we can buy sensibly items that will last, we will throw away worn out rags less often.

Bearing in mind that clothing which costs us little in the shop must have been produced by people who have been paid next to nothing and suddenly that £1 t-shirt loses its attraction. The collapse of the factory building in Dhaka, Bangladesh back in April killing over 1000 garment workers has brought the plight of many to our screens in recent months and hopefully made us all more aware of the suffering of others that goes into providing us with high street fashion.

Charity shops of course make it all a whole lot simpler. There we can find bargains, save money and still buy a few choice items as basics while supporting a good cause. Someone else's mistake, donated to a worthy cause will become another's treasured find. A certain young lady I know has just found her prom dress in a charity shop for a tenth of the price that some of her contemporaries will be persuading their parents to spend on a gown that will only be worn once. She will look stunning on the big day and yet her parents haven't had to take out a second mortgage to fund it!



Eco Apprentice

CHRISTMAS TREE FESTIVAL

All Saints' Church is planning to hold a Christmas Tree Festival in Church this year to welcome Advent and the run up to Christmas.

We are inviting all the many organisations in Sawtry to take part- think of a Christmas theme and title for your tree and get creative - you can use any form of tree (but no higher than 3ft/90cms) and we welcome the creatively wonderful - so make your own entirely if you wish-it's up to you! Good use for the recycling?!



The trees will be on display over the weekend from 29th November to 1st December and everyone is invited to come along and see them. Entry will be free, and, should you wish, you might like to make a donation in appreciation of the imagination and creativity of those taking part; all donations will be given to the Salvation Army who do such wonderful work all year through and especially at Christmas helping those who might need it.

For further details or an application form, please contact:

Sue: tortoise46uk@yahoo.co.uk or Tel: 01487 831055

Look out for the posters and be sure to come along enjoy a pre-Christmas Tree Festival!

A TIME FOR MEMORIES

CHRISTIANS TOGETHER IN SAWTRY
will hold their annual service of commemoration and thanksgiving,
to remember loved ones who have died, on

SUNDAY 3rd November
at 4 p.m.

at the METHODIST CHURCH

All are welcome to this simple but moving service,
followed by time to chat with understanding friends over a cup of tea.

ADVENTURE AND DISCOVERY!

All Saints' Church will be launching a new youth group for 7-11 year olds – "Discoverers" - towards end October, so it seemed a good time to let Sawtry know what else is available for children and young people at All Saints'.

For the last 3 years we have run an after school group – "Adventurers" - for 5 to 7 year olds at Sawtry Infant School. This happens once a month – normally on a Tuesday – and aims to share the Christian story and Jesus' teaching with children through play, games, stories, songs and making!

The idea of a mid-week session came about because we wanted to extend children's Sunday activities to reach more children.

Our Sunday worship for children (4-11 year olds) happens at 48 Newton Road (my place) twice a month. We explore Bible stories and offer prayer using songs, games and activities including baking, painting and every kind of craft you can think of! This group meets at 10:15am and at 11:15 we go round the corner to All Saints Church to join the rest of our congregation for the end of Sunday worship. We also encourage our children to take an active part in our all age worship service which is the first Sunday every month.

In church we have a lending library of children's books and Bible stories so please make use of that. All Saints' is open on Saturday afternoon's from 2pm for people to just drop in for a chat or cuppa so it's an ideal time to bring your child and have a browse at our books.

In January 14 we hope to revive our "Seekers" group for young people aged 11 and upwards – but more of that later.

So if you have a child aged 4- 11 who maybe wonders about God, the world, their place in it and that funny building with a pointy bit on top - give us a go.

For more information contact Revd Rosie Ward or me, Ali Scott on 832478

REMEMBRANCE

The Sawtry and District Branch of the Royal British Legion remember the fallen throughout the year. In October and November we particularly remember:

OCTOBER

Lance Sergeant John William BINGHAM	29 October 1914	Holme
Private George Thomas HALL	18 October 1916	Conington
Private George Christopher BABBAGE	25 October 1916	Great Gidding
Lance Corporal John Robert ALLAN	31 October 1916	Sawtry
Private Percy WOODS	31 October 1916	Sawtry
Private Jim QUINCEY	2 October 1917	Holme
Private Arthur George COLES	9 October 1917	Hamerton
Private Christopher HARRISON	19 October 1917	Conington
Private Jesse WRIGHT	31 October 1917	Conington
Corporal George SYMONDS	8 October 1918	Holme
Private William HARRIS	21 October 1918	Holme
Private George Arthur GINNS	24 October 1918	Sawtry
Pilot Officer Henry John Hamley JONES	21 October 1943	Great Gidding

NOVEMBER

Rifleman Herbert SHARPE	14 November 1914	Holme
Private George Henry BOWLAND	14 November 1916	Sawtry
Private Herbert PARKER	3 November 1917	Sawtry
Private James JACKSON	22 November 1917	Sawtry
Private Walter James TURNER	8 November 1918	Old Weston
Lance Corporal Dennis Montague PETERS	9 November 1942	Sawtry
Lance Corporal James Walter QUICK	14 November 1942	Glatton
Private Leslie Benjamin FAVELL	1/2 November 1944	Old Weston

They shall grow not old as we that are left grow old
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We will remember them.

St Benedict's Catholic Community, Sawtry

Sunday Mass: 9.15am

Women's Institute Hall, Gidding Road, Sawtry.

There is a House Mass on the last Wednesday of each month and a weekly Prayer Group.

For further details of these and for any other enquiries,
please contact Ann Morris, 01487 832143

We are served by the Roman Catholic Parish of St Luke's
26 Benyon Grove, Orton Malborne, Peterborough, PE2 5XS

Parish Priest: Fr John Minh

01733 370877 Email: saintlukesparish@yahoo.co.uk

Website: www.saintlukesparish.org.uk

ALL SAINTS' PARISH CHURCH

Church Causeway, Sawtry

SERVICES

October	6 th	8.00 am	Holy Communion (BCP)
		10.30 am	Harvest Festival for All Ages
	13 th	10.30 am	Holy Communion
	20 th	10.30 am	Morning Prayer
	27 th	10.30 am	Holy Communion
November	3 rd	8.00 am	Holy Communion (BCP)
		10.30 am	All Age Worship for All Saints
	10 th	<u>10.50 am</u>	United Remembrance Sunday Parade Service
	17 th	10.30 am	Morning Prayer
	24 th	10.30 am	Holy Communion

HARVEST FESTIVAL

Our Harvest Festival service is on 6th October at 10.30am. We can't take our harvest for granted, so come and thank God for the food he provides. Please bring a harvest offering suitable for donation to Peterborough Streets, a charity which caters for the homeless, poor and socially excluded. Harvest Supper is on 12th October, 7.30pm at the WI Hall, Gidding Road. Tickets £5.

SUNDAY CLUB, ADVENTURERS AND DISCOVERERS

The Sunday Club will meet at 10.15am on 13th and 20th October, 17th and 24th November at the home of Alison Scott (48 Newton Road). After school Adventurers Club (for Years 1 and 2) will meet at the Sawtry Infant School on Tuesdays 15th October and 12th November, 3.00 - 4.30 pm. Our new Discoverers group for Junior School years 3-6 will meet for the first time at All Saints Church on Friday 25th October, 6-7.30pm. For more info on any of these groups, contact Ali Scott on 07506411507 or 832478.

SATURDAY OPENING

The Church is open every Saturday from 2.00 to 4.00 pm. Do come along for some quiet space or a cup of tea and a chat - a warm welcome awaits you.

WINTER FAYRE

We are holding our Winter Fayre on Saturday 9th November, 10.30am-12.30pm, at All Saints. Lots of stalls, and refreshments will be served. We look forward to seeing you.

FOR FURTHER DETAILS CONTACT THE RECTOR

Contact Rector Rosie on (01487) 830215 or wardrosie@btinternet.com with any general enquiries or enquiries about baptisms or weddings, if you would like a visit, you have any questions about the Christian faith, or would like to have prayers said for anyone.

www.sawtryallsaintschurch.co.uk



Do you enjoy Singing?



Then why don't you think of joining the choir at All Saints' Church Sawtry

OPEN to boys, girls, men and women age 7+ (no upper age limit)

NO Audition **NO** previous singing experience needed, Choir robes provided

REHEARSALS are Tuesday evenings in term time 7 to 8.30pm at All Saints' Church

We ask for a regular commitment to sing at weekly Sunday services.

The choir also provides music for special occasions such as weddings

Please contact Choir Leader Helen Reece on 01487 830295

ST NICHOLAS PARISH CHURCH

CHURCH ROAD, GLATTON

SUNDAY SERVICES

October

6 th	9.00am	Morning Prayer (BCP)
13 th	9.00am	Holy Communion
17 th	10.00am	Holy Communion (BCP)
20 th	9.00am	Holy Communion
27 th	9.00am	Holy Communion

November

3 rd	9.00am	Morning Prayer (BCP)
10 th	9.00am	Holy Communion
17 th	9.00am	Holy Communion
21 st	10.00am	Holy Communion (BCP)
24 th	9.00am	Holy Communion

Cheese and Wine

On Saturday 26th October at 7.30pm St Nicholas will be holding a Cheese and Wine evening in the Village Hall. Tickets at £8 are available from PCC members. All proceeds will go to the Chancel roof replacement.

Christmas Fayre

The annual St Nicholas Christmas Fayre will be on Saturday 23rd November from 2-4pm in the Village Hall. A good time to start the Christmas shopping. All Proceeds will go to the Chancel roof replacement.

FOR FURTHER DETAILS RING THE RECTOR:

Please phone Rector Rosie on (01487) 830215 with any general enquiries or notices you would like included, or if you wish to have prayers said for anyone.

Glatton website for more information.

Glattonparish.wordpress.com

SAWTRY METHODIST CHURCH

Green End Road, Sawtry
Rev Katy Dunn Tel 01480 830314

Sunday Services
 Morning Worship at 10.30am
 Sunday School at 10.30am

Special Services

All Age Worship
 20th October – 10.30am
 Led by Rev Pam Siddall

Remembrance Day
 10th November – 10.45am
 United at All Saints Church

All Age Worship
 17th November – 10.30am
 Led by John Bridge

Come and join us

Monday United Fellowship

Alternate Mondays starting at 2.30pm
 Open to all
 7th & 21st October, 4th & 18th November

Saturday Coffee Mornings

9.30 – 11 am
 including Cake Stall

****Special****

Saturday 16th November

Coffee Morning and Mini Market

All proceeds towards the building fund

RSPB - NATURE ON YOUR DOORSTEP – GET INVOLVED

Have you ever seen a skylark, turtle dove, or brown hare? Did you know local farmers are helping wildlife on their doorstep? It's true, a group of local farmers between Peterborough and Wisbech have joined together to form the Thorney Farmland Bird Friendly Zone to help wildlife and they want you to come find out more!

These farmers haven't given up their day job to do this. They are working with the RSPB to farm more sensitively, giving Nature a home whilst still producing crops. Janet Herbert, one of the farmers involved in the project, sums up how it makes her feel to be part of the project: "It really melts the heart to watch flocks of little songbirds cheerfully playing over a field of wild bird seed mix, searching out seeds and insects. Undertaking stewardship as an individual farmer is certainly rewarding, but to also be part of the Thorney Farmland Bird Friendly Zone is even more fantastic because working together the benefits to birds and wildlife are increased enormously."

Many farmland birds have declined at a worrying rate. We've lost over half of our skylarks since 1970, whilst turtle doves are likely to disappear from the UK by 2020 if we don't help them. By creating wildlife habitat like wild bird cover and beetle banks, the farmers have not only been supporting these birds, but also many other farmland creatures including bees, butterflies, hares, hoverflies and water voles.

Fens Futurescape Community Engagement Officer, Jane Andrews-Gauvain, says "Can you imagine if you couldn't enjoy your orange juice, jam, or honey? This is what would happen if bees and other pollinators weren't around to pollinate flowers. It would cost £1.8bn a year for farmers to replace the pollination service bees provide for free. We wouldn't even have our basic tomato and Mozzarella toppings for a pizza – so the work of the farmers really is important– come and see for yourself!"

Thanks to these farmers' work and support, the RSPB is offering opportunities for all ages and abilities to come and discover how farmers are helping wildlife on their farms. Between October 2013 and January 2014 there will be chances for you to join in on a nature walk, spot some farmland species, enjoy a spooky Halloween trail and/or learn how to help wildlife on your own doorstep.

So, go on spread the word! To find out more please call the RSPB on 01954 233260, or email Jane.Andrews-Gauvain@rspb.org.uk



GIVE YOUR UNWANTED TEXTILES A HOME

Textiles make up about three per cent of the weight of a household bin. At least half of the textiles we throw away can be recycled, however the proportion of textile waste reused or recycled annually in the UK is only around a quarter. By reusing and recycling textiles you will help to reduce the amount of this rubbish ending up in landfill.

Textiles include curtains, bedding, towels, handbags, cloths as well as clothes and shoes, all of which can be reused or recycled into other useful products.

Many textiles that are in good condition can be reused or recycled in many ways, but unfortunately NOT through Huntingdonshire District Council's kerbside recycling scheme, so here are a few ways in which you can dispose of your unwanted textiles.

- Take good quality, clean sellable textiles to a local charity shop.
- Put them in a textile bank which you will find sited throughout the district. Try and make sure clothes are clean and dry before you donate them and tie shoes together. Your parish council receives money for every ton of textiles that are recycled within your local bank. This money will then be used within your community, so we encourage you to use these sites to benefit all. Find your nearest place to recycle your unwanted textiles at www.huntingdonshire.gov.uk/recyclingcentres
- Charities also make door-to-door collections. Keep an eye out for those plastic sacks coming through your letterbox.
- As with any materials, reusing within your home has many benefits. Discarded sheets and holey t-shirts make excellent cleaning cloths and dusters. Old clothes, such as jeans can be turned in to fashionable accessories such as handbags or cushion covers. Let your creative side come out and customise it to make something that is unique.

Hold your own Swishing Party. Gather your friends together to swap those gorgeous clothes and have fun at the same time. More information visit www.swishing.org

ENJOY GUILT FREE CAKE WITH NEW CHARITY APPEAL

People in Cambridgeshire are being encouraged to raise funds to support disabled people in their local community – by eating cake.

It's all part of disability charity Papworth Trust's new fundraising appeal, care for cake. The Trust is looking for cake lovers to host or take part in their own cake themed fundraising event during National Cake Week (7-13 October 2013).

All proceeds raised through care for cake will help Papworth Trust to offer essential care and support to disabled people in the local community. For example, youth clubs for disabled young people to make new friends and have fun, and learning and leisure centres that support disabled people to learn important life and work skills.

"I'd like to encourage anyone who loves baking or eating cake to take part in care for cake," said Papworth Trust's Fundraising Manager Annette Angell.

"All proceeds you raise will go towards supporting our services, which provide essential care and support to older and disabled people. It's a guilt free way to indulge in eating cake! By fundraising for Papworth Trust you will be helping us to care for more people in your local community."

"What kind of fundraising event you hold is completely up to you. It can be as silly, creative or simple as you like – anything from a cake sale, bake off, raffle, or even a vintage tea party."

"You will find all the information that you need to start organising your event on our website at www.papworth.org.uk/careforcake. And don't forget to share the details of your event, along with any delicious recipes or baking tips, on our Facebook and Twitter pages."

To find out more about care for cake, or to download a free fundraising pack (which includes an invitation poster and information leaflet), please go to: www.papworth.org.uk/careforcake



Bedfordshire
Cambridgeshire
Northamptonshire

Huntingdonshire
Local Group

Kingfishers

Wednesday 9th October

at 7.30pm at Brampton Memorial Hall, Thrapston Road, Brampton.

These beautiful bank-nesting birds are well known to the public, but are seen only rarely. They are protected under Schedule 1 of the Wildlife and Countryside Act 1981. This week we are lucky enough to host Jeff Harrison, who has been studying, monitoring and photographing Kingfishers at their nest sites for many years. Jeff is licensed by Natural England and the BTO and this has enabled him to get close enough to observe those behaviors that remain a mystery to many of us.

Anyone interested in wildlife is most welcome to attend. Suggested donation: £2.00 members; £2.50 non-members. Please visit the web site for more information or contact Phil on 01487 822835.

Part of the Wildlife Trust for Bedfordshire, Cambridgeshire and Northamptonshire. Registered Charity No: 1000412

COTTON ON TO FAIRTRADE

For an estimated 100 million rural households in 70 countries the primary source of income comes from producing cotton. Many of these households include small-scale farmers and most of the world's cotton, around two thirds, is produced in the developing world. In fact, cotton makes up 40% of West Africa's export income but because of cheap, subsidised cotton from the USA dumped on world markets, farmers are finding it increasingly difficult to make a living because of the unstable world prices for cotton.



Fairtrade certified cotton farmers are paid a guaranteed minimum price for their cotton crop, enough to cover the sustainable costs of production. The Fairtrade system gives them a greater security through advance payments available on request, long-term relationships with buyers and democratically run co-operatives strengthening the position of each, individual farmer. Fairtrade farmers also meet certain environmental standards to better protect the land, water and soil they rely on for next year's harvest. Lastly, they receive – the Fairtrade premium – to invest in the projects they know their business or community needs most. Decisions on how the premium is spent are made democratically. So, be it a school, health centre, new seeds, investing in organic farming or a well, the decision is theirs.

For more information on Fairtrade and the cotton farmers visit the Fairtrade Foundation's website at www.fairtrade.org.uk

IS RENEWABLE ENERGY FOR YOU?



Cambridgeshire
County Council

As solar panels become a common sight around our neighbourhoods, you may be wondering what options are available to you to save or even generate your own energy but it can be daunting knowing where to start.

At Trading Standards we want to help you find a trader you can trust and make sure you know what you can expect of these businesses.

When considering the options available to you, the Energy Saving Trust (www.energysavingtrust.org.uk) is a good place to start. They are an independent organisation that provides free, expert advice on saving energy in your home. Their website contains extensive information, and they also have a helpline which can be contacted on 0300 1231234 (national rate).

In terms of funding any improvements, if you aren't able to pay for them up front, you could consider the Government's Green Deal Scheme (www.gov.uk/green-deal-energy-saving-measures) which allows for repayment over a period of time through your energy bills. As with any finance arrangement, make sure you know how much you will have to repay in total, what the monthly charges will be, and check the interest rate is competitive with other finance options. You should also be aware that with Green Deal the debt attaches to the property, so if you sell it, your buyer will have to take over the debt. If you need advice on finance options, your local Citizens Advice Bureau will be able to help you.

There are a range of businesses that offer home assessment visits to advise you on the options most suitable for your specific circumstances. You will usually need to pay for this and you should check whether there is a tie-in clause requiring you to use a certain business to do the installation work if you decide to go ahead. The assessment will give you estimated savings projections for the first year based on a specific level of energy usage. Unfortunately this means you won't know exactly what you will save, but you can at least check to make sure the estimate is based on a realistic level of energy usage for your situation.

In terms of finding a trader, it is important to shop around to ensure the business is reputable and that the price is fair before agreeing to any work.

Green Deal has its own approved assessors and installers, but if you are not using Green Deal we would recommend that you find an installer and products that are part of the Micro Generation Certification Scheme (MCS) or are Renewable Energy Assurance Limited (REAL) approved. These organisations have codes of practice that traders have to comply with and standards that the products have to meet. The Energy Saving Trust website allows you to search for local installers who belong to MCS. Some members also sit on our Buy With Confidence approved trader scheme giving you even greater assurance that they are businesses you can trust. Visit www.buywithconfidence.gov.uk for more details.

As always, we would recommend getting three quotes to ensure the installation price and projections are reasonable, and check the terms and conditions carefully before agreeing to anything.

If you encounter any problems with an assessor, installer or any other type of business and need some advice, please contact our advice partner, the Citizens Advice Consumer Helpline, on 08454 040506 (national rate).



SAWTRY BADMINTON CLUB



Are looking for players

To join them

On Wednesday evenings

At Sawtry One Leisure

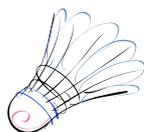
From 8.00pm to 10.00pm

JUNIOR BADMINTON CLUB

Including qualified coaching

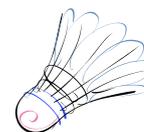
10 years +

From 7.00pm to 8.00pm



For more information please contact

Robert Stefanelli



Tel: 01487 832871

Mobile: 07948123620

Email: mail@stefanelli27.wanadoo.co.uk

Web Page: www.sawtrybadmintonclub.com

SAWTRY AND DISTRICT BOWLS CLUB

Another outdoor season will have ended before the publication of the Sawtry Eye as Closing Day is on 21st September, but it has been a very good year for the Club. Mr Deller has been County President of the E.B.F. so the Club has hosted many county games.

We have members who have won County titles going to the National finals at Skegness and the Hunts Ladies team won the national trophy the Silver Vase. Two Sawtry ladies were in that team, S.Minnett and S.Rayson so congratulations ladies.

Sawtry B Over 60's team have won promotion to Division 1 in their league and have done very well progressing in a few years from Division 4. Club Finals day took place on Saturday 7th September and some matches were very closely contested. The juniors had their presentation night on Friday 20th September, but members' presentation night is on Saturday 9th November at the Old School Hall. Monday Roll-Up players enjoyed their final afternoon and awards on 16th September.

The Sawtry Club organises the Sykes Vase, an interclub competition and this year after 7 attempts we have won the Sykes Vase much to our delight and Mrs Sykes's who was able to attend.

We wish a successful season to all members going to play Indoors, and to see everyone at the social events during the winter.

DATES FOR DIARIES

Race Night	Saturday 12 th October	8.00pm
Quiz Night	Saturday 26 th October	7.30pm
Xmas Bingo	Saturday 7 th December	7.30pm
Xmas Dinner	Sunday 15 th December	12.30pm
Xmas Eve Drinks	Tuesday 24 th December	7.30pm



Any queries contact:

Mr Rayson

tel no. 01487 830720

Mrs Urwin

tel no 01487 830193



SAWTRY'S DRAGON ACADEMY

International Tang Soo Do Karate, Kickboxing and Self-defence Est. 1983

Grandmaster to visit Sawtry

Grandmaster Paul Bowman 9th Dan is to hold a seminar in Sawtry on 24th November, we now will also have Grandmaster Eddie Jacobsen from South Africa attending!

I have trained with more Grandmasters than you can shake a stick at and every one of them so far was amazing. Just when you think there is not that much left out there (as we have also developed so much ourselves as well) along comes Grandmaster Bowman! All welcome. Many more seminars and events planned for 2013.

On Sunday 8th September Sawtry hosted a Tang Soo Do Sword Seminar lead by Grandmaster Adlington, very well attended with students travelling from as far away as Bristol. A big thank you for all that attended and made it a great day! Students next Belt Test will be on 6th October Sawtry Leisure Centre.

Class Vacancies

Sundays 10.30am - 11.30am at Sawtry Leisure Centre - 5 places available

Tuesdays 6pm - 7pm at Sawtry Leisure Centre - 5 places available

Feel free to come and watch any of our classes, for a full list of classes in this area please contact me 01487 830601

Championships

Regional Championships Sawtry Leisure Centre on 3rd November 2013 10am – 5pm

International Championships Rotterdam November 2013

Recent Promotions

Mr Kilby to 5th Dan Black Belt.

Instructor Grandmaster Mark Adlington UK rep.

8th Dan Ki Do, 7th Dan Tang Soo Do, 5th Dan Haedong kumdo, 5th Dan Kickboxing

Phone 01487 830601 - Mobile 07768472384 - email tangsoodo@btinternet.com

SAWTRY FOOTBALL CLUB

An F.A. Charter Standard Club

Sam Boalch

Firstly apologies to Sam who was awarded both the Player's Player of the Season and the Manager's Player of the Season for Sawtry Reserves at the presentation evening but was not mentioned in the last edition of the Eye.

Recent Results

1st Team, sponsored by Greystones PH

August 10	President's Shield	Sawtry	1 - 2	King's Lynn Town Res
13	League	Sawtry	1 - 2	Stilton
17	League	Oakham United	0 - 7	Sawtry
20	League	Sawtry	1 - 1	Coates Athletic
24	League	Sawtry	2 - 5	Whittlesey Utd
31	League	Crowland Town	1 - 2	Sawtry
September 7	League	Riverside FC	2 - 2	Sawtry
14	Scott Gatty Cup	Eaton Socon	2 - 0	Sawtry

The First Team are currently mid table in the Premier Division

Reserves, sponsored by The Bell PH

August 24	League	Riverside Res	1 - 4	Sawtry Res
31	League	Parkway Eagles FC	2 - 1	Sawtry
September 7	League	Stilton Utd Res	2 - 2	Sawtry
14	League	Sawtry Res	5 - 1	Ryhall Utd Res

The Reserves are currently second in Division Three

Forthcoming Fixtures at Greenfield

September 28	League	K.O. 14:00	Reserves	v	Stilton Utd Res
October 5	League	K.O. 14:00	Reserves	v	Parkside FC
12	League	K.O. 14:00	1 st Team	v	Oakham Utd
19	League	K.O. 14:00	Reserves	v	Thorney Res
November 16	PFA Cup	K.O. 14:00	Reserves	v	Holbeach Utd 'A'

For more information, match reports, player profiles, etc. visit the club website at www.sawtryfc.co.uk

Mike Patchett



SAWTRY COLTS

It's been a quiet start for football in Sawtry with the leagues only just getting underway. It's a little disappointing this year that we don't have an Under 7 team and also that the youngest girls team (of 3) is at Under 13 – let's hope the enthusiasm for the national game is not on the wane.

The Under 8s and Under 9 (Blues and Yellows) are all up and running in their first round of group matches. Their seasons are spilt so that after every 4 or 5 matches the leagues are re-organised with the idea that everyone will be playing at a comparable level come the end of the season. This should then hopefully provide more competitive football for the following season and less of the 10-0 plus wins that could occur on occasions at these age groups.

The Under 10s (U10s) have started with 2 losses, 3-1 and 4-2, against Hampton and Yaxley respectively. The U12s were on the wrong end of a 4-0 result away to Gransden and the U13 Yellows went down to the same score away to Godmanchester Blue. The U13 Blues gained revenge for the U13 Yellows loss by defeating the Godmanchester White side 6-0 at their place so 6-4 is the score for Sawtry at the moment in that little inter-village battle! The U13 Girls opened the season with a disappointing 3-0 home defeat to Ramsey.

The Under 15s have kicked off their season in fine style with two battling wins, beating Ketton 2-1 and March 3-2 and currently sit joint top of the league, long may it continue. The U16 Blues have yet to kick off their league season and the U16 Yellow have played the one match, a 3-1 loss away to Whittlesey. The U16 Girls eventually got the better of an under-strength Comberton running out 7-4 winners in the end with 2 hat trick heroines amongst the scorers.

There are two U18 teams this year as there is no U17 league – the Blues in Division 1 have started with 2 losses but it's early days for them and the Yellows in Division 2 have started with 2-0 matches, one a win and one a defeat.

Hopefully we can bring you news of some Sawtry successes in the coming months as more teams begin their seasons and football returns to Greenfield.

Just a reminder that football starts early in Sawtry with the Football Development Centre having just re-started on the Astroturf. It is designed to give Reception and Year 1 boys and girls their first taste of football with fun game-related activities and takes place every Sunday at 10.30am. As ever if anyone is interested in getting involved in football, playing, sponsorship or otherwise, pop along to www.sawtrycolts.co.uk, contact details for all the team managers should be available on the website.

Brian Craig



Want to play football?



Attention all boys and girls in Reception or Year 1

Sawtry Colts Development Centre returns on Sunday 29 September, 10.30am-11.30am

Venue: Astroturf, Sawtry Leisure Centre, Sawtry, PE28 5UY

If you would like to have some fun and learn football skills come along and join in - sessions cost £2 per week and are supervised by CRB checked and FA qualified coaches

For more information contact Brian on 07713 463525 or

e-mail brian.craig33@btinternet.com

