



Sawtry Eye

Distributed to Conington,
Glatton, Upton, Winwick,
The Giddings & Sawtry

www.caresco.org.uk

No. 121 April-May 2016



Race Night

Glatton Village Hall
Saturday 23rd April

Doors 7:30pm, Racing Starts 8:00pm
£10 entry includes a fish & chip
supper
licensed bar available

Entry by ticket only available from Jane Jones Tel: 832042
or e-mail: justjajav@me.com
or via "Glatton Village" Facebook page



SAWTRY WI

In the WI Hall, Gidding Road

In aid of the hall fund

SPRING AFTERNOON TEA

Thursday 28th April

2.30 - 4pm

Come and have a chat over
Sandwiches, cakes, tea and coffee

Tickets £3.50

Raffle, Bring & Buy Stall

Roz Rowland 01487 831793

All Are Welcome

Future Date - Strawberry Tea - 23rd June

Charity Number 229016

 Sawtry
CARNIVAL



2016 Carnival Court Selection & Crowning Evening

On Friday 8th April

At Sawtry Club starting at 7pm

The time is with us again to appoint the new
2016 Sawtry Carnival Court. The Court will
proudly lead the Carnival procession on
Saturday 11th June in their own float. They will
also get the opportunity to represent Sawtry at
other carnivals and events in our region.

We are looking to select:

A Carnival Queen

who is ideally aged 14 years and upwards
Princesses aged between 9 and 13 years
and a **Rosebud** aged between 5 and 8 years.

For more information and an application form
please contact

sawtrycarnivalcourt@gmail.com or
call 07799 062276

ALL ARE WELCOME AND INCLUDES A
DISCO AND RAFFLE!

Do come along with the kids
and support your carnival.

We look forward to seeing you there!

Julia, Sawtry Carnival Committee



GIANT INDOOR JUMBLE SALE



AND OUTDOOR CAR BOOT

At Sawtry Village Academy

On Saturday 16th April

2 - 5pm

Admission: Adults 50p

Kids under 16yrs free

Car Booters £5.00 per pitch

For more information, call Terry / Paul on 01487 831004

If you are moving house, please can you leave a recent copy of Sawtry Eye for the new occupiers - Thank you



Make A Date

2016	Group	Details	Contact No	Page
8 April	Sawtry Carnival	Carnival Court Selection	07799 062276	Front Page
9 April	Sawtry Parish Council	Chairman's Challenge Table Top Sale	01487 831771	8
9 April	Sawtry Bowling Club	Quiz Night	01487 830193	26
16 April	Sawtry Youth Project	Jumble Sale and Car Boot	01487 831004	Front Page
23 April	Winwick Village	Winwick Garage Sale	01832 293215	9
23 April	Glatton Village	Race Night	01487 832042	Front Page
23 April	CARESCO	Quiz Night	01487 832105	5
26 April	Sawtry Bowling Club	Coffee Morning	01487 830193	26
28 April	Sawtry WI	Spring Afternoon Tea	01487 831793	Front Page
28 April	Sawtry Feast Supper	Prize Bingo	01487 832645	10
7 May	All Saints', Sawtry	Plant Sale	01487 830215	21
7 May	St Nicholas', Glatton	Plant Sale	01487 830215	20
21 May	Hearing Dogs for the Deaf	Paws for Coffee	07824 453319	4
4 June	Sawtry Bowling Club	Race Night	01487 830193	26
5 June	Sawtry Parish Council	Sawtry Feast Parade	01487 831771	--
11 June	Sawtry Carnival Committee	Sawtry Carnival	07944 895114	10 & 12
23 June	Sawtry WI	Strawberry Tea	01487 831793	--
2 July	Daisy Bell / Dreamdrops	Family Fun Day	--	9
2 0 10 July	Sawtry Parish Council	Scarecrow Trail	01487 831771	10
17 July	CARESCO	Car Treasurer Hunt	01487 832105	8
1 - 7 August	Sawtry Churches Together	Light Factory Holiday Club	01487 830345	9
10 September	Sawtry Show Committee	Sawtry Show	01487 831281	19
13 November	Sawtry Royal British Legion	Remembrance Day Parade	01487 834338	--
3 December	SSBP & Sawtry Youth Project	Christmas Fayre	07720 583340	9
17 December	CARESCO	RAF Wyton Voluntary Band	01487 832105	5

If you would like to have a date considered for inclusion please email the details along with a contact number to sawtryeye@caresco.org.uk with the subject 'Make a Date'. We cannot include regular meetings/classes as space will not allow, but we would love to know about the special events.

When your organisation fixes dates, please let us know. Don't wait for the next deadline. If you don't have access to email, then put it in writing and drop it into the CARESCO Centre or phone us on 01487 832105 (answer phone outside office hours). We reserve the right to decide which items to include.

CARESCO is not responsible for the accuracy of the above information.

Please check with the individual group concerned.





Sawtry Eye Magazine is Published by:
CARESCO

CARESCO
CARESCO Centre
Green End Road
Sawtry
Huntingdon
Cambs PE28 5UX

Telephone: 01487 832105

sawtryeye@caresco.org.uk

Articles & Letters can be emailed to CARESCO. Please put as subject "For Sawtry Eye" and enclose full name and postal address — Email: sawtryeye@caresco.org.uk

www.caresco.org.uk

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CARESCO Printshop

EDITORIAL POLICY SUMMARY

- All items are included entirely at the discretion of the editors who reserve the right to edit or refuse to print any item submitted.
- Views expressed in the Sawtry Eye are not necessarily those of the editors or CARESCO, they are included in the interests of free speech.
- Anonymous items will only be considered where the author has submitted their full name & contact details to the editors with their contribution and have requested, with reason, that these are withheld.
- Before printing a critical item the editors reserve the right to approach the criticised persons/group and offer an opportunity to comment, where possible, in the same issue. At their discretion the editors may delay the critical item to the following issue or publish without a reply.
- The editors cannot accept any liability for omissions, errors or mistakes which occur in production.
- The copies of Sawtry Eye delivered to the parish of Sawtry are accompanied by the Sawtry Parish Council Newsletter which is published by and the responsibility of Sawtry Parish Council.

The full Editorial Policy is available from the CARESCO office during office hours.

DISTRIBUTION OF SAWTRY EYE:

If you know of anybody who does not receive a copy or would like to help deliver Sawtry Eye, telephone: 01487 832105 between 9am — 12 noon Monday - Friday



Welcome

At last some sunshine and a feeling of warmth in the air. With more details about regular local events like the Sawtry Carnival Selection Night and the Sawtry WI's Spring Tea, we are delighted to bring you the April-May16 issue of the Sawtry Eye.

Please let us have your community group's dates as soon as you've confirmed them and we'll get them into the Make a Date diary. Hopefully that way we can avoid too many major clashes and spread the word for you. We have already headed off a problem of dates as far away as early December!

The publication of this magazine is funded through the commercial advertising at the back of each issue so please make sure that you tell local businesses where you have found their number, when you contact them and if you have had problems tracking down a particular service or workman, do please encourage them to put an advert in the Eye.

Our thanks as always to our advertisers for their support.

Have a good one.

Liz - Co-Editor



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April 2016

Mo	Tue	We	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

May 2016

Mo	Tue	We	Thu	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



Don't forget - during weeks containing a bank holiday, collection days will change from the usual

HDC REFUSE COLLECTION

Sawtry and the surrounding villages have the same calendar for refuse collection, however the week day may vary.

To find out the exact dates for your property visit:

<http://applications.huntsdc.gov.uk/applications/refusecollection/> and enter your house number & postcode or call 01480 388388

GREY (LANDFILL WASTE)

(Week Beginning)

11th & 25th April

9th & 23rd May

COMPOST (GARDEN WASTE & DRY RECYCLING)

(Week Beginning)

4th & 18th April

2nd, 16th & 30th May

For more information visit the Hunts District Council website at

<http://www.huntsdc.gov.uk> and look for the **Refuse & Recycling** link on the left hand side of the page.

SCHOOL TERM DATES FOR SAWTRY SCHOOLS

Summer Term 2016

Start of Term - 11 April

Half term, 30 May to 3 June

End of Term - 21 July

Autumn Term 2016

Start of Term - 1 September

Half term, 24 to 28 October

End of Term - 20 December

Spring Term 2017

Start of Term - 4 January

Half term, 13 to 17 February

End of Term - 31 March

Schools have a number of training days available to take at their discretion. Please contact your local school for details.

Or check the Cambridgeshire County Council website at

<http://www.cambridgeshire.gov.uk/education>

SAWTRY WI

Sawtry WI meets on the 1st Thursday of the month, at 7.30pm in the WI Hall, Gidding Road (Wheelchair Access)

Charity Number 229016

7th April

The Silk Road with Tish Page

Competition - An unusual item made of Plastic

5th May

Resolutions

Cleaning Hints & Quiz

with Andy from Service Master

Competition - An unusual item made of Glass

Visitors and New Members always receive a warm welcome
If you haven't tried the WI before, come along and meet us,
have fun and go home with a smile!!

Regular features include:

Bring & Buy, Books, raffle and refreshments

President Ros Rowland

01487 831793

Secretary Ann Daniels

01487 831450

Paws for
Coffee



*In aid of
Hearing Dogs for Deaf People*

On Saturday 21st May

at 10.30 till 12.00

Old School Hall, Sawtry

**Meet Hearing Dog Puppies,
Coffee/Tea & Cake
(for a donation),
Raffle & Merchandise Sales**

To find out more,
contact Gill Yeates,
National Fundraising Manager,
gill.yeates@hearingdogs.org.uk
or mobile: 07824 453319



**Hearing Dogs
for Deaf People**

For Issue No: 122
June- July 16

Advertisements by
12 Noon on 13th May
News Items by
12 Noon on 20th May

Full Page: Portrait
 (17.5cm x 26cm)
 1 Issue - £126
 6 issues - £630
 Monthly SO - £56

Half Page: Landscape
 (13cm x 17.5cm)
 1 Issue - £67
 6 Issues - £335
 Monthly SO - £30

Quarter Page: Portrait
 (13cm x 8.5cm)
 1 Issue - £37
 6 Issues - £185
 Monthly SO - £17

Eighth Page: Landscape
 (6.5cm x 8.5cm)
 1 Issue - £21
 6 Issues - £105
 Monthly SO - £10

For more information call in or
 phone 9.00am - 12 Noon
 Monday - Friday

0 1 4 8 7 8 3 2 1 0 5

sawtryeye@caresco.org.uk



**COMMERCIAL ADVERTISING
 TERMS & CONDITIONS**

- Commercial advertisements can be submitted by email to sawtryeye@caresco.org.uk (preferred option), on a disk or as a paper copy delivered to the CARESCO Centre
- The final layout can be produced by our in-house graphic designer (possibly at extra cost)
- High contrast line art is usually better than photos
- Include your name & contact details
- Make your instructions clear
- Payment with advertisement please, call us to discuss options
- We can accept payment by BACS, cash or cheque (made payable to 'CARESCO')
- Sorry, we cannot take card payments
- CARESCO cannot accept any responsibility for business lost due to any error in production
- Our editorial policy is available on request
- Additional information, rates and deadlines along with our editorial policy are all available from our website by following the links to the Sawtry Eye pages

www.caresco.org.uk

***The Friendship &
 Vintage Clubs***

Invite you to join them for their

Quiz Supper

On Saturday 23rd April

From 7.30pm

In the Old School Hall

On Green End Road, Sawtry PE28 5UX

Tickets £8.00

(To include a hot supper)

Bring your own drink and glasses

There will be a raffle on the night

Tickets available from the CARESCO Office

or please call 01487 832105

All proceeds to
 CARESCO's Friendship Club and Vintage Club



**CARESCO
 COFFEE SHOP
 HELP WANTED**

We urgently need some extra
 volunteers to join our team for our
 Coffee Shop rota on Friday
 mornings in the
 CARESCO Centre.

Do you have the time to offer your
 help to serve customers with
 refreshments from 8.45 –
 11.45am on Friday mornings?

**If you are interested or would
 like to know more, please
 contact Liz Coates
 on 01487 832105 or drop into
 the CARESCO office any
 weekday morning.**



Forthcoming Event in aid of CARESCO

Featuring RAF Wyton Voluntary Band

Saturday 17th December

At Sawtry Village Academy



Below are details of some of the activities run by CARESCO, the Sawtry-based charity behind the this magazine.



For more details about our services, please visit our website or contact the CARESCO Centre

FRIENDSHIP CLUB

*MONDAYS & TUESDAYS
10.30AM - 1.30PM*

Club members meet for conversation and to share a two-course meal cooked fresh on the day the more active enjoy helping with small tasks.

Couples welcome

Transport can be provided within Sawtry but if you live outside of the village and would like to attend, our car scheme may be able to help.

Cost: £4.20 per session plus transport if required.

What is CARESCO?

We are a small Sawtry-based charity working to meet needs within our local community. We run a range of different activities, some of which are detailed here, with the help of a large number of volunteers.

You can find us at

**The CARESCO Centre
(Behind the Old School Hall)
Off Green End Road, Sawtry, PE28 5UX
Tel 01487 832105
or email office@caresco.org.uk**

Vintage Club

because life gets better with age

**Wednesdays & Thursdays
9.30am - 2.30pm**

We aim to bring together older members of our community for a regular day of friendship, food and fun. The team are able to offer a basic level of care in a safe environment where people can find company, activity and assistance where needed.

Group activities include: gentle chair exercises, crafts, quizzes, bingo, raffles, outside entertainment and luncheon outings.

Cost: £6.50 per session, includes cooked lunch, refreshments and transport (depending on circumstances).

CARESCO PRINTSHOP

**Mondays to Fridays
9am - 12 noon**

We provide a simple printing service to local community groups for their newsletters & programmes.

The Sawtry Eye is our main regular work, alongside which we also print magazines for other villages as well as annual reports and regular newsletters.

Contact us with your requirements and ask for a quote.

Please note that our machines print in mono on A4 only

CARESCO CHARITY SHOP

7 Greenways, Sawtry 01487 208026

Mondays to Fridays	9am - 4.30pm
Saturdays	9am - 12.30pm
Sundays	Closed

Come and find yourselves a bargain while supporting our services.

Donations of good quality, clean items always welcome, but please stagger large quantities as storage is limited.

New volunteers wanted.

Come and join our fun social group involving all things musical and the spoken word



The group meets on the 2nd and 4th Fridays of the month from 1.30pm to 3pm
At the CARESCO Centre

Refreshments included

There is a nominal charge of £2.00 to help cover expenses

Forthcoming dates:

**8th & 22nd April;
13th & 27th May**

SAWTRY CAR SCHEME

Volunteer drivers offer door-to-door transport for people in the community who do not have their own car and cannot use public transport.

Journeys cost 45p per mile

Trips can be local, to hospital, or for some social occasion

For more information contact the co-ordinator on 07810 476979 or the CARESCO office



**Is open every Friday
(including School Holidays)**

9.00 - 11.30am

(9.45 - 11.30am during school holidays)

A Warm Welcome

For Coffee, Cake And A Chat

Farmers' Markets

Truly local food sold by the people who produce it.

HUNTINGDON

Alternate **Fridays** from 8am to 2pm
in Huntingdon Market Square

3rd & 22nd April

6th & 20th May

5th Saturday Special - 30th April & 28th May

Organised by Huntingdonshire District Council with the support of Huntingdon Town Centre Partnership.

For more information call 01480 388388
or visit www.huntingdonshire.gov.uk/markets

PETERBOROUGH

2nd & 4th **Thursdays** from 9am to 2pm
in Long Causeway

Organised by Peterborough City Council.

For more information call 01733 452217
or visit www.peterborough.gov.uk

OUNDLE

Every 2nd **Saturday** from 8.30am - 1.30pm
Market Street

For further information please contact
Oundle Town Council

Tel: 01832 272055, email: otc@lineone.net

Farmers' markets are different because the food sold there must be from the local area and sold by the people who grow or produce it.

Bought-in produce is not allowed.

Buy fresh, high quality produce from the people who can tell you how it was grown or made.

SAWTRY LINE DANCE CLUB

Meet Wednesday Evenings
Sawtry Village Academy, Fen Lane,
Sawtry, PE28 5TQ

Beginners Class - 7 - 8 pm ~
but welcome to stay on afterwards

Improvers / Intermediates - 7.30 - 9.30 pm
£3.50 per class

Learn to line dance, no partner required
and all ages welcome

Come along, make new friends, enjoy yourself
and keep fit at the same time

We are a friendly, sociable class, dancing to all types
of music - including country, pop and contemporary

Email Julie:
jcgillmore@sky.com

Call or Text: Julie on
07939070406

www.sawtrysteppers.co.uk



Line Dancing

TINY TOTS

Methodist Church Hall, Green End
Road, Sawtry

Parent, Baby and Toddler Group

Every Tuesday **term time**

9.30 – 11.00 a.m.

£1.20 per family, First visit FREE

Refreshments 10p

Come along and make new friends

New members welcome

For more information
call Julie

07703048664



Saturdays

16th April

21st May

4:30 – 6:30pm

All Saints' Church
Church Causeway, Sawtry

Crafts for all ages

Celebrate with
bible story and songs

Share a meal together

For more information see
www.allsaintssawtry.org.uk
or contact Revd. Rosie Ward

BOOK STALL AND COFFEE MORNING

At Winwick Church

Saturday 9th April

Saturday 17th May

10.00 till 11.30am



The Church is open for everyone to
come along and enjoy a cup of coffee
and cake and browse our extensive
supply of second hand books

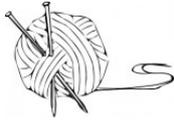
Donations invited in exchange for the above

Proceeds to go to the Church



For more information please
contact :
Sue Fowler 01832 293215

Craft Buddies



Do you love to knit or crochet or sew? Or would you like to learn? We're a small friendly group of people who love to welcome new members.

Meet new friends, learn new skills, and share your experience and knowledge. Bring along your projects or just come to chat.

No charge to attend, drinks including tea and coffee available to buy at the bar

7.30 - 9.30pm every Tuesday
At the Sawtry Club, Gidding Road, Sawtry
 Just turn up or for more info contact
 Carolyn on 01487 832682
 or email carolynwatts56@yahoo.co.uk

CLARMA'S CHALLENGE

TABLE TOP SALE

Date: Saturday 9th April
Venue: Old School Hall
 Green End Road, Sawtry PE28 5UY
Time: 9.30am – 1.30pm
£5.00 per table

Refreshments available

Grab a bargain or get rid of your clutter
 & raise funds for village projects

For more information and to book your table,
 please contact the Parish Council Office
 on 01487 831771

Fundraising Event for CARESCO

Date For Your Diaries

Car Treasure Hunt

On Sunday 17th July

in Sawtry and surrounding Villages

Full details in the next edition of Sawtry Eye
 and on the CARESCO Facebook page from June

For more information contact
 the CARESCO office on 01487 832105



WELCOME TO THE SAWTRY CAMERA CLUB



We meet on the 2nd Thursday of each month
 7.30pm until 9.30pm

At the Sawtry Club in Gidding Road
 Everyone will receive a warm welcome
 young or old, male or female
 beginners or experienced
 we learn from each other

For more information
 please contact 01487 830186



SAWTRY WI In Aid of the WI Hall

BINGO

1st, 15th & 29th April
 13th & 27th May

Everyone welcome - Eyes down 7.30pm

Contact for events

Secretary Ann Daniels 01487 831450

Charity Number 229016

SAWTRY GARDENING CLUB

We are affiliated with the RHS which gives us access to free garden advice and a group visit every year to one of their gardens. Join the Sawtry Gardening Group for £5.00 a year.

Come along and see if you would like to join. We meet monthly on the 2nd Monday of every month at the Sawtry Club in Gidding Road at 7:30pm.

In April we will be having a talk by Pam Tuplin and in May we will be visiting a member's garden



For more information contact either

Caz Vanslyck on 01487 831592
 Email cazvanslyck@hotmail.co.uk

or

Susan Lovelock on 01487 208146
 Email susanlovelock@hotmail.co.uk

Crowning Glory

Stilton Cheese-Rolling 2016

Celebrating HM the Queen's 90th Birthday

High Street, Stilton - Monday May 2nd



Free admission!

Fun starts at 10:30am

- May King & Queen
- Entertainment
- Cheese-Rolling
- Stalls and Sideshows
- Plenty of food and drink
- Music & Dance

Entry forms and directions on www.stilton.org/cheese-rolling



WINWICK GARAGE SALE

On Saturday 23rd April
from 10 – 4 pm

Come and see - Houses around the village will be selling Plants > Cakes / Puddings > Bric A Brac > Books > Toys

And much more

Children's Dragon Hunt

Maps and light lunches in the village hall

For more details or to rent a stall (£10) contact:

Sue on 01832 293215 or Jane on 01832 293513
or Alison on 01832 293209

Before 7th April

Proceeds in aid of the Church and Village Hall



Come to this year's
Sawtry Light Factory

Holiday Club

Monday 1st – Sunday 7th August

at Sawtry Methodist Church,
Green End Road

For children in School
Years 1 and above

For more details, contact Matt on
01487 830345

**** New Date, New Venue ****

Sawtry Small Business Partnership
& Sawtry Youth Project's

Christmas Fayre

Saturday 3rd December
Sawtry Village Academy

Details to follow

In Aid of Sawtry Youth Project & CARESCO



**Sawtry Parish Council
Annual Parish Meeting**

Wednesday 25th May at 7.30pm
in the Old School Hall, Green End Road

All residents of Sawtry are invited to attend the
Annual Parish Meeting.

Sawtry Youth Project have been invited to give
a presentation on their plans
for an all-wheeled facility in Sawtry.

This is also a great opportunity for parishioners to
put forward ideas and suggestions.

Contact the parish office on 01487831771
for more details

Lexophilia
*Who on Earth
Dreams These Up?
A lexophile of course!*

- How does Moses make tea? Hebrews it.
- Venison for dinner again? Oh deer!
- A cartoonist was found dead in his home. Details are sketchy.
- I used to be a banker, but then I lost interest.
- Haunted French pancakes give me the crêpes.
- England has no kidney bank, but it does have a Liverpool.
- I tried to catch some fog, but I mist.
- They told me I had type-A blood, but it was a Typo.
- I changed my iPod's name to Titanic. It's syncing now.
- Jokes about German sausage are the wurst.
- I know a guy who's addicted to brake fluid, but he says he can stop any time.
- I stayed up all night to see where the sun went, and then it dawned on me.
- This girl said she recognised me from the vegetarian club, but I'd never met herbivore.
- When chemists die, they barium.

Our thanks to Tony who has found some more daft examples of our beautiful language to keep us all laughing. The Editors

Raising Money For Dreamdrops Children's Charity

Johnson's Gifts
Presents

Family Fun Day

Saturday 2nd July
1pm – 6pm

Bouncy
Castle

Face
Painting

The Greystones,

The Green, Sawtry, Huntingdon,

PE28 5ST

Attractions

Refreshments

Stalls

And
Much

Much
More

Our Inspiration - Daisy Bell

Daisy's Story: Daisy is 5 and had listeria meningitis at 2 weeks old which led to her getting hydrocephalus at 11 weeks old she had her 1st brain surgery to have a shunt fitted, which unfortunately only worked less than a week so had another shunt fitted at 12 weeks. She then remained fairly healthy apart from pneumonia etc. until she was 3 then needed 3 shunt surgeries in 4 days in July. On 19th January 2016 Daisy got rushed to Addenbrookes Hospital and underwent surgery to remove her old shunt and fit an external one. Once Daisy is feeling better she will have to have more surgery to fit another internal shunt. But Daisy's a fighter and carries on raising awareness & money for charities such as Meningitis now, Shine and Dreamdrops.

You can follow Daisy's story on Facebook- The Daisy Bell Page



Sawtry CARNIVAL

Come and be a Superhero on
Saturday 11th June

Behind the Old School Hall
Green End Road, Sawtry PE28 5UX

There will be a
Parade around the village followed by
* Stalls * Bands * Carnival Courts *
* Dog Show * Fairground Rides *
And much, much more

Fun for all the family

Contact Jo on 07944 895114

The Best of the Band!

A concert by the
RAF Wyton Area Voluntary Band
to support the fight against cancer.

All proceeds to the appeal for
The New Macmillan Woodlands Centre
At Hinchingbrooke Hospital

Saturday 7th May at 19.30
Hinchingbrooke Performing Arts Centre,
Huntingdon PE29 3BN

TICKETS £12 (14 years and under £6)
from Maggi Stewart on 01832 293759
or stewart426@btinternet.com

WE ARE
MACMILLAN.
CANCER SUPPORT

This concert forms part of the
Wyton 100 celebrations



You are invited to take part in
the 6th Sawtry (front garden)



Scarecrow Trail

2nd – 10th July

Entry is free and Scarecrows can be of any size
or theme, no prizes just the fun of taking part.

Forms available from the Parish Council office,
please return form by 30th June

A map of the trail will be available from 1st July

Contact 01487 831771



GLATTON WI

We meet on
2nd Thursday of the Month
at 7.15pm in the Village Hall, Glatton

We start the evening with WI business
followed by an activity or talk
then refreshments

Meeting on Thursday 14th April
Subject: Cuddly, Wuddly Chocolate Co.
Speaker: Sarah Fowler
Competition: Chocolate Recipe

Meeting on Thursday 12th May
Subject: Crafts, Knit and Natter
Competition: An item you have made

You are very welcome to join us as a visitor
or as a new member

For more information see:
the Huntingdon & Peterborough WI
website www.hpfwi.com or
Glatton Village Website:
www.glatton.org.uk



By taking part in the
37th LION'S SAFARI WALK
(A sponsored walk around Grafham Water)
on SUNDAY 15th MAY

you can raise money for your favourite
charity and support our charity -

THE LIONS CLUBS UK DISASTER FUND

Organised by
HUNTINGDON GRAFHAM WATER
LIONS CLUB

With kind permission of Anglian Water PLC

Sponsor forms available from:
Lion Bernard Dable Tel: 01480 810704
or email hgwliionsclub@btinternet.com

SAWTRY FEAST SUPPER PRIZE BINGO



Sawtry Ex-Servicemen's Club

ON Thursday 28th April

EYES DOWN AT 7.30PM

You do not have to be a member of the Club to attend

Everyone very welcome

Great prizes

For details contact 01487 832645

Stuart Elliott

Janet and her family would like to thank everyone for all the cards, flowers and kind messages sent on the death of her husband. It was lovely to see so many from the village at his funeral and after at the Sawtry Workingmen's Club. A big thanks to Blondie for all his hard work.

Stuart worked as the village caretaker for a number of years. He was also a life member of the Workingmen's Club and played golf for the Sawtry Golf Society. Thank you all for your donations to the MS Society and MacMillan, £1,100 was donated.

Stuart will be sadly missed by family and friends.

Robert Langley

Sawtry Parish Council

Elections on Thursday 5th May

All Sawtry Parish Councillors stand down this year and have to apply for re-election. New councillors are needed and nomination forms are available from the District Council, Pathfinder House, St Mary's Street, Huntingdon – **01480 388 388**.

If you are interested in Sawtry and would like to be involved in this local tier of government then put yourself forward - closing date for nominations is 7th April.

CARESCO DONATIONS

We have received some very generous donations over the past couple of months and would like to thank the following in particular:

- Sawtry Parish Council and all who attended and gave so generously at the Sawtry Village Carol Service back in December last year. The collection was split between Christian Aid and the Sawtry Food Bank and we have now received £120.00 to support the work of the Food Bank team.
- The Screwfix Foundation have made a grant of £2,530 towards the cost of our lovely new external doors for which we are very grateful.

Thank you to everyone involved in any fundraising on our behalf, and also to those who gave private donations and also those who give regularly. Without your support we would not be able to continue with our range of services.

All contributions are gratefully received.

Liz Coates, CARESCO General Manager

NO WHITE GOODS OR LARGE FURNITURE PLEASE

Please note that due to lack of space, the CARESCO Charity Shop is no longer able to accept donations of large items of furniture or white goods.

Items in very good, clean and saleable condition can be offered to the British Heart Foundation by visiting their website www.bhf.org.uk or contacting the Huntingdon branch on 01480 802530 and asking for details.

For any items which have seen better days, please contact Huntingdonshire District Council on 01480 388640 to arrange collection (there will be a charge for this service) or use the recycling centre at Alconbury Weston PE28 4LH, contact number 01480 414796

Chairman's Challenge

The second Chairman's Challenge Quiz Night took place on Thursday 28th January at 'Greystones'.

Masterminded by Mel & Simon Bywater the questions created an atmosphere of fun despite a few groans when some teams got their questions wrong! A great evening and thank you to Mel and Simon, Dave from 'Greystones' and all the teams for their support – you raised £141.10.

Delia Riddle

Sawtry Parish Council

The Queen's 90th Birthday

Beacon Lighting

Thursday 21st April at 7.30pm

Sawtry Village Academy
Fen Lane, Sawtry

Look out for posters giving further details

CARESCO CHARITY SHOP

This April our charity shop will be celebrating the third anniversary since it opened and we would like to take the opportunity to thank all our wonderful volunteers, customers and staff who have been involved at any point since the opening on that wet April day in 2013.

The impact the shop has had on the local community is immeasurable, providing a hub of activity where people can get a warm welcome and somewhere to chat as well as finding a bargain or two.

Likewise, the shop has had a massive impact on CARESCO. Of course, the reason for having the shop is provide a steady and reliable income for your local charity so that we can continue to provide our services to help and support local people.

Thank you one and all.

For more information, please visit our website at www.caresco.org.uk or contact the shop directly on 01487 208026 and ask to speak to the duty manager.

Write to Sawtry Eye: 'Letters', CARESCO, Green End Road, Sawtry, Huntingdon, Cambs PE28 5UX
Or email sawtryeye@caresco.org.uk with subject 'Letter for Sawtry Eye'

PLEASE SEE STATEMENT FOR SUBMITTING LETTERS ON PAGE 3

THANK YOU FOR THE DANCE

On Friday 11th March , a dance was organised on behalf of Sawtry Village Academy, as part of the on-going fund raising effort to support the school. Over 70 people attended and danced the night away to music from DJ David Whisker (Dave Whiskey Disco). A raffle and auction were completed with a total of £600.50 being raised and donated. This will go towards the purchase of outdoor seating for the students. A huge thank you to all those who supported the event.

Sarah Wilson
Principal, Sawtry Village Academy

We would like to thank everyone who came to the dance , those who made donations, gave raffle prizes, and the wonderful hamper that was auctioned. We have been asked to organise another dance, probably on a Friday evening in October.

Dick and Pam Tuplin

SAWTRY INFANT SCHOOL NEWS



SAWTRY
INFANT SCHOOL

Wow what a start to the New Year we have had so far! We have done so much since January, here are some of our highlights.

Our Reception classes thoroughly enjoyed a trip to watch a live performance of "The Snowman" at Hinchingsbrooke School; it linked perfectly with their topic and it was great to forge a relationship with another local school.

Twenty singing stars from Year 2 took part in the A1 Schools Choir Festival at The Cresset, the theme this year was "Songs from the Musicals", they sang beautifully and did us proud!

To round off the Space Topic in KS1, a Planetarium came to school. Each class in Years 1 and 2 had a fantastic look at the sky inside the Planetarium and enjoyed a 45 minute lesson on the planets and stars in our solar system. They even had a sneak peek at the International Space Station and had a chat about Tim Peake's 'mission'.

We also took part in Sport Relief again this year, raising vital money for many worthwhile charities – we held a "Try-Althlon" and the children had a fun day of trying a range of different sporting activities.

And finally we were overjoyed to receive the result of our Ofsted inspection in December 2015. We are delighted with the outcome that we continue to be a Good school. Thank you to everyone who took the time to complete the Ofsted parent view questionnaire online and also for your continued support. As ever, please do not hesitate to contact us using the details shown below if you have any queries or concerns.

With best wishes from everyone here at the Infant School
office@sawtry-inf.cambs.sch.uk 01487 830678



SAWTRY CARNIVAL 2016

The 2016 Sawtry Carnival is approaching at high speed with the event day being **Saturday 11th June** when you can come and join us for a day of family fun - behind the Old School Hall on Green End Road, or via the entrance to Sawtry Academy on Fen Lane.

We have a fantastic Theme for this year of **Superheroes**, which was chosen by the children from the Sawtry Junior School. Sawtry Village Academy was set the task in the form of a competition to design the front programme cover and posters. This challenge was taken on by many students and our winning design was created by Holly Gregory, congratulations Holly!

Once again we have some great bands lined up and the stalls and stands are filling up with a variety of things to see and do.

The Sawtry Carnival will be presenting the £300 cheque to the Sawtry Youth Project soon and the committee look forward to doing the same this year for another local charity/project scheme.

Keep an eye out on our Facebook page for any updates on the Sawtry Carnival Court Selection and Crowning night for the Rose Bud, Princesses and Carnival Queen on Friday 8th April (*see front cover for details*) and for news about what and who will be at this year's show. Also keep a watch out for the Grand Prize Draw tickets that will once again be rolled out into the local shops.

If you wish to book a stall please email Martin on
sawtrycommittee@gmail.com

To advertise in the Carnival Programme please email David on
sawtrymarquees@btinternet.com

All other enquiries about the Carnival please call Jo on 07944 895114

Sawtry Eye Apr - May 16



SAWTRY HISTORY SOCIETY

The History of Peterborough Trams was the first talk of the year for the Sawtry History Society in January presented by Neil Mitchell. The trams took over from the Sedan chair of the 1750s, horse drawn carriages and omnibuses of the 1800s. The Electric Traction Co was formed around 1896 and the installation of 3ft 6in gauge tram rails to cover central Peterborough, the depot being at Millfield which is still in use today as the Bus depot. Overhead wires attached to 130ft poles came along with the tracks.

Each tram held around 50 passengers who sat either inside or out, despite there being no cover on the upper deck. They were well supported, recording 91,000 passengers in 1904, trams could even be hired for transporting wedding guests to the reception. By 1926 the decision was made to stop production of the tram as the petrol engine had been developed and the last tram ran in November 1928. The only reminder of the trams is a 130ft pole near the town bridge pointing to the 'Railworld'.

February took us into the world of Huntingdonshire Manors by Philip Saunders. A Manor can be any size of house, not necessarily a large one as we all imagine. Many were the residence of a 'wealthy person' who was given the title of 'Lord of the Manor' and who had jurisdiction over the tenancy. Different 'Courts' were attached to the Manors, the Manorial Court dealt with the civil matters of the estate, the Leet or View of Frankpledge dealt with the breaches of peace and what we would now call weights and measures. Within the Court records and rolls everything was recorded going back to the 14th Century in some cases, detailing the cost of special dinners held, and every little detail. All these records can be found at the National Archives and can be viewed by anyone. Sawtry manors were Moynes, part of Ramsey Abbey, Judith (or Jewetts), part of Sawtry Abbey, united with Moynes in 1537 and Beaumes, belonging to Walter de Beaumes.

Our next meeting on 21st April will be the Archaeology test pit results, by Phil Hill and on 19th May we will have Fenland History Past and Present by Mike Petty. Please come along and support the Sawtry History Society, all welcome.

Sheila Tibbs

The History Society meets on the third Thursday of the month in the WI Hall, Gidding Road, Sawtry.

Contact 01487 830054 for more information



WHAT IS A HEALTH WALK?

They can be different things to different people. Some do it because they have been advised to do so. Some because they go to keep a friend company, and some are really radical and go because they enjoy it. It's only an hour, it blows away the cobwebs, and you can finish at Tilly's. So come and discover parts of the village you don't normally see, get a smug feeling because you did something different today, and just try it you may like it.

The Huntingdonshire Health Walk scheme offers a free Health Walk on the 1st **Thursday** of every month in Sawtry - our next walks will be on 5th April & 7th May.

All walks meet at Old School Hall car park, off Green End Road at 10am

You can view the current brochure at www.huntingdonshire.gov.uk/healthwalks

New walkers are asked to turn up 15 minutes before published start times to fill in a short health questionnaire. Under 16s must be accompanied by an adult.

For further information please contact the Sport and Active Lifestyles team on 01480 388469 or visit www.huntingdonshire.gov.uk/activelifestyles



SAWTRY YOUTH PROJECT

Thank you for posting all of your comments and opinions during our Public Consultation, held at Sawtry Library between 15th and 29th February. To view these comments and other information about Sawtry Youth Project (SYP) please visit our website:- www.sawtry-youth-project.org. You can also keep updated with us at our Facebook page, by searching for 'Sawtry Youth Project'.



Further to this Public Consultation SYP have been invited by the Parish Council to provide further information on the 'All Wheeled Park' at the Annual Parish Meeting. Please come along to find out more on 25th May at the Old School Hall on Green End Road – see details on page 9.

We'd like to thank Sawtry Working Men's Club for hosting our Chocolate Bingo event which raised £300. Thanks also to all who donated and attended - your support is greatly appreciated.

You can come along as see us again at the Chairman's Challenge Table Top Sale on 9th April in the Old School Hall where we will be holding a Tombola. Also, we have the Jumble Sale and Car Boot on 16th April at Sawtry Village Academy – see details on the front cover. Flyers will be dropping through your doors very soon!!

HEARING DOGS FOR DEAF PEOPLE

Hearing Dogs for Deaf People is a National Charity, who train hearing dogs to alert deaf adults and children to important household sounds and danger signals, such as the alarm clock, doorbell, telephone and smoke alarm – providing independence, confidence and companionship.



Some of you may have noticed our cute Hearing Dog Puppies in Sawtry on a Tuesday at the Old School Hall, as this is our new venue for our regular classes for our Puppy Socialising Group in Cambridgeshire. The training of a Hearing Dog takes around 18 months, consisting of initial puppy socialisation (from 8 wks to 12-14 months of age) with Volunteers before moving onto soundwork training.

Please join us at a "Paws for Coffee" in aid of Hearing Dogs for Deaf People on Saturday 21st May from 10.30 till 12.00 in the Old School Hall. Meet some of our Hearing Dog Puppies who are being socialised in the area and find out more about how you can get involved. Along with refreshments, cakes etc, we will also have a raffle and merchandise sales - details on page 4.

Finally, if you are a leader of a Group and require a Speaker, please do contact us as we would love to "spread the word" about the life changing work of the Charity.

**To find out more, contact Gill Yeates, National Fundraising Manager,
gill.yeates@hearingdogs.org.uk or mobile: 07824 453319**

ACADEMY NEWS

This term we hosted our second "Pledge" day here at the Academy. Pledges is an awards system that offers our students a range of character building opportunities to enhance their learning and development. It is an expectation of every student to complete the Pledges during their time here. Our aim is to encourage and support many important qualities in students such as responsibility, expectation, intuition and citizenship, all of which are crucial for giving them employability and brighter futures.



Sawtry Village
Academy

In Saints House, as part of the Environment Pledge, students painted planters, dug beds for vegetables, made bird food and bird feeders. Some students went to Cambridge to visit the Botanical Gardens and local museums.

Students in Norman House worked on their Diversity Pledge designing posters and making presentations to raise awareness of dementia and old age. Their work culminated in a dance celebration of cultural dance performances.

In Archers House students worked on their Service Pledge by making toys for the animals at Woodgreen Animal Shelter, sandwiches to donate to the Peterborough Soup Kitchen and some students carried out furniture restoration for the science dept. A party was organised for local toddlers in the village and a presentation for World Book day was given to Y2 students from Sawtry Infants School. Students in Ermine worked on their Leadership Pledge by completing, amongst other activities, code breaking, App design and team building at Hinchingsbrooke Park and in Archers Wood.

There were many more activities and visitors during the day to support each House - a great success! We held our annual Year 9 Guided Pathways & Careers event for years 8 to 13 recently. The evening started with an informative assembly for Year 9 parents with regard to GCSE choices, followed by an opportunity to talk to teachers. 26 different career information stands allowed students to understand different future pathways available to them. These included Cambridge Universities, Stamford College, the Services, Police, Accountancy, Architecture and the NHS.

Sarah Wilson, Principal

**For more information, please contact the Academy at:
Fen Lane, Sawtry, Cambridgeshire, PE28 5TQ**

**T: 01487 830701; F: 01487 831679 or email enquiries@sawtrycc.org
or visit www.sawtryva.org**



Sawtry Food Bank working through Godmanchester

FOOD BANK NEWS

Feeding local people in crisis

Thank you to everyone who so generously donated tins and packets of food during our manned collection at the Sawtry Co-op Foodstore in March, thank you also to the staff at the Co-op who made us so welcome. Over the two days we collected over 340Kg of essential foods to be used in food parcels and distributed to local people in crisis. For details about which foods are required on an ongoing basis, please visit our page on the CARESCO website.

The food bank sessions are from 3.30 - 6pm Tuesdays & Fridays in the CARESCO Centre.

For more information about the food bank, please visit our page hosted on the CARESCO website, or contact the office on 01487 832105.

For foodbanks in general, please visit the Trussell Trust website



ROYAL BRITISH LEGION WELFARE

THE ROYAL BRITISH
LEGION



Dementia Care

The RBL has four dementia care lodges in Somerset, Norfolk, North Yorkshire and Warwickshire. Each one is based at a Legion care home and a fifth lodge is currently being built in Kent. All Legion dementia care lodges follow the "Butterfly Household Model of Care". It means that instead of reminding residents that they are living in the present, they are allowed to believe their memories are reality. This has been shown to reduce anxiety and increase wellbeing.

Over the next few years the RBL plans to continue investing in and improving the support offered to people with dementia. Need support? The Legion can help anyone with a Service connection that has dementia, or is caring for someone who is. For more information call the Legion helpline on 08088028080 (8am – 8pm every day) or visit www.rbl.org.uk.

Gulf War Illness Campaign

In this the 25th anniversary year of the First Gulf War, the RBL has launched a new campaign to focus on veterans with 'Gulf War Illnesses'. As many as 33,000 UK Gulf War veterans could potentially be living with illnesses connected to their Service in the Gulf (including chronic fatigue, hypertension, skin conditions and post-traumatic stress disorder or PTSD), yet there has been little research to date regarding best practice to ease some of the associated symptoms.

If you served in the First Gulf War and you are concerned that your health has been affected as a direct result, help is available. In the first instance you should contact your GP. Make sure you identify yourself as a veteran and explain that you are suffering symptoms that you believe are related to your time in Service. For more information on NHS care and priority treatment for veterans, visit the NHS Choices website. For further information about Gulf War Illnesses, please visit the Gulf Veterans Illnesses section of the MOD's website. Or call the Legion helpline on 08088028080 (8am – 8pm every day) or visit www.rbl.org.uk

Poppy Calls

Regrettably the RBL does not currently have this service in the Sawtry area. As soon as a new handyman has been recruited and trained it will be publicised here in the Sawtry Eye.

Stewart Wylie, Welfare Officer, Sawtry & District RBL

01487 831458 / 07780807182



We would like to introduce you to our established and vibrant business group now seven years old covering Sawtry and surrounding areas. If I tell you there are over 200 businesses working out of Sawtry over 120 out of Stilton and many more in surrounding villages, this in itself shows that we probably have no idea what services are within reach rather than searching the web etc. This also applies to every resident who may simply pick up an advertisement and contact a trade from outside of the area.

The Business Partnership provides the opportunity for local entrepreneurs and trades to network and spread the word. We are a not-for-profit partnership. The following is a brief description of what we do for the annual cost of only £50.00 a year per member:

- 5000 copies of the Annual Members' Directory with a full description of the services on offer from each and every member.
- Joint advertising projects and marketing opportunities.
- The SSBP websites www.sawtry.net and www.ssbpartnership.org with all members' details and huge opportunities to reach your target audience. A web presence, marketing not only to LOCAL people BUT to the whole global interaction.
- Links to other Business Clubs.
- Members only 'For Sale or Wanted' area on site. This would be for items no longer needed, machinery required, help with particular projects or simply vacancies to be filled.
- A barter/trade off club: some members might quite simply offer or have what you want and vice versa, very tax efficient!

A Monthly meeting which is not compulsory! Although we like to think that members might like to get together just once a month locally to have a chance to network and enjoy gaining some fresh contacts and socialising. We also have Guest speakers sometimes. We have a no collar and tie dress code! The possibilities are endless and that is because it is a members' partnership. Ideas, projects and future benefits will all come from the people who join. Plus we do have a very friendly social scene!

**To become a member or discuss any aspect of the Partnership
please call Ralph on 01487 832683 (daytime/evening)
If you would prefer to email please do so to ralph.maloney@ssbpartnership.org**

AN EYE ON NATURE

A friend asked me the other day why the two male robins in her garden were not fighting as robins are very territorial. It was then the penny dropped, my friend did not know that the male and female robins are identical to us. So this article was conceived from that conversation.

Why some birds are identical remains a mystery to me. Most of the crow family look the same as do long tail tits, but great tits are different. There is a thick black stripe running the length of the male's chest. On his mate, the stripe is much thinner.

Ducks are often different colours, even our common mallard which we feed in the park. This is because the female incubates the eggs and has to be well camouflaged to prevent being lunch for a fox or badger. While a male duck can have very striking feather colours for showing off to the ladies in spring.

Sometimes the differences between the sexes can be much more subtle. Even our familiar house sparrows can be told apart. But what is not so obvious to us, the males have a much larger darker bib when they become older and very importantly to their females, the bigger the bib the more fanciable the boys are. So this becomes a big dominance feature which our sparrow 'king' really shows off in spring.

Nature can be really weird sometimes and this is the case with some birds. The red-necked phalarope, a rare visitor, has a complete role reversal where the female is brightly coloured in breeding season and the male much more drab. This is because he looks after the eggs just like a mallard duck would.

Size is also a factor to distinguish the sexes. Being a male sparrow hawk is no fun. They are red chested as opposed to the female's white with brown bars, but it is their size which is the problem. Male sparrow hawks can be small enough for a big female to regard her husband as lunch so they have to be a bit careful!

As you enjoy your birds in your garden and on sunny walks, take the time to have a closer look to decide who is Mr and who is Mrs in our wonderful world of birds.

Martin Baker

The views expressed in this article are solely those of the author

For more information on our local wildlife, contact the Wildlife Trust:

Phone 01954 713543 or visit www.wildlifebcn.org



NEWS FROM SAWTRY LIBRARY

Arts Alive in Sawtry Library – Sawtry Early Years Children's Book Festival

Lion Learners – Saturday 16th April, 10.30 – 11.30 am

Ages 4 – 8 years. Tickets £2 per child [accompanying adults are free]

Meet Gillian McClure – Saturday 16th April, 2.30 – 3.30 pm

An afternoon of magical fun for children aged 4 – 8 years. Tickets £1.50 per child [accompanying adults are free]

Get Crafty! Get Creative! – Saturday 23rd April, 10.30 – 12 noon

Join amazing children's book illustrators Marion Lindsay and Nicola Killen in a morning of amazing craft activities.

Meet Matt Buckingham – Saturday 23rd April, 2.30 – 3.30 pm

Great fun for children aged 5 – 8 years Tickets £1.50 per child [accompanying adults free] from Sawtry Library

Learn to play the Ukele – Saturday 7th & 21st May, 12.45 – 2.45pm

Are you aged between 8 – 80 years - Come along and join in the fun! No need to be a musician - No need to own a ukulele - No previous musical experience necessary. £3 per ticket. Please note under 18's must be accompanied by an adult

Arts Alive in Yaxley Library

A Walk in the Woods (15) – Saturday 16th April 7.30pm

Based on the popular book by Bill Bryson. Tickets £5 includes refreshments.

If you would like any more information on these events please see a member of staff.

OPENING HOURS FOR SAWTRY LIBRARY

Monday	CLOSED	
Tuesday	4.00 - 7.00	
Wednesday	9.30 - 12.30;	2.00 - 5.00
Thursday	CLOSED	
Friday	2.00 - 5.00	
Saturday	9.30 - 12.30	



To renew Books: 0345 045 5225. To renew or Request Books www.cambridgeshire.gov.uk/library

Pam Goodwin

Sawtry Eye Apr - May 16

WELLSIDE SURGERY NEWS



Patient Survey

Thank you to all those patients who took the time to take part in our recent survey regarding online services. We were pleased to receive lots of positive comments regarding the online appointment booking and repeat medication requesting systems which we offer. Both these services have been available to patients for a significant number of years now but we were surprised that the survey results showed that some patients were still unaware of their availability. If you are not currently signed up to use these services but would like to do so please speak to a member of our Reception Team who will be pleased to assist you.

Choose Well

Cambridgeshire and Peterborough Clinical Commissioning Group offer a range of services throughout the local area. You can access lots of information to help you decide when it is appropriate to seek help on the NHS Choices website – www.nhs.uk. In order to make sure you get the right treatment and help us to manage NHS resources please make sure that you Choose Well:

- **Self-Care** – There are lots of minor conditions (cold, cough, headache, sore throat, cuts and grazes, bumps and bruises, indigestion, diarrhoea) you can treat at home with your medicine cupboard and plenty of rest.
- **NHS 111** – Call 111 (available 24/7) if you need medical help or advice urgently but it's not a life-threatening situation.
- **Local Pharmacy** – Your local pharmacy can provide confidential, expert advice and treatment for a range of common illnesses and complaints.
- **GP Surgery** – We provide you with a wide range of family health services including diagnosis, treatment and management and prevention of health conditions. We also provide a minor injury service during practice opening hours suitable for cuts, burns, falls, sprains and strains, foreign bodies, etc.
- **GP Out of Hours Service** – If you require urgent GP care when the surgery is closed please call the practice as per usual, or call NHS 111, to be directed accordingly.
- **A&E Department / 999** – You should only go to A&E or call 999 when it is a critical or life-threatening emergency.

Plea to Patients

Please do let us know if you have booked an appointment but subsequently find, for whatever reason, that you are unable to attend. During February 51 GP appointments and 80 nurse appointments were booked but not attended. These are appointments that could have been offered to other patients in need of our care if they had been cancelled.

Mrs Claire Wright, Practice Manager
Wellside Surgery, Sawtry, Tel: 01487 830340



SAWTRY CHORALE MEN CAN SING, TOO!

In fact, everyone can sing but for some reason men are not as willing to give it a go. Sawtry Choral always has room for new singers. Most of our members are ladies so, gentlemen, are you ready to take up the challenge? We need basses and tenors but if you are not sure which you are our Musical Director, Angus Davidson,

will be happy to advise. We sing all kinds of music from folk to popular, spiritual to traditional. You do not need to be able to read music and you won't be asked to sing on your own. Contact me on 07754 618364 for more details or just come along to see how much you like it before paying subs.

After a short Easter break we will start rehearsals again on Wednesday, 6th April at 7.45pm in the Methodist Church Hall, Green End Road, Sawtry. We will continue preparing for our summer concerts. So far, we have two booked. The dates for your diaries are:

- Friday, 8th July starting at 8.00pm in The Church of St John the Baptist, Keyston. Proceeds will go to the church for their fabric fund and to Hunts Community Cancer Network (HCCN). HCCN is a charity that provides community cancer care services to allow certain clinical procedures to be performed in the comfort of patients' homes instead of in hospital. The service also offers vital support for those living with cancer.
- Saturday 9th July at 7.30pm in the Church of St Margaret, Upton. The concert will raise much needed funds for church maintenance.

This is our 30th year of singing in the community and raising money for good causes. We look forward to seeing you at rehearsals or at our concerts.

For more information go to <http://www.sawtrychorale.co.uk> or check out our Facebook page.

May there always be music in your life.

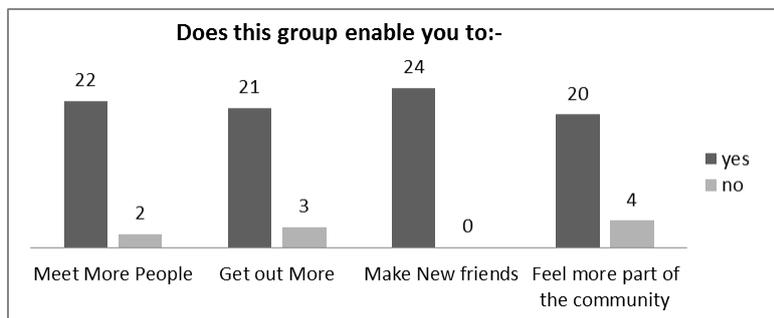
Hazel Rea



FRIENDSHIP & VINTAGE CLUBS

Vicki, the manager at our Vintage Club noticed when she was working as a care worker that isolation and the need for company were often key issues that came up. These have also been reiterated by Club members when recently interviewed by Susan Bate as part of a user evaluation being carried out by Care Network Cambridgeshire.

The participants were asked "Does this group enable you to?" and the answers are below



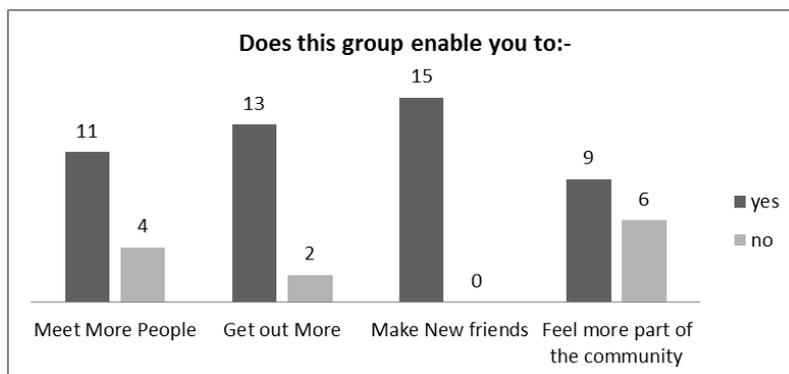
These are all indicators of reduced isolation through membership of the Vintage Club.

Here are just a few of the comments that the members said:-

- *Gets me out of the house and I see people. Good natter, good laugh and good food.*
- *Home cooked food and I am not eating on my own.*
- *I feel part of something and the staff and volunteers are very kind.*
- *The company, lucky to have somewhere to come.*

Susan also visited our Friendship Club and undertook similar interviews with its members as part of a user evaluation. The first thing she noticed was the friendly welcome everyone gave her and their delight when she said she was staying for lunch.

The members were again asked "Does this group enable you to?" and the answers are shown below. As with the Vintage Club results above, these are all indicators of reduced isolation through membership to the Friendship group.



Here are just a few comments made by the members:-

- *Come to help people, keeps my mind active and it keeps me going*
- *To get out of the house and to meet people as I live on my own.*
- *The meal, talking, socialising, wanting to know what's happened in the week. Sometimes I don't want to come but I am pleased when I get here.*
- *Feeling part of something and being able to help.*
- *Being together with people, the company, everybody is friendly, feels empty when I go home.*
- *Eating a meal together and not on my own.*

From these comments you can see that social interaction and having a place to go is very important to people. It emphasises the importance and the need to have groups like ours in the community and the benefits it has on people's lives that use the Vintage and Friendship Clubs.

You can find the Vintage Club at the CARESCO Centre, off Green End Road, Sawtry PE28 5UX on Wednesdays and Thursdays from 9.30am until 2.30pm, email us at vintageclub@caresco.org.uk or call the office on 01487 832105

The Friendship Club meet at the CARESCO Centre, off Green End Road, Sawtry PE28 5UX on Mondays & Tuesdays from 10.30am until 1.30pm, email us at friendshipclub@caresco.org.uk or call the office on 01487 832105

SAWTRY SHOW 2016 SATURDAY 10TH SEPTEMBER

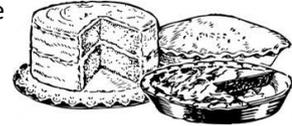
As you will see in the 'Yellow Pages' of this edition of the Eye, the classes for this year's Show have been published. The venue, Sawtry Village Academy, is booked and now all we need is YOU to ensure a Show as varied and outstanding as previous years.

There is a category for everyone to enter whether it's gardening, flower arranging, baking, wine and beer making, art and craft or photography. Whatever your interest, or hobby, the Show should have something you can turn your hand to. Come on, get busy and give it a go. See if you can be a trophy winner in 2016.

The next meeting of the Show Committee will be on 14th April in the Old School Hall at 7.30pm. If you would like to get involved, please come along. It is a rewarding feeling on the day when the plan comes together.

If you would like to be involved in the organisation of the show please contact me on 01487 831281.

Barry Dupée, Show Chairman



GOING GREEN

Surprisingly it's already 6 months since the government introduced the levy on single-use plastic bags and by the end of the first month retailers were confirming the anticipated drop of around 80% in demand for bags, while requests for bags-for-life had quadrupled. This is brilliant news from the environmental point of view and shows how easily our behaviour can be changed with a relatively small incentive.

In 2014 7.64bn bags were given away in England alone, now that was a lot of plastic much of which ended up as litter on our pavements, hedgerows and beaches doing untold damage to our countryside and wildlife in addition to just being an eyesore and costing an estimated £10m to clear up. This must have been at least in part because most of us do not value something given away for free and therefore weren't careful with our bags. But what a difference a mere 5p has made, most of us now look after the bags we have and ensure that they are reused, not just thrown away, and how many of us have left the checkout at the Co-op to run out to the car and retrieve forgotten bags rather than buy new ones? I'm certainly guilty of that. In fact my car now has two bags permanently stashed away for emergencies and I usually also carry a couple with me at all time just in case.

As a child I can remember being sent back to the corner shop with empty bottles to collect the deposit, and that scheme certainly worked. Few people casually dropped empties in the street or threw them over someone else's garden wall. Any that were discarded were quickly retrieved by local children so that they could claim some bonus pocket money for sweets - an efficient litter picking service!

So, the next question is when will the deposit on glass bottles be reintroduced?

Eco Apprentice



VOLUNTEER FOR A BETTER SAWTRY

We have a shortage of volunteers in the Sawtry area.

Shape your community for the better by helping older people live happy, healthy and independent lives. Even with just a few hours a month, we have flexible roles to suit you:

Offer practical and emotional help to local people after an illness or stay in hospital.

Help at Home volunteers offer support (usually for 3 weeks) by: collecting prescriptions, shopping, meal deliveries or just having a chat and making sure people are ok. You could also help with one-off tasks such as changing a light bulb or taking curtains down for a wash.

Support older people to find services and activities to help them stay connected with their community. Community Navigators volunteers find information about anything from social activities to services that help people stay independent at home, e.g. gardeners and cleaners.

Get involved with a local community group by working with the Community Development team to meet a particular need? You could start or get involved in anything from car schemes to lunch clubs and singing groups. You could make a big difference!

Contact us now on: 01954 211919 to find out more, or www.care-network.org.uk.
Email: volunteering@care-network.org.uk. Thank you!



SAWTRY HISTORY THEN & NOW

Our ongoing series from Sawtry History Society on the stories behind old buildings which can still be seen around the village today

THE STORY BEHIND THE SIGN



The name is familiar, Westerman, of Lane & Westerman, drapers shop from Green End Road but who is W Westerman? Is it Walter the son of Lizzie and George? No, he emigrated to Canada in March 1926, so who is our mystery plumber?

George Westerman was born in Lofthouse, Yorkshire in 1865 and had two siblings, one being Willie Westerman who was born in Crigglestone Nr. Wakefield in 1870. At the age of 21 in 1891 he was lodging with his uncle, George Bywater Keighley, a plumber and decorator, where he was able to learn his trade. He moved to Sawtry between 1892 and 1900 as in 1901 at the age of 31 he was living in High Street with William Scotney, a Carpenter and Joiner.

Willie met Rosa Stanyon of Church Street, daughter of Samuel Stanyon, Boot and Shoemaker. Rosa was born in 1879 and at the age of 24 married Willie Westerman in 1903, she was a Dressmaker. The couple lived in Front Street (High Street), Rosa died on the 14th March 1920 aged 41, her funeral being attended by friends and family.

During his time in Sawtry, Willie joined the Wesleyan Chapel and became a Trustee and Poor Steward, he was also a keen cricketer, after a full day of trading he died suddenly of a seizure on 18th November 1920, aged 52.

**Sheila Tibbs & Alan Bottell,
Sawtry History Society**

For more information and pictures, please visit the Sawtry Community Archive website at <http://sawtry.ccan.co.uk/>

ST NICHOLAS PARISH CHURCH

CHURCH ROAD, GLATTON

April		
3 th	9.00am	Morning Prayer (BCP)
10 th	9.00am	Holy Communion
17 th	9.00am	Holy Communion
24 th	9.00am	Holy Communion

May		
1 st	9.00am	Morning Prayer (BCP)
8 th	9.00am	Holy Communion
15 th	9.00am	Holy Communion
22 nd	9.00am	Holy Communion
29 th	9.00am	Morning Worship

Plant Stall

The St Nicholas Plant Stall located on the Village Green will again provide an abundance of attractive plants for sale on Saturday 7th May starting at 0900 to 1400. This event is very popular and there is good parking adjacent to the Green; we look forward to welcoming many passers-by.

Tea and Cake

Come and join in the Tea Afternoon on 20th April and 18th May in the Village Hall from 3 - 4.30pm. Find out what is happening at St Nicholas, chat with friends and meet new people.

FOR FURTHER DETAILS RING THE RECTOR

Please phone Rector Rosie on (01487) 830215 with any general enquiries, or to ask for prayer.

See Glatton website for more information: www.glatton.org.uk

ALL SAINTS' PARISH CHURCH

Church Causeway, Sawtry, PE28 5TD

www.allsaintssawtry.org.uk

SERVICES

April		
3 rd	8.00am	Holy Communion (BCP)
	10.30am	All Age worship
10 th	10.30am	Holy Communion
17 th	10.30am	Morning Worship
24 th	10.30am	St George's Day Parade Service

May		
1 st	8.00am	Holy Communion (BCP)
	10.30am	All Age Worship
8 th	10.30am	Holy Communion
15 th	10.30am	Morning Worship for Pentecost
22 nd	10.30am	Holy Communion
29 th	10.30am	Morning Worship

ANNUAL PAROCHIAL CHURCH MEETING

The Annual Church Meeting of All Saints Sawtry will be held on Sunday 17th April, after the morning service. All those on the electoral roll of the church are encouraged to attend. The meeting is an opportunity to hear about the life of the church over the past year, to elect representatives who will make decisions over the coming year and to look ahead to the future.

MESSY CHURCH

Messy Church will meet on Saturdays 16th April and 21st May, 4.30 - 6.30pm, in church. – but-not-as-you-know-it — for all ages, especially children and parents/carers. Come and enjoy being messy, with activities, celebration and a meal together.



ADVENTURERS AND DISCOVERERS CLUBS

After school Adventurers Club will meet at Sawtry Infant School on Tuesday 19th April and 17th May, 3.00 - 4.30 pm. For more info contact Revd Imogen Falvey on 07903098982. Discoverers (years 3 - 6) will meet on Fridays 15th April, 6th and 27th May 6.30 - 7.30pm in church. Seekers will meet on Tuesdays 12th April, 3rd and 31st May, 7.45pm at 48 Newton Road. For more info contact Ali Scott on 07506411507 or 832478.

PLANT SALE

A plant sale will be held on Saturday 7th May, 10 - 11.30am at the Old School Hall. Please think about potting up a few extra seeds or cuttings to donate, and do come along to buy your bedding plants, veg plants, and perennials to fill the spaces in your garden border.

FLOWER ARRANGING IN CHURCH

All Saints benefits from the talents of a team of dedicated flower arrangers who take it in turns to provide two arrangements for the church and also contribute to special seasonal arrangements. New members of the team would be very welcome. For more info, please contact Maureen on 832841.

SATURDAY OPENING

All Saints is open every Saturday from 2.00 to 4.00pm, for space to pray, or enjoy a cup of tea and a chat. A warm welcome awaits you.

RECTOR'S RETIREMENT

On a personal note: I am retiring in July. I've enjoyed being Rector of All Saints and St Nicholas, and part of the life of the villages, but Malcolm and I are now looking forward to a slower pace of life. My last service will be on Sunday 3rd July at 10.30am: do come and say goodbye.

FOR FURTHER DETAILS CONTACT THE RECTOR

Contact the Rector, Rosie Ward, on (01487) 830215 or wardrosie@btinternet.com with any general enquiries or enquiries about baptisms or weddings, if you would like a visit, you have any questions about the Christian faith, or would like to have prayers said for anyone.

The Curate, Imogen Falvey can be contacted on 07903 098982 or falvey12@btinternet.com

SAWTRY METHODIST CHURCH

Green End Road, Sawtry, PE28 5UX
 Rev David King - Tel 01480 853857
 Sunday Morning Worship at 10.30am

SPECIAL SERVICES

Café Worship
 8th May– 10.30am
 Led by members of the congregation

The Holy Spirit in our Lives

Tuesday 10th May– 7.15pm
 Led by Revd David King
 Come and join us, all are welcome

MONDAY UNITED FELLOWSHIP

Alternate Mondays starting at 2.30pm - Open to all
25th April & 23rd May
 Contact Joy Kisby for more information on 01733 566588

SATURDAY COFFEE MORNINGS

9.30 – 11 am
 In aid of Building Project Phase 2.

REMEMBRANCE

The Sawtry and District Branch of the Royal British Legion remember the fallen throughout the year. In April and May we particularly remember:

APRIL

Private Bertram David HAYNES	19 April 1917	Sawtry
Private James STAPLETON	19 April 1917	Sawtry
Private Reuben GRAY	23 April 1917	Wood Walton
Private James REID	6 April 1918	Great Gidding
Private George Henry COLBERT	12 April 1918	Holme
Private Frank WILLIS	24 April 1918	Holme
Trooper Reginald ELSOM	23 April 1943	Sawtry

MAY

Private William WRIGHT	3 May 1917	Sawtry
Private Arthur YEOMANS	3 May 1917	Great Gidding
Private Archie ROWELL	13 May 1917	Sawtry
Private Charles William BODGER	5 May 1918	Old Weston
Private Leslie Charles REDHEAD	20 May 1940	Great Gidding
Private George Joseph William GINNS	28 May 1943	Sawtry
Lance Sergeant Robert KETTERINGHAM	29 May 1944	Sawtry

When you go home tell them of us and say
 For your tomorrow we gave our today.



ST BENEDICT'S CATHOLIC COMMUNITY SAWTRY

Served by St Luke's R.C. Church Peterborough

In 1981 St Benedict's Catholic Community Sawtry was formed. Mass is celebrated at the Women's Institute Hall, Gidding Road, Sawtry on Sunday Morning at 9.15am. After Mass you are invited to stay to meet everyone and enjoy refreshments.

There is also a House Mass each month, and a weekly Prayer Group.

Everyone is Welcome

We are a friendly proactive community involved in a number of events in Sawtry and the surrounding villages.

St Benedict's also works closely with the other Church communities in Sawtry.

If you wish to know more

Contact Tony – tony.stefanelli04@gmail.com - 01487 830680

Or Christine – chrissi4328@gmail.com - 07951 488466

For details of all services at St Benedict's and St. Luke's Peterborough check website

<http://www.saintlukesparish.org.uk>

Find us on:



QUESTIONS FOR THE GARDENER

My young Cabbage leaves have tiny circular holes in them, what is the cause and will it cause damage the plants?

This sounds like flea beetle to me. These are particularly troublesome little beasties that will attack members of the *brassica* family. Flea beetles will go for newly germinated plants and recently planted out young seedlings. Flea beetles emerge from hibernation in spring ie in April/May; young brassica plants are their favourite food. They will make small circular holes in the leaves as they feed on them and this damage in time will severely check the plant's growth and will eventually kill the young plants. The beetles are small, black, and about c. 3 mm long; their larvae will damage the plants by feeding on the leaves. Once they have had their feed, they will hibernate again for winter to emerge in spring to continue the cycle. So practice good husbandry especially if any plots are overgrown.

Treatment: The soil should be well prepared in advance of sowing or planting. If possible, cover the plants over with a fleece straight after sowing, planting, or use an insecticide for the first two or three week, this should help to reduce numbers. Young brassica plants should not go short of water at any time as this will help the young plants to establish themselves quickly.

Tip: Grow nectar & pollen loving flowering plants close to your fruit trees & bush fruits thus encouraging more pollinating insects to fertilise them.

Good Gardening

The Gardener

COULD YOU BE SPECIAL?

Do you want to do something special for yourself, your community and your employer? Do you want to gain invaluable experience and training to achieve your personal or professional goals? Why not join the Special Constabulary and find out just how much you are capable of?

Your employer may even give you time off to volunteer under the employer supported policing scheme.

What do Specials do? As a Special Constable you will work with us to help keep the people within your community safe. In return we will provide you with invaluable experience and training to achieve your personal or professional goals.

Have you got what it takes? The Special Constabulary welcomes applications from people from all walks of life and backgrounds. The kind of people we need have good life skills and experience, plus strong community awareness.

How to apply

For more information about becoming a Special, or to apply, visit www.cambs.police.uk/recruitment/Specials or email specials@cambs.pnn.police.uk

GET CLOSER
AND FOLLOW THE FORCE!

CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

DID you know that being a smoker or living with someone who smokes puts you at higher risk of having a fire in your home? Here are some tips to take on board or give to friends and family that smoke:

- Never leave a lit cigarette or pipe unattended.
- Always use a proper ashtray and make sure the contents are cold before you tip it in the bin
- Never smoke in bed and avoid smoking in a chair if you are likely to fall asleep

Most importantly, fit a working smoke alarm and test it regularly. Don't forget to also test the smoke alarms of those you love.

If you think someone is vulnerable and could be at a higher risk if a fire broke out in their home, then please call us on 0800 917 9994 and we can provide advice and support.

For the latest news, incidents and safety advice, or to contact us, log on to www.cambsfire.gov.uk, find us on Twitter, Instagram and Facebook or call 01480 444500



CAMBRIDGESHIRE
FIRE & RESCUE SERVICE
Working together to improve community safety



Wildlife Trust – Huntingdonshire Local Group

www.wildlifetrust-huntsareagroup.org.uk/

Beautiful Bluebells of Brampton Wood

Sunday 1st May

There will be two guided walks; one at 10.30 and one at 14.30

George Cottam, who is Warden of Brampton Wood, will lead us through this woodland where a rich variety of flora can be seen. His aim will be to highlight the beautiful scent, colour and freshness of the bluebells that encapsulate the essence of a traditional English spring.

Please meet at Brampton Wood Car Park, Grafham Road, Brampton at 10.30 or 14.30. GR TL 184698. Park in the Trust car park. There is no charge, but donations are welcome. For more information please contact George on 01480 450809.

Meadow Magic

Sunday 22nd May

Guided walk at Upwood Meadows at 2.30pm

Kevin Doidge, the voluntary warden, and other local wildlife experts, will guide us through these ancient meadows. A rich variety of flowers should be seen in the three meadows that have been largely undisturbed by modern farming methods.

Please meet at Upwood Meadows Car Park, Meadow Lane, Upwood at 14.30. GR TL 251825. Parking is limited so visitors are encouraged to car share, walk or cycle. There is no charge, but donations are welcome. For more information please contact Tim on 01480 457795.

Registered Charity No: 1000412



SHOPPERS STAND BEHIND FAIRTRADE

Growth in four out of the five main Fairtrade food categories in 2015 – coffee, tea, bananas and cocoa – all showed that shoppers are still supporting Fairtrade, despite the tough grocery market. There was also double digit growth in volumes of wine and flowers sold in 2015. Sales of Fairtrade gold sourced from artisanal small-scale gold miners also increased five-fold. In real terms, this growth in volume means that in 2015, the UK's appetite for Fairtrade meant:

- More than 88 million more Fairtrade bananas were eaten, compared to 2014.
- An estimated 255 million more cups of coffee were drunk in 2015 compared to 2014
- Around 126 million Fairtrade flowers were given to our loved ones (or ourselves!)
- We brewed an additional 184 million cups of Fairtrade tea in 2015, compared to 2014.

However, not all Fairtrade products fared as well as volumes of Fairtrade sugar declined by 36% in 2015, compared to 2014, spelling real challenges for the many thousands of small-scale cane growers dependent on cane exports to the EU for their livelihood.

Initial estimates of the overall retail value of the UK Fairtrade market show a slight decline to around £1.6 billion in 2015, compared to £1.7 billion in 2014. However, if cane sugar is removed from the equation, overall Fairtrade sales grew by an average 4% in volume.

Look for the FAIRTRADE Mark on your shopping. It's your guarantee that disadvantaged farmers and workers in the developing world are getting a better deal.

For more information visit www.fairtrade.org.uk or call the Fairtrade Foundation on 020 7402 5942

CAMBRIDGESHIRE ADVANCED DRIVERS AND RIDERS

Changing attitudes by education

www.cadar.org.uk

Are you a good driver or motorcycle rider? Advanced driver and rider training is for all, young or old, inexperienced or been driving or riding for years.

What is advanced driving and riding? Advanced driving and riding is all about HAZARD management. Virtually all road traffic collisions and incidents are caused by driver (or rider) error with the driver (or rider) not being able to deal correctly with the HAZARD.

In our region the five most common causes of fatalities on the roads are **using a mobile phone whilst driving, excessive and inappropriate speed, drunk / drug driving, not wearing a seat belt and distraction at the wheel.** In the last year four people have been jailed in our region for causing a road fatality whilst using a mobile phone.

What is a HAZARD? There are fundamentally three types of HAZARD:

- PHYSICAL FEATURES such as roundabouts, junctions, bends, crests and the condition of the road surface, etc.;
- OTHER ROAD USERS such as vehicle drivers, motorcyclists, cyclists, pedestrians, animals, etc.;
- WEATHER CONDITIONS such as rain, sun, ice, fog, snow, micro climates on bridges or under trees or shaded areas etc.

CADAR is a club where members are trained to recognise and manage HAZARDS using the System of Car Control as taught to police drivers.

For an annual membership fee of £10.00 you can be coached in advanced driving (or riding) and will be encouraged to take the RoSPA Advanced Driving Test. If you just want to be coached but not take the test then that is fine also.

CADAR's mission is to promote safer driving. Contact us by email at info@cadar.org.uk or visit our website at www.cadar.org.uk for further details.

This issue's top tips:

- Never drive so fast that you cannot stop safely within the distance you can see to be clear on your own side of the road (2015 Highway Code article 126).
- Be seen: Be safe – in poor light conditions use dipped headlights as they are better than sidelights or daylight running lights.
- Always drive with a 2 second gap between you and the vehicle in front (allow considerably more in adverse road or weather conditions) (2015 Highway Code article 126). Not sure how long 2 seconds is then recite "*Only a fool ignores the 2 second rule*". If you cannot recite that from when the vehicle in front passes a fixed point and you passing that same fixed point then you are driving too close.



Bags of Help for community projects in Cambridgeshire

Do you know of a local community green space project that would benefit from up to £12,000? If so, there are Bags of Help at hand!



The money raised from the 5p bag charge in Tesco stores is being used to pay for a large number of local projects to improve green spaces in communities across the UK. Grants of £8,000, £10,000 and £12,000 are on offer through the scheme.

Community charity Groundwork is administering the funding and you can find all the details on our dedicated website: www.groundwork.org.uk/tesco

In total the Bags of Help programme will support around 2,500 projects each year across the UK – about 40 of those are in Cambridgeshire. There will be two funding rounds per year over the next three years, meaning that around £700,000 will be given out in grants.

The next round of applications opens online on 18th April. Don't miss your chance to benefit!

All information about the scheme is on the website (details above) but you can also contact your local Bags of Help Enabler for further information about applying on Katie.dean@groundwork.org.uk or 07736 132870.



SAWTRY MOTORCYCLE CLUB

Start of the Season



Well, it's nearly that time of year when a lot of bikers are thinking about dragging their beloved machine out from its winter hibernation. However, please don't just jump on it and disappear up the road; those sort of journeys often end in tears. So, as a public service, here's a checklist to help make the first ride of the season a happy (and safe) one:

Brakes: Make sure discs are corrosion free; check the pads; check the operation of brake levers – if the brakes feel 'spongy' you should consider changing the brake fluid; test the brakes at slow speed (walking pace).

Tyres: Check condition & tread. If the tyres have had the weight of the bike on them over winter, check the tyres for damage especially in the sidewalls. If you find any cracks, replace the tyres. Check the tyre pressures.

Oil: It's possible that moisture could have crept into the system, so change the oil & filter to prevent damage to the engine.

Chain: Check the adjustment is correct and that the chain is well lubricated.

Electrics/Battery: Check all lights & horn to make sure they work. Hopefully the battery will have been on charge over the winter, if not it may need a slow charge to bring it back to life before doing anything else.

Suspension/Steering: Check for excessive play in steering/shock absorbers; check fork seals for leaks (especially after compressing them a few times).

Fuel: May have 'gone off' (which could clog injectors/carburettors), so consider draining and refilling with fresh fuel.

Coolant: If you have a liquid cooled bike, check the coolant level.

The Rider: Last but not least! Check your bike gear is in good condition (and still fits!). Give yourself time to get your 'riding head' back on by taking it easy on the first ride-out; it will soon come back to you. It's a bit like riding a bike.....!

That's all for this edition - check out our Facebook page for details of forthcoming events: search for "SMCC What's On".

Ride safely

Pete

Tel: 01487 832478 - Email: smcc@scottfamily.plus.com

SAWTRY AND DISTRICT BOWLING CLUB

The Club would like to congratulate Toby Furzeland on winning the County U25'S Competition and wish him well for the National Finals at Newark in April. Toby sets a great example for our Juniors.

Mr Rayson has asked the Club if we would host a Charity match for the Woodlands Centre at Hinchingsbrooke hospital in Memory of Sue his wife, and we will be arranging this later in the season. There will also be a memorial to Sue in the Club surrounds as she was such a keen gardener and spent many hours working on the tubs and planters. There will also be a new bench seat in memory of Frances Henderson a great player and supporter of the Club who died last winter.

We are now developing a new Club website which can be viewed at

www.hugofox.com/community/sawtry-and-district-bowling-club-8948/about-us.

The Club must thank Miss Maddie Leader for all her hard work in getting our website up and running, there is still some updating to do, but there is already much information on the site that will be of interest to members and potential members.

The Club House, the cloakrooms and the kitchen have all been decorated for the start of the season so many thanks to the workers.

DATES FOR DIARIES

Saturday 9 th April	Quiz (teams of 6 at £2.50 a head)	at 7.30pm
Saturday 23 rd April	Opening Day	at 2.00pm
Tuesday 26 th April	Coffee Morning at the Club	at 10.00am
Saturday 4 th June	Race Night at the Club	at 8.00pm

Please note that all events are at the Club unless otherwise stated

Any Queries contact

Ladies Secretary; Mrs Maureen Urwin Tel: No: 01487 830193

Club Secretary Mr Kevin Bowers Tel No 01487 832854





SAWTRY COLTS

The wet winter has hit the Greenfield pitches hard with most teams not having played many matches over there so far in 2016. Yet again there will be lot of fixture congestion over at Greenfield as the rush is on to finish the league season before the annual "summer" tournament season begins.

The Under 7s (U7s) are one team who have not played too many games due to postponements but have a cup semi-final to look forward to in their first season, weather permitting. The U8s, after promotion to the top league, have found the going tough losing in the league to Buckden, Huntingdon and Warboys. They managed to play their cup semi-final but unfortunately lost to a very good Buckden side.

The U10 Yellow Sox have played two matches of late beating Stukeley Meadows on both occasions.

The U11 Blue Sox have played 3 games, losing and drawing with Brampton and beating Huntingdon.

The U11 Yellows continue their good season with 3 wins and a draw in their recent league matches but went down in the cup against St Ives.

The U12s have been busy of late with 4 wins, a draw and 3 defeats so far this year. They have somehow managed to finish their league season - they currently sit 4th but will probably slip down the table a little as other teams have matches still to play but should finish comfortably in mid-table.

The U13s also lost their cup match, going down 1-0 in a very close fought game against Huntingdon. They have won their 3 league games so far this year and are still in the running for the league title, currently sitting in 2nd place, with games in hand of the leaders.

The U15s girls began 2016 in February, due to the weather, and have had a win, a draw and 2 defeats - they have 5 matches left, four of them at home. They currently sit 2nd bottom of the league in a very competitive division.

The U15 Blues have had one win and 3 defeats this year and currently sit 3rd bottom in the table with 8 matches still to play. The U15 Yellows lost their first 5 matches of the year but managed to draw their last game but they currently prop up their league.

The U18 Girls continue their struggle with lack of numbers, with girls being unavailable due to work commitments and others struggling with injuries, this year they have managed just the three games winning one match and losing two. Lack of numbers also meant their cup semi-final against Netherton was postponed but they still have this to look forward to later in the season.

So, as you can see, a few teams still have a chance of silverware in the cup this year with the U13s having an excellent chance of winning their league for the second year in a row - wish them all well.

Brian Craig

www.sawtrycolts.co.uk



SAWTRY CRICKET CLUB



A new season is fast approaching and we are preparing both facilities and teams in readiness for the first games.

Over the winter we have been fund raising to finance the purchase of new c.c. roll-on wicket covers to improve the playing surface. We had a successful cheese / wine and games night and a quiz night, thank you to everyone who supported these events. With the combination of kind donations, sponsorship, a sports grant and money raised from social events we are now able to order the new covers and hope to take delivery before the new season starts.

We would like to take this opportunity to invite anyone to join us a help keep alive the tradition of village cricket in Sawtry. We have two senior sides and two junior groups and would welcome anyone who would like to play either regularly or as available to cover for players holiday / work commitment. There is no membership fees as you only pay for the games you play.

We will be holding some net practice and training at One Leisure Sawtry on the following dates:-

4 th April	at 7 to 8pm	Juniors only
11 th April	at 7 to 9pm	Juniors and Seniors
18 th April	at 7 to 9pm	Juniors and Seniors

Cost are £3 per hour or £5 for two hours.

We are also holding a work party at Greenfields on 9th April from 9.30am to prepare the wicket and equipment, all volunteers welcome. Looking ahead we have plans for a Curry and Race night in June (more details to follow).

Hopefully we can look forward to good cricketing weather over the coming months, good results for all teams and a few new faces.

Sawtry Cricket Club

Contacts: Diane Burcham 07811 072670; Sandy Adamson 07963 342737

DRAGON ACADEMY

Facebook "Sawtry Martial Arts" "Mark Adlington"

Martial Arts for Self-Defence, Health, Fun and Fitness

Adults – Karate, Kickboxing, Pressure Points, Weapons, Chi Kung, Yoga, Feng Shui (From the very Simple to the most Advanced)

Beginners welcome to all classes.

Training Hall – 11 Ashdale Close Sawtry PE28 5SN

Classes - Saturdays & Sundays - Or a day to suit you, no fixed times classes are set to suit students

Recent Promotions:- Sawtry & RAF Waddington students all passed the latest belt test, well done

Events and local seminars:-

- 16th – 17th April **Martial Arts Science Course** with 10th Dan Martin MacCabhill and 10th Dan Joe Carslake here in Sawtry
- 16th April **Seminar with Grandmaster Jacobsen** 8th Dan here in Sawtry
- 7th – 8th May **Gathering of the World Masters**
- 18th September **Seminar with 10th Dan Joe Carslake**



Instructor - Grandmaster Mark Adlington,

8th Dan Ki Do Karate, 7th Dan Tang Soo Do Karate, 5th Dan Kickboxing

Phone 01487 830601 / Mobile 07599 643393 Email markad@btinternet.com

SAWTRY FOOTBALL CLUB

An F.A. Charter Standard Club

Sawtry FC are running two teams, both sponsored by The Greystones PH. They are Sawtry First Team playing in the Premier Division and Sawtry Reserves playing in Division 2 of the Peterborough and District Football League. Both teams play their home games at Greenfield, Sawtry usually on Saturdays with midweek matches early and late in the season. Both usually kick off at 2pm on Saturday, 6:30pm on a weekday. Please come down and show your support.

Recent Results

January 16	League Division 2	Sawtry Reserves	4 - 2	Pinchbeck Utd Res
23	League Division 2	Sawtry Reserves	0 - 1	Netherton Utd 'A'
30	League Premier Division	Stilton Utd	4 - 0	Sawtry
February 6	League Division 2	Peterborough Polonia	2 - 0	Sawtry Reserves
13	League Premier Division	Sawtry	0 - 2	Uppingham Town
	League Division 2	Spalding Town	3 - 0	Sawtry Reserves
20	League Premier Division	Sawtry	0 - 9	Moulton Harrox
	League Division 2	Leverington Sports Res	3 - 1	Sawtry Reserves
27	League Premier Division	Deeping Rangers Res	4 - 2	Sawtry
	League Division 2	Sawtry Reserves	1 - 5	Parkway Eagles
March 5	League Premier Division	AFC Stanground	5 - 3	Sawtry

Forthcoming Fixtures at Greenfield

March 26	League Division 2	Sawtry Reserves	v	Leverington Sports Res
April 2	League Premier Division	Sawtry	v	Ketton FC
9	League Division 2	Sawtry Reserves	v	Oakham Utd Res
13	League Division 2	Sawtry Reserves	v	Whittlesey Athletic 'A'
16	League Division 2	Sawtry Reserves	v	Glington & Northborough
19	League Premier Division	Sawtry	v	P'boro Sports Res
30	League Premier Division	Sawtry	v	Riverside FC
May 4	League Division 2	Sawtry Reserves	v	Thorney Res
7	League Premier Division	Sawtry	v	Thorney FC

If you or anyone you know would like to play or volunteer to help on match days please contact the Secretary on 07719641431