



SAWTRY EYE

Distributed to Conington, the Giddings, Glatton, Holme, Upton, Winwick, & Sawtry

www.caresco.org.uk

Price £1.00 (where bought)

No. 152 - June - July 21



CELEBRATING VOLUNTEERING

Cambridgeshire County Council PETERBOROUGH

Keep caring for Cambridgeshire & Peterborough

Caring is staying and buying local

To support local businesses and jobs

Coronavirus hasn't gone away

Cambridgeshire County Council PETERBOROUGH

Keep caring for Cambridgeshire & Peterborough

Caring is being considerate

Rubbish destroys our countryside, and puts those who clear it up at risk

Coronavirus hasn't gone away



ADULT'S POETRY COMPETITION

Theme: "Lockdown"

How you feel about it?
 Good things that have happened
 Things you've missed, family, friends
 Anything amusing



The deadline for entries is Friday 25 June
 there will be prizes for
 first, second and third place
 and the winning entries will be published
 in the Sawtry Eye!



Please drop your entries off at the
**CARESCO Centre, Green End Road,
 Sawtry, PE28 5UX,**
 with your name and contact details clearly written on
 the back, in an envelope marked
 'Adult Poetry Competition'
 with a £1.00 donation per entry



**Thank you to everyone who has freely given
 their time and energy to support others
 in our community over the past year!**

See our centrefold in this issue celebrating CARESCO volunteers

If you are moving house, please can you leave a recent copy of Sawtry Eye for the new occupiers - Thank you

CARESCO



SAWTRY FOODBANK

We have seen a consistent demand for food parcels in our local community in the first five months of 2021. We had a large number of Easter eggs donated this year and we want to say a big thank you to everyone who has supported local families with food donations. As the school summer holidays get closer, we need to increase our stock levels as we expect demand to be higher during those weeks.

Currently we particularly need:

- Tinned ham/corned beef
- Cereal
- Tinned tomatoes
- Squash
- Teabags
- Jam
- Instant coffee
- Custard

We are also in need of donations of strong plastic 'bags for life' if you have any to spare.

Donations can be dropped off at Gt Gidding Stores, Sawtry Co-op Food store or the CARESCO Centre.

Thank you in anticipation.

To contact the team, please email foodbank@caresco.org.uk or call 07743 593863.

CARESCO

meeting needs in our local community



FUNDING OUR FUTURE

We have been supporting our local community since 1982, now more than ever we need your help.



We are asking our friends and supporters to consider making a regular financial donation of £4 per month.

Please contact us for details of how to set up your payment and about Gift Aid by emailing fundraising@caresco.org.uk or calling Jacqui on 07599 987468

The CARESCO Centre, Green End Road,
Sawtry, Huntingdon, PE28 5UX
www.caresco.org.uk



Reg Company: 7513432

Charity No: 1140728

EASTER TRAIL

Over the Easter weekend with the help of the Easter Bunny we arranged a trail for children and families to take part in around Sawtry. There were 11 letters to be found and various shops and locals took part by allowing us to leave a soft toy with them and a letter clue. The children had to walk around using the clue sheet to gather the letters and make two words - "EASTER BUNNY".

After Easter we invited all the children, socially distanced of course, to bring their clue sheet to the CARESCO Centre where they could exchange it for a chocolate treat. There were 72 children that took part and all the children that came told us how much they had enjoyed the trail and what fun they'd had. Some of the feedback from the children was entertaining, informative and it's all noted for next year's trail.

We would like to thank - Billy & Julie Corner, Rumbles, Cromwell Vets, Sawtry Club Sandwiches, Co-op, The Butchers Blade, Sawtry WI, Sawtry Infant School, Greystones, the CARESCO Centre and the Charity Shop for helping the Easter Bunny out. We look forward to doing this again next year.

*Jacqui Hedington,
Fundraising Manager*



ANY OLD COINS?

Do you have any foreign or old coins lying around?

Did you know you can donate them to CARESCO?

They can be taken to the CARESCO Centre or our Charity Shop and we will raise funds from them

All proceeds will be used to support the work of CARESCO



The CARESCO Centre, Green End Road,
Sawtry, Huntingdon, PE28 5UX
www.caresco.org.uk



Reg Company: 7513432

Charity No: 1140728

CARESCO

meeting needs in our local community

The CARESCO Centre, Green End Road, Sawtry, Huntingdon, PE28 5UX
01487 832105 office@caresco.org.uk www.caresco.org.uk

REGISTERED COMPANY NO: 7513432 CHARITY NO: 1140728

Contact details:

Sawtry Eye
The CARESCO Centre
Green End Road
Sawtry, Huntingdon
Cambs PE28 5UX

01487 832105

Please where possible, email
articles & letters with the subject
"For Sawtry Eye" and enclose full
name and postal address to:

sawtryeye@caresco.org.uk

Past issues can be found at
www.caresco.org.uk

Editors

Marina Joyce / Liz Coates

Advertising/Sales

Marina Joyce / Donna Green

Design / Artwork

Donna Green

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EDITORIAL POLICY SUMMARY

- All items are included entirely at the discretion of the editors who reserve the right to edit or refuse to print any item submitted.
- Views expressed in the Sawtry Eye are not necessarily those of the editors or CARESCO, they are included in the interest of free speech.
- The editors cannot accept any liability for omissions, errors or mistakes which occur in production.

The full Editorial Policy is available
from the CARESCO office or
www.caresco.org.uk

For Issue No: 153
August - September 21

Advertisements by

12 Noon on 9 July

News Items by

12 Noon on 16 July

Rates for Mono

Full Page: Portrait (17.5cm x 26cm)

1 Issue - £151.50

6 issues - £757.50

Monthly SO - £66.30

Half Page: Landscape (13cm x 17.5cm)

1 Issue - £81.50

6 Issues - £407.50

Monthly SO - £35.70

Quarter Page: Portrait (13cm x 8.5cm)

1 Issue - £44.50

6 Issues - £222.50

Monthly SO - £19.50

Eighth Page: Landscape (6.5cm x 8.5cm)

1 Issue - £26.50

6 Issues - £132.50

Monthly SO - £11.60

*** All prices include VAT**

For more information and prices for colour,
contact the CARESCO office

Welcome...

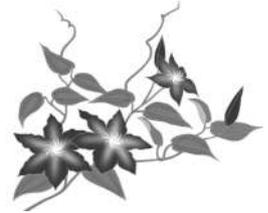
This issue is a celebration of volunteering and volunteers in honour of the national Volunteering Week, 1 - 7 June each year. As a first for the Sawtry Eye, we have a colour supplement to give tribute to all those who volunteer with CARESCO, or have done so in the past. Look out in particular for mention of a couple of people who have been in one role or another for a combined total of 37 years!

We are delighted to be beginning to hear from various community groups who are at least planning to reopen later in the year, if they have not done so already, and we even have some tentative dates for community events for your diary. All with an eye on the restrictions in place to keep us all safe from the virus.

Please remember to let us know as and when your groups restart, and don't forget to check that we have the latest contact details.

Be good to each other.

Liz - Co-Editor



CARESCO

meeting needs in our local community

CARESCO UPDATE

We were delighted to reopen our Charity Shop in early April when, along with other 'non-essential' shops, restrictions allowed. It has been lovely to welcome our customers, and the income will be a huge help too!

Our Green End Day Club has also restarted and would love to recruit some new members, see page 6 if you are interested for details.

Our two emergency support services, the Sawtry Foodbank and the Sawtry Covid Response Team have both continued to support local people as they have done throughout the pandemic, thanks to the ongoing generosity of the community.

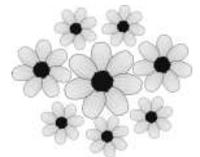
As restrictions lift further, we are hopeful that we can begin to reopen our other activities and arrange more of our enjoyable fundraising events, please look out for announcements as we are able.

Meanwhile, keep safe.

Thank you for your understanding and support.

For more information please call 01487 832105

Email office@caresco.org.uk or visit www.caresco.org.uk



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SCHOOL TERM DATES



Summer Term 2021

Half term: 31 May – 4 June

End of term 22 July

Autumn Term 2021

Start of term 1 September

Half term: 25 - 29 October

End of term 17 December

Spring Term 2022

Start of term 4 January

Half term: 14 - 18 February

End of term 1 April

NB Academies are responsible for setting their own holiday dates and may not match those set by Cambridgeshire County Council. Schools have a number of training days available to take in addition at their discretion. Please contact your local school for more details.

Information taken from www.cambridgeshire.gov.uk/education



HDC REFUSE COLLECTION

LANDFILL WASTE (GREY)

(Week Beginning)

14 & 28 June

12 & 26 July

GARDEN WASTE (GREEN) & RECYCLING (BLUE/GREEN)

(Week Beginning)

7 & 21 June

5 & 19 July

To find out your exact dates or for more information visit <http://www.huntsdc.gov.uk>



Your Kind of Music presents

'Stilton in Tune'

Sadly, a return of our music shows will be delayed until sometime later in the year, meanwhile we can only wish our patrons a safe 2021.

Look out for details in future issues.

For further details please contact
Tony Oliver on 01480 474282 or 07918 602600
or email tony.oliver5@btinternet.com



Come and join us for all things musical and the spoken word.

We meet on the 2nd and 4th Fridays of the month,

from 1.30 to 3pm

At the CARESCO Centre

Suspended until further notice.
Please contact the
CARESCO office on 01487 832105
for information

There is a charge of £2.00 per session,
refreshments included

Dial-a-Prayer



FREE phone lines for prayers and news from the Methodist Church

Listen to a prayer: 0808 281 2514

Listen to news: 0808 281 2478

Content is updated on Thursday afternoon



SAWTRY WI

Sawtry WI meets on the 1st Thursday of the month, at 7pm, in the WI Hall, Gidding Road, PE28 5TS

Charity Number 229016

We are planning to hold meetings and events in our WI Hall by September, subject to government guidelines.

WI groups and meetings are currently being held via Zoom.

President Jacqui Svensson 07841 647345
j.svensson@btopenworld.com

Correspondence Secretary
Rosemary Jubb 01487 830243
rosemaryjubb@gmail.com

YOUR CHURCH WEDDING

Have you recently got engaged? Had to postpone your marriage plans due to COVID-19? Or looking to get married in the next few years?

Your parish church is here for you

Did you know that if you, or one of your parents, live in the parish of Sawtry, Glatton or Holme with Conington, you are able to be married in the parish church?

If you would like more information on having a church wedding, please get in touch with Reverend Becky revdyball@gmail.com or 01487 506217



THE CHURCH OF ENGLAND



SAWTRY WINEMAKERS

Calendar of Events

We are still unsure when our meetings will resume.
We take the wellbeing of our members seriously
and want them to feel safe as and when
our meetings resume.

Watch this space in the next edition of the Sawtry Eye.

You will be most welcome to come along to any of our meetings and join us when they resume. Sawtry Winemakers meetings are normally held on the third Wednesday each month at the Old School Hall.

Our aim is to promote the making and enjoyment of homemade wines and beers, to share the results of our efforts and encourage new wine and beer makers.

For more information call Janet 01354 278824



LOOK BACK IN TIME 40S & 50S QUIZ SHEET

Our latest quiz sheet is now available from the CARESCO Charity Shop and office.

All proceeds to CARESCO

CARESCO

meeting needs in our local community

The CARESCO Centre, Green End Road,
Sawtry, Huntingdon, PE28 5UX
www.caresco.org.uk

Reg Company: 7513432



Charity No: 1140728

CHATTERBOX

Drop-in sessions
for family carers

A friendly drop-in
where you can get help.



Chat & relax
over a cuppa.
Guest speakers
& Carers
Assessments

Every 2nd & 4th Monday
between 2 - 4 pm



Currently
suspended, but
we will be back
as soon as
permitted!

At The CARESCO Centre,
Green End Road,
Sawtry, PE28 5UX

For more information
Email:

office@caresco.org.uk
or call the CARESCO Office
01487 832105

CRAFT BUDDIES

Bring along your projects or just come
to chat. No charge to attend, drinks
available to buy at the bar.



**** Suspended until further notice ****

7.30 - 9.30pm every Tuesday

At Sawtry Club, Gidding Road, Sawtry

Just turn up, or for more info contact

Carolyn on 01487 832682

or email carolynwatts56@yahoo.co.uk

Dial-a-Sermon

To listen to this weeks sermon
simply call this number

01487 800141

(standard network rates apply)

You can also listen to sermons online at
www.allsaintssawtry.org.uk

The Benefice of Sawtry, Glatton and Holme with Connington

- Helping you stay connected while we are apart -



BOOK STALL AND COFFEE MORNING

At Winwick Church

Saturdays once a month
10.00 till 11.30am

**** Cancelled until further notice ****



The Church is open for everyone to
come along and enjoy a cup of coffee and cake
and browse our extensive supply
of second-hand books



Donations invited in exchange for the above

Proceeds to go to the Church

For more information please contact :
Sue Fowler 01832 293215

SAWTRY STEPPERS

MODERN LINEDANCE CLASSES

This style of dancing is suitable for all ages and fitness-
levels, bringing with it physical and mental benefits and is a
great way of making new friends.

Ask to join our Facebook group:
'Sawtry Steppers' where I
have all my class details.

Contact Julie:
jcgillmore@sky.com,
07939 070406



Line Dancing

HOPE FOR THE FUTURE

As Covid restrictions are slowly being lifted, I am reflecting on some of the good things from the past year; the way village organisations kept in touch with members online or in person, groups who organised the making of masks and gowns/scrubs, the teams that arranged deliveries of medication and groceries, the volunteers at the vaccination centre, those who kept up morale with street quizzes and celebrations, and so much more.

It would be wonderful if this spirit of support and kindness continues in our community.

Dick Tuplin

Guess The Item

Hope you managed to guess the vintage item in our last issue.

In case you didn't, the item was a:

Antique Hairdressing Drying Hood

Here is another item for you to guess.

The answer will be in the next issue.

Good luck



**JUST
FOR FUN**

GRAHAM GREAVES

17 JANUARY 1934 - 11 APRIL 2021

Graham's wife Jean and all his family would like to thank all their friends for the beautiful cards, flowers and the many messages of sympathy they received following his death in April.

They would particularly like to thank their Chatterbox friends and members of Sawtry WI for all the support they received during these difficult times. They are also extremely grateful for the outstanding care he received from the staff, nurses and carers at the Cherry Blossom Care Home in Peterborough.

Please accept this as our personal thank you.



GREEN END DAY CLUB

For a day of friendship, food and fun

... is looking for new members

Transport Available

Homemade hot meal inc pudding

Everyone Welcome

Fun & Games

First visit free

Open Mondays to Thursdays

10am to 2pm

At the CARESCO Centre,
Off Green End Road,
Sawtry, Cambs PE28 5UX

Cost - £8.50 per session

Contact the team on 07743 216746

Email:

greenend@caresco.org.uk

CARESCO

meeting needs in our local community



SAWTRY CHORALE

Currently suspended until further notice.

We are always looking for new members, so if you would like to sing with us please contact

07870 248897 or come along to rehearsal when they resume - Wednesdays 7.45pm in the Methodist Church Hall, Green End Road in Sawtry.

You don't need to read music, just like to sing.

If you would just like to support the Chorale in other ways, we would be happy to hear from you.

We look forward to seeing you all again soon...

SAWTRY LIGHT FACTORY CHILDREN'S HOLIDAY CLUB 2 - 8 AUGUST

The Light Factory team know when this year's holiday club is happening, but we will not know how until nearer the time. We are trusting that this year we can be back in person in the Methodist Church as usual and not online as last year.

Save the date and look out for details as decisions are made.

Meanwhile, you can find us on Facebook, 'Sawtry Light Factory', or via any of the churches in Sawtry.

Or call Matt on 01487 830345



FROST FAYRE

**Saturday 4 December 2021
At Sawtry Village Academy**

Meanwhile, support local craft businesses by visiting

"Sawtry Frost Fayre Stallholders"
on Facebook

**For details:
Call Steph Taylor on
07720 583340**



DATES FOR YOUR DIARY

Scarecrow Trail

Friday 27 August to Friday 5 September
Theme "Pop Stars"



Pumpkin Trail

Sunday 24 October
to Sunday 31 October



Details to follow

www.caresco.org.uk



Contact Jacqui on 07599 987168
or email fundraising@caresco.org.uk

CARESCO
meeting needs in our local community



CARESCO CHARITY SHOP

7 Greenways, Sawtry PE28 5UR

DONATIONS BOOKINGS

Please telephone the shop between
10.00am & 4.00pm - Monday to Saturday

on **01487 208026**

to book your donation in

We are sorry, but we are unable to
accept any donations that do not have
a booking number.

Thank you
for your understanding

CARESCO
meeting needs in our local community

MISSING BUDGIES

Two of my budgies let themselves
out of their cage into the garden on
22 April. One of the budgies is blue
with a ring on his leg, the other
budgie is yellow and green.

Small reward offered if anyone has
found them.

Christine Joyce, 01487 831461



*The time has come to
celebrate and come together
after a hard time of sadness,
hardships, isolation and loss*

Please put in your diary:

PICNIC ON THE LAWN on Sunday 8 August 12 - 3pm

We are celebrating with an informal get together
for all residents of Sawtry at St Judith's Field.



Please bring your own picnic
and follow government guidelines
that apply on that date.

Look out for further details
nearer the time.

SAWTRY GARDENING CLUB

Sawtry Gardening Club is looking for new
members. Do you fancy joining us?

We have a great programme of events planned
that includes trips out to fascinating, beautiful
and often unexpected places. We kick off this
autumn with a day trip to an old favourite -
Barnsdale Gardens in Rutland on Saturday
25 September.

Sometimes we have speakers on topics chosen
by members on the subjects that we want to
know more about. For instance, the next talk is
on Alpines at Elton Garden Centre on Monday
6 September, followed by a demonstration and
talk about Pruning Shrubs on Monday
11 October at Sawtry Club.

If you are interested in these or any other
aspects of our club activities, or you have your
own ideas, please let us know. We look forward
to hearing from you.

Penny, Chairman

We also do plant swaps and share
advice on our Whatsapp group

**For info: 07598 431308,
or email
sawtrygardeningclub@gmail.com**

**Find us on Facebook at:
Sawtry Gardeners**



theWI
INSPIRING WOMEN

HOLME WI

We are now tentatively getting ready to resume
meetings. Our first one is booked for mid-June,
to be held outdoors, weather permitting. Back
up plans are in place! We are looking forward
to seeing all our members again, our first
meeting will be purely social to catch up with members' news
and to see how we get on with meeting outdoors. We cannot
wait to pop those bottles of fizz and get started!

Our weekly Zoom Coffee Mornings are still going, although as
things ease and we start meeting this will come to an end.
Members are keeping busy in the meantime with knitting,
crafting and gardening.

Anyone wishing to contact us
please email Wlholmevillage@gmail.com

Alison McGuinness, President

SAWTRY FEAST SUPPER CLUB

It is with profound sadness that Sawtry Feast Supper Club shares the news that our Chairman, John Wolstencroft, passed away in hospital after having a five week battle with Covid in January. Our thoughts are with Jo, Dan and with all John's family, and we extend our deepest sympathies to them.

It was a great privilege to have had John as our Chairman since 2006. He was a superb leader, calm, patient, totally reliable, a problem solver, organiser, optimist, a good friend, who brought out the best in everyone.

He always ensured that the Supper was organised to a high standard, and his attention to detail was exceptional, even down to the 'After Eights Mints'.

He will be sorely missed by everyone involved in the Feast Supper.

Again, this year, we may not be able to organise the Supper, but as a Committee, we shall one day re-assemble and set our sights on 2022. John would expect nothing less.

Karen Leader (Secretary)

WHEEL OF WELL-BEING SIX WAYS TO WELL-BEING

1. **Be Active...** Go for a walk or run. Step outside. Cycle. Play a game. Garden. Dance. Exercising makes you feel good. Most importantly, discover a physical activity that you enjoy; one that suits your level of mobility and fitness.
2. **Keep Learning ...** Try something new. Rediscover an old interest. Sign up for that course. Take on a different responsibility at work. Fix a bike. Learn to play an instrument or how to cook your favourite food. Set a challenge you will enjoy achieving. Learning new things will make you more confident, as well as being fun to do.
3. **Give ...** Do something nice for a friend, or a stranger. Thank someone. Smile. Volunteer your time. Join a community group. Look out, as well as in. Seeing yourself, and your happiness, linked to the wider community can be incredibly rewarding and will create connections with the people around you.
4. **Connect ...** With the people around you. With family, friends, colleagues and neighbours. At home, work, school or in your local community. Think of these as the cornerstones of your life and invest time in developing them. Building these connections will support and enrich you every day.
5. **Take Notice ...** Be curious. Catch sight of the beautiful. Remark on the unusual. Notice the changing seasons. Savour the moment, whether you are on a train, eating lunch or talking to friends. Be aware of the world around you and what you are feeling. Reflecting on your experiences will help you appreciate what matters to you.
6. **Care For The Planet ...** look after your community and the world. Make small changes to your life that will reduce your energy use, recycle more, leave the car at home, use low energy light bulbs, small steps to a greener life can make a difference.



<http://www.wheelofwellbeing.org/>

SAWTRY ROYAL BRITISH LEGION

RBL 100 - A Century of Service

The Legion was formed in May 1921 by the merger of four veterans' associations of the First World War to provide help to veterans and their families in need, to campaign to authorities for improved conditions and to champion Remembrance to honour the fallen. 100 years later, it still has the same mission – and both its work and the members and volunteers who support it remain as important as ever. To see our history timeline visit: <https://www.britishlegion.org.uk/stories/100-years-of-the-rbl>



The Sawtry & District branch was formed in December 1928. We have approximately 50 members and are always looking for new active members. If you are interested in becoming a member, then please visit <https://www.britishlegion.org.uk/get-involved/things-to-do/membership>, or contact the Sawtry Branch, details below.



Armed Forces Day & RBL 100th Family Day

** Save the Date – Saturday 26 June
From 2 - 5pm at the Greystones.
More information will be released
via social media (fingers crossed).

**For more information, contact sawtry.secretary@rbl.community,
or Billy on 07864 296519**

SAWTRY HISTORY SOCIETY

As a result of BT closing their Community Website programme, our old website will be deleted and so Marilyn has created a new one for SHS. The content from our old site has been transferred to the new website and you can now see it by visiting www.sawtryhistorysociety.co.uk.

Please bear in mind that this still needs some work done on it such as optimising images as some are slow to load and making sure all the pages are properly linked together.

There is also a very interesting fourth Sawtry Cistercian Abbey article written by Kevin Redgate on the new website. Our Facebook group members are now up to 150, let's hope you will join us for meetings when we fully resume.

We have abandoned plans for our annual trip this year, but plans are afoot to arrange a reopening event in September if possible, this may not be a normal monthly meeting as numbers could still be limited. Details in the next issue hopefully. Our AGM. will probably not go ahead until next year.

Please use our new website www.sawtryhistorysociety.co.uk where you can read the articles mentioned above there is also a link to our archaeology page, and you can follow us on Facebook.

The History Society usually meets on the third Thursday of the month in the WI Hall, Gidding Road Sawtry at 7:30pm. However, we have suspended our meetings until further notice. The archive is also closed for the foreseeable future.

For info call Chris Merton 01487 831441



LITTER PICKING DAY CONINGTON

Easter Saturday saw the first Litter-Picking Day in Conington, organised by Conington Parish Council.

In spite of the chilly weather there was a very good turnout of enthusiastic litter-pickers who between them collected an impressive 28 large bags of rubbish from the village and surrounding paths and lanes.

Conington Parish Council would like to thank the volunteers for all their cheerful hard work. They made the day a great success and further Litter-Picking Days are already being planned!

Penny Cooper
(Conington Parish Council)



QUINTUPLICATION PART THREE - THE PARISH COUNCIL

Parish Council size is governed by Parish size and, in 1963, this meant thirteen members for Sawtry. It stayed at that size for fifteen years despite population increases from 950 to around 3,000. I recall that elections were a rarity. As long as the usual local worthies were willing to stand each time that was, as they say, it. One year two Councillors were booted off for never attending neither giving apologies. But Council was in no hurry to fill the gaps. However, my wife, Fiona, was keen to get involved in parish matters and so she put up and got in because of her interest in Geography and History. She compiled some local notes which were published as a leaflet. When the first housing developments needed road names, she was able to delve into records like the 1805 Enclosure Map to come up with Middlefield Road, Westfield Road, Ermine Way, Devonshire Close and the like. And that former Council Chairman who spoke up about the Night Soil collection, got remembered..... in Newton Road! (1972). Incidentally one road name, Tort Hill was sometimes called Toft Hill on early maps. That could only be a mis-reading of old scripts. Not much literacy in those days.

Now that we had adequate sewerage, housing expansion could begin and, after Aversley Road, it was, I think, Westfield that came next. Although County and District Councils decreed on Planning matters, Sawtry Parish Council also had a right to be consulted. In the years ahead, their role became quite significant. Local knowhow is vital especially when it comes to relating housing to ancient Rights of Way and the feelings of neighbours who might be affected by changes.

Here's an interesting glimpse into Councillors' getting worried about expansion. In 1971 a certain Development Company wanted to purchase a derelict site. The property was not under a 'closing order' but was nevertheless condemned. Councillor Hall, the School Headmaster and a stickler for precision, pointed out that there was a difference between condemned and a closing order. You could develop a condemned property but not one with a closing order. The Minutes dourly record: "The discussion became very animated...."

As the village grew so did the role of our Parish Council. The limit to what they actually do is flexible. Some councils might do little beyond maintaining bus shelters and street lighting. But the way lies open for much more. They have powers to raise a Rate (Precept) which can be small or large depending on parish needs and the willingness of the people to support it. The amount is collected for them by the District.

So, in its new role as leaders in a fast-growing village, Sawtry Parish Council sat ready to take on some interesting challenges. Instead of waiting for others to provide everything, they now had the opportunity, and the strength, to ride this new growth. Read on!

Maurice Dybeck

**Former Sawtry resident
and first Warden at Sawtry Community College**



Sawtry aerial view 1964



SAWTRY WI

Sawtry WI has kept calm and carried on. Being part of the WI has kept members and non-members connected. Members, guests and visitors have been enjoying our monthly WI meetings and presentations via Zoom and our WI committee members have carried on doing their work as usual. We are pleased to announce that we welcomed seven new members in April and Sawtry WI has again been featured in the national WI Life magazine. Our National WI resolution for this year is to promote testing for ovarian cancer.

The Zoom speaker for Sawtry WI members meeting on Thursday 3 June is 'Revelations of a Butlins Red Coat' starting at 7pm, and on Thursday 1 July we are having a celebration lunch-time picnic. Preparations are being made to return to our WI Hall on Gidding Road Sawtry for a social evening in September with our Lockdown Squares on display.

The following monthly and weekly social groups are currently being held via Zoom: Afternoon Tea & Chat, Knit & Knatter, Reading & Discussion and Patchwork & Quilting and non-WI members are always made very welcome. We may start to meet in gardens soon. Our craft groups are making blankets and quilts for women in refuges.

We hope you have enjoyed seeing our posters in the WI Hall window and on our Facebook page. We are reaching a hand of friendship to all women in the Sawtry Parish area to come and see what we are about. We are much more than Jam and Jerusalem. If you would like to attend as a guest at a WI meeting, join one of our social groups or request further information about any of the above, please contact:

Jacqui Svensson 07841 647345
j.svensson@btopenworld.com
Sawtry WI Charity number 229016.

SAWTRY'S NEIGHBOURHOOD PLAN

Many thanks to all Sawtry residents who have completed their questionnaires. We shall shortly be analysing the results to find the most common views.

For now, we invite community groups (academies, charities, churches, sports clubs,...) and local businesses to complete their versions of questionnaires. This can be achieved online using the links below (or accessing them on Facebook):

Community Groups: The link is:
<https://forms.gle/8NH8531wjDJS4vh7>

Businesses: The link is:
<https://forms.gle/6u3utahm7S5kmWL46>

Residents: For residents who still wish to complete their questionnaire online, the link is:
<https://forms.gle/1orWEjYYFLF6P2ZV7>

Paper copies and Word docx versions of these questionnaires can be obtained by emailing:
john.potter@sawtry-pc.gov.uk



CHANGING ATTITUDES BY EDUCATION

Check your tyre wear and pressures regularly as they could save your life. A 22-year-old woman (Megan Byrne) lost her life in a tyre related incident in February 2020. The incident was caused by significantly underinflated tyres on the off-side of her vehicle which led to her loss of control and, ultimately, a collision with a large family vehicle. Weather conditions were poor with rain, sleet and high winds and Megan was negotiating a left-hand bend when she lost control. Despite the best efforts of the Rescue Services and the Police, the impact of the crash was so severe that Megan died at the scene. In conjunction with the UK charity TyreSafe, the parents of Megan have posted a short video entitled "Megan's story – A Tyre Safety Tragedy" which can be found on the TyreSafe website www.tyresafe.org

Know what your tyres should look like when they are correctly inflated and, visually, check them every time you get into the vehicle. It only takes a few seconds to walk around your vehicle and could save you the cost of a new tyre if you have picked up a puncture. Check your tyre pressures once a week when the tyres are cold. A reliable pressure gauge only costs a few pounds and could save you a lot more. Tyres must be cold when you carry out the check. If the vehicle has to be driven to a garage for checking the distance should, preferably, be less than two miles.

Under-inflation can cause rapid wear along the edges of the tread. It can also be the cause of blow-outs as there will be insufficient air to hold the vehicle's weight and the sidewalls will be compressed resulting in them flexing beyond their regular limits. This abnormal flexing can cause a build-up of heat in the tyre and significantly raises the likelihood of a blow-out. Under-inflation also increases fuel consumption.

Over-inflation can cause rapid wear along the centre of the tread. It will cause less tread to be in contact with the road and thereby reduces the amount of grip available for steering, braking and accelerating.

Vehicles with run-flat or self-supporting tyres should have a Tyre Pressure Monitoring System installed, as it is generally impossible to sense a pressure change in the tyre.

Visit our website at www.roadarc.org.uk for information on the car and bike training that is available (subject to COVID-19 restrictions).



WELLSIDE SURGERY NEWS



Local Covid Vaccination Programme News and why EVERYONE over 18 should take up the offer of a vaccine when they are invited.

Firstly, a huge thank you and congratulations to everyone who is helping to ensure the safety and future prosperity of our local community by helping administer the vaccination programme, and by being vaccinated. To date, the A1 network of practices (covering Alconbury and Brampton, Wellside, Buckden and Little Paxton, Kimbolton and Almond road surgeries) have covered 70% of over 40s and people with underlying health conditions which put them at increased risk from covid with a first dose of vaccine, and almost 26% with a second dose. That is a total of almost 35,000 vaccinations, mostly given in the GP practice hubs at Alconbury and Little Paxton. We are very grateful to our fabulous team of volunteers who help make this possible without too much disruption to the essential day-to-day NHS GP work.

We are finding that almost everyone over 60 was keen to take up the offer of vaccination, but it seems quite hard work to persuade some of the under 50s to book their vaccine, and we are needing to spend time sending reminders to mobile phones and calling people at home. We are very fortunate to have supplies of vaccine (partly because our skilled vaccinators are able to ensure that they draw up full additional doses out of vials), and have therefore been able to invite people earlier than expected in many cases. If you are invited to the GP hub, you will get a text addressed to you personally, with a link to book, from your registered GP practice, or sometimes from the A1 network. The booking link is legitimate and not a scam, and you can also use it to tell us you do not want the vaccine, or have booked elsewhere. It helps us enormously if you do use the link, because it saves time for practice staff, who could be dealing with other healthcare issues. We will be calling people aged 30 to 40 in the near future, and are currently calling those over 40, and reminding everyone who has another risk factor or is over 40 and has not yet been immunised, to have a vaccination. For second doses, you will be called to book an appointment by the GP hub between 8 and 12 weeks from the date of your first vaccination.

Everyone can book at the local GP hub at Alconbury for their vaccine (even if they have been invited by the national booking service, when they could be offered any available vaccination centre within a 45 minute drive). If you have recently moved, and are not yet registered, you are still able to book by calling Alconbury surgery.

So why does everyone need to be vaccinated, even though people under 50 are less likely to be seriously ill? One reason is that, by having a large percentage of the total population vaccinated, both the ease of transmission of the virus, and the total viral load carried by individuals is reduced (even if the vaccine isn't fully effective at preventing illness or transmission - all vaccines in use in the UK definitely reduce both). What this does is to reduce the likelihood of new variants persisting in the population, because they still appear (viruses mutate all the time) but are less likely to be spread, and in this situation they just fade away, rather than getting a hold. Another reason is that young people can still get "long covid", which is a very debilitating consequence of infection, which might not be severe enough to put you in hospital, but causes weakness, exhaustion, fevers and sometimes breathing problems for months or even years afterwards. And, of course, vaccines are extremely effective at preventing severe illness and hospitalisations or deaths, which are less common but still possible for younger people.

What about side effects? Most people over 30 will now be getting the Astra Zeneca vaccine. This causes some flu like symptoms for about 48 hours in about 30% of people, for the first dose, but is very unlikely to cause any problems with the second. The issue about blood clots is a very rare complication (around 1 in 250,000 people, less than half the risk of a blood clot in a woman taking the oral contraceptive pill) and covid itself causes a much higher rate of blood clotting (with a different mechanism). For Pfizer, side effects are less common with the first dose, but more common with the second. However, for any of the vaccines the risks of covid massively outweigh any side effects or risks.

You can help us to help you by making sure your GP has an up to date mobile number, checking your mobile phone (and that of elderly relatives!), and booking as soon as you get a text. If you do not have a mobile phone, we will either write to you or call your home number, but you can also call Alconbury surgery to book yourself. Please spread the word to encourage vaccination and help us all return to normal as soon as possible!

Dr Francesca Lasman, Clinical Director, A1 Primary Care Network

**Mrs Claire Wright, Practice Manager,
Wellside Surgery, Sawtry, Tel: 01487 830340**

SAWTRY SPORT 4 ALL COMMUNITY SPORTS DAY - Saturday 4 September

As restrictions continue to be lifted, the Sawtry Sport 4 All committee are looking at holding a community sports day on Saturday 4 September in partnership with Sawtry Village Academy Leisure.

Our last event in 2019 was a great success with over 1000 people enjoying an afternoon of free sport and activity thanks to Lottery Funding and the efforts of so many local sports groups and organisations.

We will of course keep an eye on how things progress and the scientific data from the Government's Event Research Programme which is monitoring sport pilots such as the FA Cup Final, the recent World Snooker Championships at the Crucible and the forthcoming Reunion 5K organised by London Marathon Events. All being well, we are cautiously optimistic about putting on another free and fun afternoon of activity.

If your club wants to be part of it or you want to find out more or provide sponsorship, please email sawtrysport4all@gmail.com or message us through our Facebook page.



NEWS FROM SAWTRY LIBRARY

Browsing is Back!

As restrictions have now been eased we are delighted to be able to welcome you back into the library to browse and choose your own books again. The number of customers in the library will be limited to ensure everyone's safety, but it is a step forward and we hope to see all our regular customers returning.

We will still be operating our popular Select and Collect service and you can still reserve books either online or over the phone to collect from the library.

Our opening hours are remaining the same for now but from Monday 21 June we may be able to reopen more fully. Please keep checking for updates on our website www.cambridgeshire.gov.uk/library or you can call us directly on 0345 045 5225.

Summer Reading Challenge

This year we are pleased to announce that the Summer Reading Challenge will be back in the library. From mid-July children will be able to register and join the challenge to read 6 books over the summer holidays, collecting stickers along the way. If they complete the challenge they will be rewarded with a certificate and a medal!

The theme for this year's challenge is **Wild Heroes** and focuses on nature and the environment. For more information go to the website <https://summerreadingchallenge.org.uk/> or ask staff in the library.

We are hoping to be able to run craft activities and possibly some outdoor events during the summer to run alongside the challenge so keep an eye out in the library for more details.

If you would like to volunteer to help run the Summer Reading Challenge or know any young people who would like to volunteer, please pop into the library to speak to a member of staff or call us on 0345 045 5225.

Rhymetimes Returning

We are hoping to be able to have our popular Rhymetime sessions for children return in mid-June. Please check our Facebook for Families page for more information: [Cambridgeshire Libraries Families page | Facebook](#)

Social Media

Please take a look at our social media pages for information, updates and events, including the return of Twitterchat! You can find us on Facebook by searching for 'Cambridgeshire Libraries' and on Twitter we are @cambslib.

Current Opening Times

Monday & Tuesday	Closed
Wednesday	2pm - 6pm
Thursday	Closed
Friday	10am - 2pm
Saturday & Sunday	Closed

Paul Smith,
District Library Assistant,
Huntingdon, Yaxley and
Sawtry Libraries



SIMON BYWATER COUNTY & DISTRICT COUNCILLOR FOR SAWTRY & STILTON

I am absolutely delighted to be re-elected as the County Councillor for Sawtry and Stilton Division in the recent County Council elections. I would also like to say a massive thank you to everyone who took the time to vote for me and for the many residents who assisted me by posting information leaflets/putting up posters etc.

I see this as a great achievement, but with my role comes great responsibility. Please be assured that I take my role extremely seriously and will do my utmost to represent you all to the best of my ability.

The County Council is now in no overall control by any political party, which means there are 28 Conservatives, 20 Liberal Democrats, 9 Labour and 4 independent councillors. This does concern me, because in my experience the council being in no overall control is extremely problematic. It generally does make it even more difficult to reach decisions that everyone agrees on and this then makes it even more difficult to get things done, for everyone in our community and the whole of Cambridgeshire.

Please be assured that I will have your best interests at heart, and keep to my principles while making well-informed decisions on behalf of our community. A community that I have lived in for the past 20+ years, and am passionate about.

There is no doubt the aftermath of Covid is also going to bring some significant challenges but by working together, we can achieve positive results for our communities. Please follow my councillor Facebook page where I will regularly post updates and links that will sign post you to the correct department for any local issues. Please do not hesitate to contact me if you have a matter that you feel I can assist with.

Simon

07984 637553 / <https://www.facebook.com/CllrSimonBywater/>



AN EYE ON NATURE

Do we want to make space for nature?

I ask this question as the house martins return to Sawtry from their 3000 mile trip from Africa. They are tired and hungry when they arrive back here and the biggest concern they have is where they can find a 'house' to raise a family. So I go back to my original question because accepting a guest can be a little messy and, well a bit inconvenient at times.

We have changed in the way we think. We are no longer excited about being the lucky blessed house to have house martins, but are now concerned about the relating mess. Years ago you would have thought yourself lucky to be the household with the nest or, dare I say it, many nests.

So much of our wildlife is struggling with a changing climate, insufficient food and lack of a place to raise their young. Please find it in your heart to feel honoured to have a little black and white feathered family spending the summer with you. They will be gone in the autumn leaving plenty of time to clear up, having spent summer evenings in awe of their wonderful acrobatic flight and friendly chattering as they swoop over the garden.

Martin Baker

The views expressed in this article are solely those of the author

**For more information on our local wildlife,
contact the Wildlife Trust:**

Phone 01954 713543, or visit www.wildlifebcn.org



RAPID COVID TESTING

Residents in Huntingdonshire are being urged to get twice-weekly rapid Covid tests. The move is an important step forward to meet the aims of the national roadmap, allowing everyone to move safely out of lockdown.

Twice-weekly rapid testing is a vital tool in identifying cases of Covid-19 that would otherwise be missed. With 1 in 3 people with coronavirus showing no symptoms and potentially spreading it without knowing, rapid testing helps to identify positive cases quickly, preventing the spread of infection.

There are several ways you can access rapid testing. You can take a test at one of the rapid testing sites locally. Your employer may be offering testing in the workplace. You can also collect tests to complete at home or order tests to be delivered to your home by calling 119. Secondary school pupils are also being asked to take a twice-weekly test.

Dr Liz Robin, director of public health for Cambridgeshire and Peterborough, said: "Getting into the habit of twice-weekly testing as part of our everyday lives will help us all to keep each other safe. Alongside the ongoing vaccine rollout, it will help us to move forward with the roadmap out of lockdown."

You can find out more about all of these options at www.cambridgeshire.gov.uk/rapidtesting



WANTED: YOUR VIEWS ON HEALTH AND CARE

**What do you think about the health and care services you use?
Good or bad, your views are wanted by Healthwatch**

Healthwatch is the independent champion for health and care in Cambridgeshire. And it listens to local people and shares their experiences to help improve NHS and care services.

The kinds of things you can tell us about...

- Covid vaccinations - how did it go?
- Who's doing a great job? Your local dentist, pharmacist or district nurse?
- Visits to the GP - are video consultations working well or are you struggling to see your local doctor?
- Hospital waiting lists - we know many people are waiting for treatment and procedures. Tell us what would help you while you wait.
- Home care services
- Care homes
- Using the NHS 111 First service

healthwatch
Cambridgeshire

Get in touch

**Give your feedback at <https://www.healthwatchcambridgeshire.co.uk/share-your-views>
Not online? You can also call 0330 355 1285 or text: 0752 0635 176.**



REMEMBRANCE

REMEMBRANCE

The Sawtry and District Branch of the Royal British Legion
remember the fallen throughout the year



REMEMBRANCE

JUNE		
Private Arthur J. CLARKE	7 June 1917	Sawtry
Private Arnold INGLESBY	7 June 1917	Glatton
Sapper Joseph Edwin GINNS	17 June 1940	Sawtry
Private Frederick ROWELL	19 June 1943	Wood Walton
Corporal Sidney WOOLLARD	7 June 1944	Sawtry

JULY		
Lieutenant Millin John SELBY	7 July 1916	Holme
2 nd Lieutenant Arthur William Spring COWIE	8 July 1916	Hamerton
Private Robert George BAKER	22 July 1916	Holme
Private Edward SPRING	10 July 1917	Winwick
Gnr John Thomas PARROTT	27 July 1917	Sawtry
Private John F. PADDISON	31 July 1917	Sawtry
Private Charles Stanley NIGHTINGALE	27 July 1943	Sawtry

*They shall grow not old as we that are left grow old
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We will remember them.*

HM Government

Covid-19 vaccine

The NHS will get in touch when it's your turn to be vaccinated

Find out about the roll-out at nhs.uk/CovidVaccine

Are you in a mental health crisis?

Then call...

111
option
2

NHS
First Response Service



ROMAN CATHOLIC PARISH OF ST LUKE PETERBOROUGH ST BENEDICT'S CATHOLIC COMMUNITY SAWTRY

Sawtry Sunday Mass normally at the Methodist Church,
Green End Road, Sawtry PE28 5UX

**** Currently Suspended ****

We are a friendly proactive community working closely with the other Church communities in Sawtry, as well as our Roman Catholic Parish Church of St. Luke in Orton Malborne, Peterborough.

Contact in Sawtry: Tony – tony.stefanelli04@gmail.com - 01487 830680

Parish Priest: Fr Jeffrey Downie VF

Assistant Priest: Fr Jude Belnas

Deacon: Rev. Prameel Joseph

Phone: 01733 230464

Email: saintlukesparish@yahoo.co.uk

Masses at St. Luke's, Orton Malborne, Peterborough:

Monday - Friday 10am; Saturday 6pm; Sunday 9am, 10.30am & 12 noon
Social distancing and other measures in place, masks & sanitiser provided



**ALL SAINTS', SAWTRY, ST NICHOLAS', GLATTON
& ST GILES', HOLME WITH CONINGTON
PARISH CHURCHES**



Did you see the large wooden crosses outside three of the parish churches during Holy Week? Easter seems to have flown past now we are claiming a sense of normality, especially meeting up with neighbours, colleagues, school friends and extended family; hopefully a normality with even stronger care for others peppered with the magic words “thank you” as we recognise those who continue to serve our communities. But back to the crosses and Reverend Becky’s inspiration to mark Easter with a visual reflection: firstly, the bare cross during Holy Week to mark the gruesome crucifixion of Jesus Christ (33 AD, yes it happened!); and then the decorated cross on Easter Sunday with spring flowers, symbolising the belief that Jesus Christ is Risen!

Christianity believes that the resurrection is the most important event in history, really (!), but why? Simply, it is the single event that most clearly expresses God’s love for us in that He took upon himself our humanity and, hanging in our place, in dying he bore our failures to provide the way to heal our broken relationship with God; and in rising on the third day, He gives us victory and evidence that death has lost its’ sting.

Our parish reflections during Lent raised questions that thinking people might ask about the integrity and meaning of the Easter account. Paul Guaguin, the French artist, inscribed on one of his famous paintings translated: “**Where Do We Come From? What Are We? Where Are We Going?**” – questions that some have asked at the hands of this pandemic.

One question that came out of our Lent reflection was “**how do we explain an empty tomb?**”: stolen by the Romans (?), no they would have returned the body to silence the disciples’ witness; the disciples themselves (?), no, soldiers were guarding the tomb and it is unimaginable the disciples lived out their witness on a falsehood, unless Christ rose and appeared to them; there were ten recorded appearances before His Ascension including a crowd of 500! (“*Perhaps the transformation of the disciples of Jesus is the greatest evidence of all for the resurrection*” - John Stott). So indifference to the Resurrection then is not an option!

I am pleased to say that your churches across the Benefice are very much open both in-person (with precautions) and on Zoom. We welcome those who have been waiting for any special celebrations; baptism, baby dedication, marriage service, marriage blessing, renewal of vows etc, please be in touch (our All Saints Sawtry website is a fabulous place for all our current news and contact details).

John Pigott (Church Warden, St Nicholas, Glatton)

Rev Becky Dyball

Email: revdyball@gmail.com; Mobile: 07444 574039; Office: 01487506217

Address: The Rectory, Church Causeway, Sawtry, PE28 5TD



BENEFICE DATES FOR YOUR DIARY

Please note all services are subject to change and will comply with the latest government and Church of England guidance. Face coverings, social distancing, no mingling before and after the services and no congregational singing remain in place until further notice.

Please check www.allsaintssawtry.org or call the churchwardens for the latest service details, Zoom and information.

Date	St Giles, Holme	St Nicholas, Glatton	All Saints' Sawtry
6 June	9.00am	9:00am	10:30am + Zoom
13 June	--	9:00am	10:30am + Zoom
20 June	9:00am	--	10:30am + Zoom
27 June		9:00am	10:30am + Zoom
4 July	Live Stream from Ely Cathedral, Our new Curate Diane Kutar's Ordination as Deacon		
11 July	--	9:00am	10:30am + Zoom
	Churches Bring Your Own Picnic (green adjacent to St Nicholas) + Sawtry Chorale Entertainment		
18 July	9:00am	--	10:30am + Zoom
25 July	--	9:00am	10:30am + Zoom

SAWTRY METHODIST CHURCH WARMLY INVITE YOU TO JOIN US

I write as the Government's road map for easing of restrictions looks to be going ahead and we are all praying that, on publication, the Sawtry Eye and its contributors will all be reporting with delight the restarting of community activities and the reopening of facilities in time for summer. All remaining well, we too, at Sawtry Methodist Church, will have reopened our building for in presence worship, including a **new Sunday evening service once a month at 6pm**. But mindful that not everyone is yet able to come out, Matt and the team continue to work very hard to ensure that whether you are at home or able to join a service in person, we can continue to worship together by blending the Zoom offerings that have sustained us throughout the year, with our live worship.

In the Old Testament we read about the Exodus of the people of Israel after years of captivity in Egypt. But rather than their release being a joyful march to the promised land, it turned out to be a painfully long and difficult journey. Coming out of lockdown feels a bit like that; uncertainty remains and caution continues to be required. It will take time for everyone to be vaccinated and, going forward, top ups will be necessary. Some will still need to shield for some time and for many, being out and about has become a source of anxiety. For those of us with relatives in care homes re-establishing regular contact with our loved ones is likely to remain difficult for the foreseeable. And many people will simply not be able to 'pick up where they left off' as a consequence of trauma resulting from the pandemic. It's a long hard journey indeed. On the other hand, we have all learned important lessons. About the value of local community, of being good neighbours, of caring for people who particularly struggle and perhaps we have all been humbled by the stark reminder of our human vulnerability and interdependency. But actually all these are qualities that I, as still a relative newcomer, have found in abundance within the congregation at Sawtry Methodist Church - even when we were together only 'in the ether'. A bunch of people with great faith but also people asking questions - where is God in all this and how can we be a place for others to ask questions too?



So if you want a warm welcome, a safe place to be with God - however you understand him or her to be, a safe place to ask questions and discover, we warmly invite you to any of our services over the next few months. In person or via Zoom you will be very welcome.

Rev Sue Baker-Maher

For more details see contact details below.



SAWTRY METHODIST CHURCH

Green End Road, Sawtry, PE28 5UX



*I am no longer my own but yours.
Put me to what you will,
rank me with whom you will;
put me to doing, put me to suffering;
let me be employed for you, or laid aside for you,
exalted for you, or brought low for you;
let me be full, let me be empty,
let me have all things, let me have nothing:
I freely and wholeheartedly yield all things
to your pleasure and disposal.
And now, glorious and blessed God,
Father, Son and Holy Spirit,
you are mine and I am yours. So be it.
And the covenant now made on earth,
let it be ratified in heaven.'*

The Methodist Covenant Prayer

SUNDAY WORSHIP

Following the easing of restrictions, our pattern of services will vary over the coming weeks, with some services both in the building and online, while others will be online only using the Zoom video conferencing app:

6 June at 6pm in presence and online

13 June at 10.30am in presence and online

20 June at 10.30am in presence and online

27 June at 10.30am online only

Details of upcoming services and how to login can be found on our website via our Facebook page, or by calling 01487 830345

Come and join us, all are welcome

MID-WEEK ACTIVITIES

There are opportunities during the week to meet informally online

Please check our website for details

**For more information, please contact Rev Sue Baker-Maher on 07483 153948
Email sue.bakermaher@methodist.org.uk or via www.sawtrymethodist.org.uk
Find us on Facebook - [SawtryMethodistChurch](https://www.facebook.com/SawtryMethodistChurch)**



CELEBRATING VOLUNTEERING

www.caresco.org.uk

June 21

CARESCO

meeting needs in our local community

From the Chairman

It's a good feeling when you help others. When you know you've made a difference, no matter how big or small.

And when our volunteers get together, the Earth can be moved!

Each of you, in your own way, make a positive difference to the community.

Often we are supported within our own 'Volunteer family'. A friendly chat, smile and shoulder to lean on.

Please keep doing what you do best and get others to join us too.

Together we make a difference. Together, we are CARESCO.

My heartfelt thanks go out to you all. You are one special group of people and it has to be said, I am proud to be part of that group.

Tina Campbell



I VOLUNTEER WITH CARESCO BECAUSE...



"It's fun! I've met so many lovely people. We're like one big happy family!"



"I believe CARESCO is a vital service to the village, especially in these 'Covid' times. I love the interaction with fellow workers and I feel I am doing 'my bit' for Sawtry"



"I like to help people and we live in a great village."



"I enjoy it, I like helping, it's nice to be part of a useful community and I can give something back."



"I enjoy talking to people and helping them."



"I like to bring a smile to people's faces and like to feel like I am giving back my time to help a good cause."



"During this pandemic there are residents who need help with routine tasks like shopping, prescription deliveries, etc, because they need to stay safe and be at home."



"I am fit and able to at the moment. It is comforting to know I live in a village where plenty of other people feel the same way and may be able to offer similar"



"In all honesty, because the Christmas Party is such a magnificent thing to do for the vulnerable in the community. It's a pleasure to be involved."



"It gives me a feeling of well being and satisfaction to know that I have made a difference to someone else, even if only in a small way."



"It represents the kindness of our community. It's a privilege to be able to give a helping hand and an ear to those that need it, especially in recent times."



"It's good to feel useful after a busy working life. The people who receive our services seem to really appreciate the help which is a nice reward."



"I have been volunteering with CARESCO for 20 years and enjoy every minute. I have seen the changes that CARESCO has gone through and it gets better every year."



VOLUNTEERS' WEEK 1 - 7 JUNE

Caring
Able
Reliable
Effective
Superb
Capable
Outstanding
Valuable
Optimistic
Loving
Understanding
Nurturing
Tremendous
Encouraging
Exceptional
Reassuring
Sensational

From the CARESCO Manager

Our volunteers are the cogs that keep CARESCO turning. Each one providing a special role that allows us to develop and grow. Without their support, advice and commitment we simply couldn't achieve all that we do.

The last 12 months have been challenging for everyone, and yet like many in our community our volunteers offered their help, rolled up their sleeves and allowed us to support the local residents when we needed too.

They continue to provide a reliable, professional service and are advocates for our charity and the work that we do. It's often difficult to explain how much we rely and appreciate the work that our volunteers do, but we are proud and honoured to have each one as part of our team and we are extremely lucky to have their support.

Interested in getting involved? Contact me by emailing emma.flanz@caresco.org.uk, visit our website www.caresco.org.uk or call our office on 01487 832105.

Emma Flanz



From the GEDC Team

Our volunteers are devoted, no matter what the weather

Without a doubt they are the glue
that holds our club together

From making tea and coffee to chatting for a while
You'll never see them in a grump, they always have a smile

To us they are invaluable, deserving of great praise
They lend a hand and help us out in many different ways

We couldn't be more grateful
for their help throughout the years
So we thank you all, you are the best,
our wonderful volunteers

Vicki Currington and Suzanne Millman

From the Charity Shop Manager

The CARESCO Charity Shop opened its doors for the first time 8 years ago, in that time it has seen many changes. The one thing that hasn't changed is the never ending support from the volunteers that help to make it the success it continues to be.

The last year has, possibly, seen the shop's biggest challenge, but our volunteers are still here ensuring we continue to be a big part of the community whether they are at the shop or supporting us behind the scenes.

Every day is different and with it brings the many stories and experiences our volunteers are keen to share. Quite simply, we would not be here without them. The generosity of their time is overwhelming and for that I am so very grateful. Thank you all for making my job, possibly, the best there is.

Sharon Dougherty





CARESCO HAS A TOTAL OF 142 VOLUNTEERS SIGNED UP TO ITS 12 SERVICES

88 of these volunteers support 1 of our projects. We have 33 volunteers that work across 2 of our services or activities. 18 of our volunteers work across 3 or more of our services or activities.

**BETWEEN MARCH 2020 AND MARCH 2021 THE SAWTRY FOODBANK VOLUNTEERS
HAVE MADE UP AND DISTRIBUTED 1087 FOOD PARCELS
AND THEY COLLECTIVELY DONATE 34 HOURS OF VOLUNTEERING EACH WEEK.**



**WE HAVE 1 VOLUNTEER WHO HELPS DESIGN THE LAYOUT FOR EACH SAWTRY EYE.
THIS VOLUNTEER HAS BEEN DOING THIS ROLE FOR 20 YEARS.**



From the Office Team



Having worked within other voluntary organisations I can honestly say that CARESCO volunteers are a wonderful example of volunteering at its best. Cheerful, hardworking, willing to give of their time and their many talents to help us serve our local community. During my working day it is a pleasure to interact with them, and I deeply appreciate them as individuals and as volunteers. Thank you for making CARESCO such a special organisation.

Susie Rodger

The people who volunteer with CARESCO are such a willing and cheerful group of people. They turn their hand to anything and often go the extra mile beyond that which has been asked of them. The generosity of so many with their time, energy and skills never fails to amaze me!

Liz Coates

From the Foodbank Supervisor

We have undergone a huge change in the way we work at Foodbank since March 2020. Did this faze our volunteers? Of course not!

We have an amazing team of friendly volunteers who have adapted to the ever-changing restrictions and have pulled together during busy times. I am proud to say that every volunteer has helped to keep the Foodbank open every week for the past year, providing emergency food to local people.

They show commitment and care for their local community every week, consistently working hard to improve the lives of local people.

The whole CARESCO team have risen to the challenge of last year in ways we couldn't have thought possible, overcoming logistical nightmares to help support our local community in so many ways throughout the pandemic. We want to say a huge thank you to every volunteer for your fantastic team spirit.

Pat Fuzeland



From the Green End Day Club Team

What a great opportunity to publicly thank our wonderful, kind and committed group of volunteers. We currently have 10 regular volunteers, some of whom have been with us for years, others have joined us more recently. We have our regular CARESCO bus drivers who transport club members from their homes to the club and back, 4 days a week, while other volunteers are busy in the kitchen, assisting the staff in preparing and serving lunches and then clearing and washing up afterwards.

Latterly, during all the changing requirements encountered by GEDC to continue supporting its members during lockdown, our volunteers have certainly risen to the challenge, remaining cheerful and adaptable throughout.

Our very grateful thanks to you all.

Vicki, Pat, Suzanne & Helen



**WE HAVE 30 VOLUNTEERS WHO WORK IN THE CHARITY SHOP EACH WEEK.
COLLECTIVELY THEY COMMIT 318 HOURS A WEEK TO WORK IN THE SHOP.
HOWEVER, 3 OF THESE VOLUNTEERS WORK 3 SHIFTS EACH,
THAT'S A WHOPPING 10 HOURS EACH WEEK.**



WE HAVE 6 VOLUNTEERS THAT ARE DRIVERS FOR SAWTRY CAR SCHEME.



IN JANUARY THESE DRIVERS COLLECTIVELY TRAVELLED 298 MILES.

Wendy has been volunteering with CARESCO for 17 years. One of our longest serving helpers and a vital and a valuable part of our team for almost two decades. She initially linked into CARESCO when her late husband John started attending our Day Club service once a week.

Coinciding with the beginning of her retirement, and continuing to be John's full-time carer, Wendy's initial attraction to volunteering was the idea of filling up her extra time. Being an active and sociable person, the idea of getting out of the house and meeting other people was a key factor in her decision. It was from there Wendy decided to get involved with CARESCO in her first volunteering role, which was with the Sawtry Eye and the rest of our Printshop team.

Two months into her collating role she added volunteering at our weekly Coffee Shop to her diary too. Little did she realise that serving teas and coffee and baking cakes would become a permanent fixture in her life for the next decade. As well as taking time to volunteer in our Charity Shop too.

Sadly, her beloved husband John passed away in 2014 and it was Gill, who was the Deputy of our day centre (known as the Vintage Club) at the time, that encouraged Wendy to come in and cover twice a week in the club room at the CARESCO Centre. Who could tell that this role would be so impactful in Wendy's life?

Fast forward 7 years and Wendy is still volunteering every week for what's now known as the Green End Day Club. Her quick wit, friendly smile and kind heart is what makes Wendy so special. She is extremely popular amongst our members and other volunteers and our staff have learnt to rely heavily on her. In return she has gained companionship, lifelong friendships and has admitted that volunteering with CARESCO has given her a purpose.

Wendy's greatest memory with CARESCO so far, was when she was nominated for Carer of the Year in 2012, an award that she was extremely humbled to receive and is a great achievement and testament to her caring nature.



Like many, the pandemic has provided many obstacles for Wendy, suffering disappointment when we had to pause the Green End Day Club service, meaning her volunteering role was on hold. However like many of our volunteers, she was the first in line whenever there was an opportunity to help.

Wendy continues volunteering in other areas of CARESCO too, she loves to help out at fundraisers and is fantastic help at our Quiz Suppers, often offering to make the desert or offering to bake a cake for one of our cake stalls. For several years Wendy has spent Christmas Day with us, volunteering at our Christmas Day Party and choosing to celebrate the day with CARESCO.

It's volunteers like Wendy who help keep CARESCO moving forward. We are so very grateful she took the time to reach out 17 years ago, to lend a hand, and are thankful for each and every role she has taken on over the years. Wendy is just one of many volunteers who collectively do so much and dedicate their time and skills to helping us support our services.

Thank you Wendy!

Emma Flanz



GEDC CURRENTLY HAS 10 VOLUNTEERS. THEIR WEEKLY TASKS VARY FROM CALLING OUT THE NUMBERS AT BINGO, TO BEING QUIZ MASTERS, CHOPPING THE VEGETABLES FOR DINNER AND DRIVING OUR MINIBUS. BEING GOOD AT MAKING A GOOD CUPPA IS ALSO HIGH ON THE PRIORITY LIST.

THE CARESCO COVID RESPONSE TEAM ARE MADE UP OF 28 VOLUNTEERS. 16 OF WHICH WERE NEW VOLUNTEERS TO CARESCO SINCE APRIL 2020. THIS TEAM HAVE DELIVERED 1036 PRESCRIPTIONS AND HAVE COMPLETED 347 SHOPPING TRIPS.





SAWTRY COLTS

It's been a busy time over at Greenfield with the Colts teams returning to play football in early April after the last lockdown ended. Here is a snapshot look at how some of the teams have fared.

The Under 8 (U8) Yellow Sox played St Neots looking for revenge for loss away from home earlier in the season. The match ended with four goals from Jenson Matthews, a hat-trick from Travis Johnson, and Joshua Hutchinson and Jack Worrall bagging goals as well, in what turned out to be their best performance of the season to date. A great team performance all round. The U8 Blue Sox have returned after the lockdown and settled back into football very well. The boys are loving being able to play again and have had some good games since the return, winning 4 out of 5 matches and scoring lots of goals. All coaches and parents are enjoying watching the team improve and are looking forward to next season when they go up to 7-a-side and a bigger pitch.

The U12s are the team with the best chance of winning their league this season. With one game remaining they have won 14 of their 15 matches and look likely to be in a league play-off match with Priory. Since returning in April they have scored 34 and conceded just the 3 goals, impressive stuff. Good luck to them for the rest of the season.

The U13s have also been in good form since their return winning 5 of their 6 matches. They are currently top, albeit in an abbreviated league, with two matches left. Their crucial final game against Brampton is probably going to decide who finishes top of their league.

The U14s look likely to finish fifth in their 7 team league having now completed all their matches. They finished the season with three losses but showed improvement from last season.

The U15s compete in the Peterborough league winning all of their three matches before the lockdown. Unfortunately, the league decided to end their season and since the re-start they have been competing in a cup competition, albeit in a league format. In a tough group they ended with one win, one draw and two defeats.

The U16 Yellows have two wins and 6 losses to their name so far and have a busy schedule with their league matches not ending until mid-June. Their most recent highlight was a 2-0 win against Brampton in April but have followed that up with 4 losses. The U16 Blues picked up their first victory since the re-start with a 2-0 home win against Godmanchester. They have three matches left to add to their points total.

The Colts have a new initiative for Sawtry Colts players - the Sawtry Boot Bank. The premise is that, once you have outgrown your football boots, you can give them to the boot bank and get a bigger size for £5. The £5 will then be re-invested in buying other boots, laces etc. So, if anyone has outgrown their boots or has old boots they can donate, pop along to <https://www.facebook.com/Sawtrycoltsbootbank> for more details on how to get involved.

One last shout out to the Sawtry Development Centre (age 4-6) and the Wildcats (a dedicated centre for girls' football (ages 5-11)) which has moved venues and now takes place on Sundays at 10am and 11am respectively, on the sports field at Sawtry Academy Leisure Centre.

Don't forget, to keep up with the Colts teams, pop along to their dedicated website at sawtrycoltsfc.co.uk where details of all teams and their managers can be found for anyone who wants to get involved both on and off the pitch.

Brian Craig

sawtrycoltsfc.co.uk



SAWTRY WALK TO RUN FOR EVERYONE - (& NOW SAWTRY BIKE TO CAKE)

At the time of writing, we have been back running together for 6 weeks and enjoying not only the physical benefits but also the mental.

We are still meeting every Sunday morning at 8.30am and every Tuesday & Thursday evening at 7.15pm. Currently we meet at St Judith's but sometimes at The Greystones and in the winter evenings, we hope to meet at the soon to be opened Sawtry Village Academy Leisure.

We have had new people join recently and this includes runners joining the group led by our England Athletics qualified Coach and those joining our Social Runners plus new Jeffers (walk/run) and those who are power walking to build up their fitness ready to start running.

Membership is just £15 for the 2021/22 year. After that, all sessions are free.

In addition to running, we have informal groups going out on bike rides and we get involved in various community events. We will be helping to organise Sawtry Sport 4 All which is tentatively planned for Saturday 4 September, and we will be putting on our 5k Santa Run on Sunday 5 December. In July we have a group booking with CARESCO for a Full English breakfast which should raise some funds for them and provide us with a post run treat.

If you want to join the run group whether that be as a competitive runner or a beginner, you can contact our membership secretary Jean at jeandrumm_1@btinternet.com or just come along to one of our sessions. Our main website is sawtrywalktorun.co.uk. We also have a booking App and our own Facebook page. If you want to chat about joining the run club or the newly formed and informal Sawtry Bike To Cake (for very social cyclists), you are welcome to call Nona on 07861 740040.



Running - it's much more fun than you might think!

HELPING YOU FIND GREAT WAYS TO GET ACTIVE

Welcome to Join the Movement, a campaign helping us all find ways to get active as we deal with coronavirus restrictions. We're all about simple, fun and free ways to get active, both indoors and outdoors, that you can enjoy safely.



Getting started

We understand that if you're new to getting active it can feel a bit scary, so we've put together some top tips to help you get started and feel the physical and mental benefits that even small increases in physical activity can bring.

1. Move more by making small changes

However you choose to move, it's all good for your health and wellbeing. Making small changes to your routine by including small bursts of activity across your day all add up and help you move more – every little helps.

2. Choose activities you enjoy

Doing something you enjoy means you're far more likely to keep doing it. Try out different activities until you find one you like and works for you.

3. Set goals and make a plan

A plan and goals covering how, when and where you'll get active can really help. It doesn't have to be a fully-fledged personal training programme, but just focusing on what you want to do a bit more, or less, of each day can make a difference.

4. Start slowly and build up gradually

When moving more, you may feel warmer or even slightly breathless at the time, with muscles and joints getting a little sore a day or two after. Don't worry, this is normal. But if you start slow and gradually increase the length and intensity of your activity over time, then you can help avoid this.

5. Pace yourself and listen to your body

Only do what feels comfortable for you, particularly if you have a health condition. Then on your good days you could do a little more when you feel you can, and on 'down' days you can do less – and just remember that small amounts of activity all add up.

6. Build new habits

Repeat the bits you enjoy daily and keep trying new activities that inspire and motivate you. Doing activities at the same time every day can help you build activity into your routine.

7. Get outdoors

Whether it's your surrounding area, a park or your garden, getting outdoors can boost your mood and reduce anxiety – providing you're doing so within the government guidelines.

8. Wear something comfortable

You don't need special kit or equipment, but you do need to be comfortable. For some activities like running, wearing supportive footwear can help you feel safe and more comfortable.

9. Stay hydrated

Drink plenty of water before, during and after activities to help your body stay healthy.

For more information, visit <https://www.sportengland.org/jointhemovement>

SAWTRY GOLF SOCIETY

Sawtry Golf Society accommodates local golfers from scratch to 54 handicap, we welcome all comers who enjoy a round of golf.

As the Covid restrictions lifted we have been able to try and start to catch up with this season's fixtures by playing twice a month instead of the normal once a month.

First game back was a very poignant one for us as it was in memory of one of our founder members Stuart Elliot. Stuart's Memorial Plate game was played at Thorpe Wood, with an extremely popular winner in returning former Chairman John Hedington beating a 36-player field with 37 points, pipping current champion Micky Bosworth also on 37 points on count back, in third just 1 point behind was Martin Holgate.

Two weeks later we were at Orton competing in the 3-club challenge, although all players are restricted to only three clubs the winning scores are always higher than expected and this year was no exception. Joe (Exotic) Langley headed another full complement of the Society's golfers with an impressive score of 39 points, 2 ahead of both Mark Lindsey & Jason Bohonis, with Mark taking 2nd place on countback.

Sadly, our next game should have been held at the Nottinghamshire on their Championship Course, but torrential rain washed the event out, this has now been rescheduled for the May Bank Holiday so we will report on this competition in the next edition.

Overall, there have been a few changes of lead in the champion's leader board, currently Martin Holgate is heading the field, just ahead of AJ Longford with both on 202 points, they are only 4 points ahead of Ian Simpson so still plenty to play for.

**Membership is only £15 for the year,
if you are interested contact us on our Facebook page
or ring our secretary Dave Gadsby on 07834 386632**

